

# HUMAN ENGINEERING DESIGN DATA DIGEST



HUMAN FACTORS STANDARDIZATION SUBTAG

DEPARTMENT OF DEFENSE  
HUMAN FACTORS ENGINEERING  
TECHNICAL ADVISORY GROUP

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APRIL 2000

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## FOREWORD

This digest was prepared by the Human Factors Standardization SubTAG of the Department of Defense Human Factors Engineering Technical Advisory Group (DoD HFE TAG).

This booklet is a digest of material appearing in MIL-STD-1472, and is complemented with material from MIL-HDBK-759 and the Federal Aviation Administration (FAA) Human Factors Design Guide. The user is therefore referred to those documents and its references for required supplementary information.

This digest provides basic, quantitative human engineering design data in pictorial, tabular, and graphical formats for use during system, equipment, or facility design and assessment. Its purpose is to furnish a convenient "portable" reference of human engineering design criteria and guidelines. The principles, explanations, limitations, and application techniques associated with the data have been intentionally omitted. This abbreviated presentation presupposes that the user is familiar with the bases and limitations of the given data or will consult applicable references to ensure appropriate application of the data.

Comments from users of this digest are welcomed and should be submitted to:

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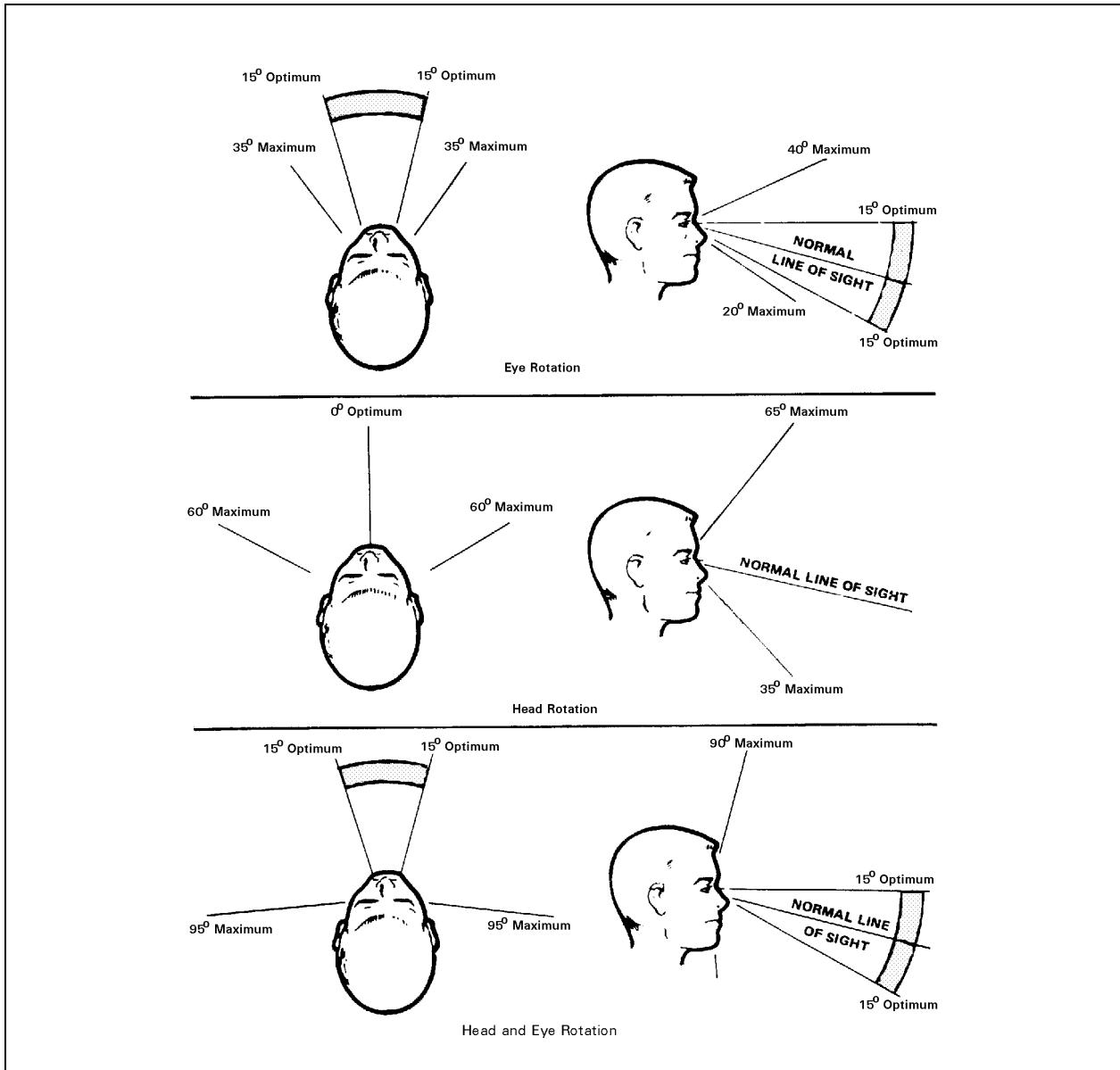
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EQUIVALENTS		
TO CONVERT FROM	TO	MULTIPLY BY
candela per square meter (cd/m <sup>2</sup> )	footlambert (fL)	0.291 864
kilogram (kg)	pound (lb) avoirdupois	2.204 623
kilopascals (kPa)	pound force/inch <sup>2</sup> (lbf/in <sup>2</sup> )	0.145 038
lux (lx)	footcandle (fc)	0.092 903
meter (m)	foot (ft)	3.280 840
meter (m)	inch (in. or ")	39.370 079
meter <sup>2</sup> (m <sup>2</sup> )	foot <sup>2</sup> (ft <sup>2</sup> )	10.763 910
meter <sup>2</sup> (m <sup>2</sup> )	inch <sup>2</sup> (in <sup>2</sup> )	1550.003 120
meter <sup>3</sup> (m <sup>3</sup> )	foot <sup>3</sup> (ft <sup>3</sup> )	35.314 662
meter <sup>3</sup> (m <sup>3</sup> )	inch <sup>3</sup> (in <sup>3</sup> )	61203.745 303
millimeter (mm)	inch (in. or ")	0.039 370
millimeter <sup>2</sup> (mm <sup>2</sup> )	inch <sup>2</sup> (in <sup>2</sup> )	0.001 550
newton (N)	pound force (lbf)	0.224 809
newton (N)	ounce force (ozf)	3.596 942
newton meter (N·m)	pound-inch (lbf-in)	8.850 748
newton meter (N·m)	ounce-inch (ozf-in)	141.611 929
radian (rad)	degree (angle)(deg)	57.295 788
radian (rad)	minute (angle)(min)	3437.746 873
PREFIXES		TEMPERATURE CONVERSION
Nano n 10 <sup>-9</sup> Micro $\mu$ 10 <sup>-6</sup> Milli m 10 <sup>-3</sup> Centi c 10 <sup>-2</sup>	Kilo k 10 <sup>3</sup> Mega M 10 <sup>6</sup>	$^{\circ}\text{C} = 5/9 (\text{ }^{\circ}\text{F} - 32)$ $^{\circ}\text{F} = 9/5 \text{ }^{\circ}\text{C} + 32$

Inch-pound equivalents, abbreviations, and prefixes

Lines of sight



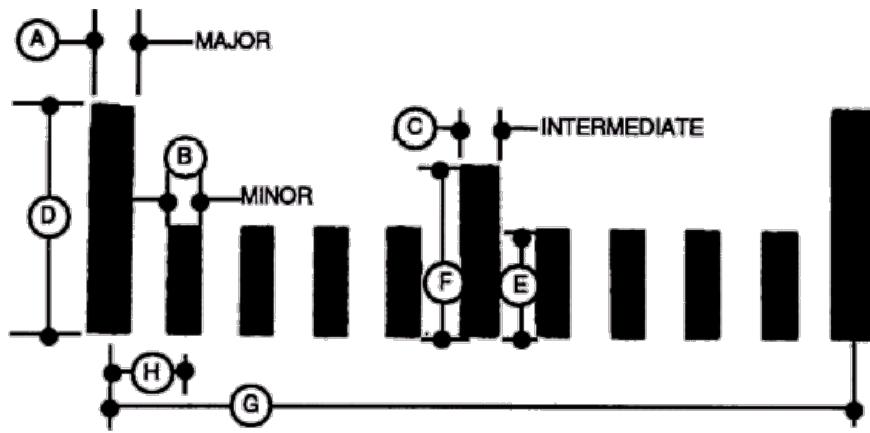
Vertical and horizontal visual field

SIZE/TYPE	COLOR			
	RED	YELLOW	GREEN	WHITE
$\geq 25$ mm (1 in) FLASHING (3 to 5 sec)	Emergency condition (impending personnel or equipment disaster).			
$\geq 25$ mm (1 in) STEADY	Master summation (system or subsystem)	Extreme caution (impending danger)	Master summation (system or subsystem)	
$\leq 13$ mm (1/2 in) STEADY	Malfunction; action stopped; failure; stop action.	Delay; check; recheck.	Go ahead; in tolerance; acceptable; ready.	Functional or physical position; action in progress

Coding of simple indicator lights

USE	SCALES	COUNTERS	PRINTERS	FLAGS
Moving Pointer	Fixed Pointer			
QUANTITATIVE INFORMATION	FAIR May be difficult to read while pointer is in motion.	FAIR May be difficult to read while scale is in motion.	GOOD Minimum time and error for exact numerical value; however, cannot be read when changing rapidly.	GOOD Minimum time and error for exact numerical value. Provides reference records.
QUALITATIVE INFORMATION	GOOD Location of pointer easy. Numbers and scale need not be read. Position change easily detected.	POOR Difficult to judge direction and magnitude of deviation without reading numbers and scale.	POOR Numbers must be read. Position changes not easily detected.	GOOD Easily detected. Economical of space.
SETTING	GOOD Simple and direct relation of motion of pointer to motion of setting knob. Position change aids monitoring.	FAIR Relation to motion of setting knob may be ambiguous. No pointer position change to aid monitoring. Not readable during rapid setting.	GOOD Most accurate monitoring of numerical setting. Relation to motion of setting knob less direct than for moving pointer. Not readable during rapid setting.	N/A
TRACKING	GOOD Pointer position readily controlled and monitored. Simplest relation to manual control motion.	FAIR No position changes to aid monitoring. Relation to control motion somewhat ambiguous.	POOR No gross position changes to aid monitoring.	N/A
GENERAL	Requires largest exposed and illuminated area on panel. Scale length limited unless multiple pointers used.	Saves panel space. Only small section of scale need be exposed and illuminated. Use of tape allows long scale.	Most economical of space and illumination. Scale length limited only by number of counter drums.	Limited application. Limited application.

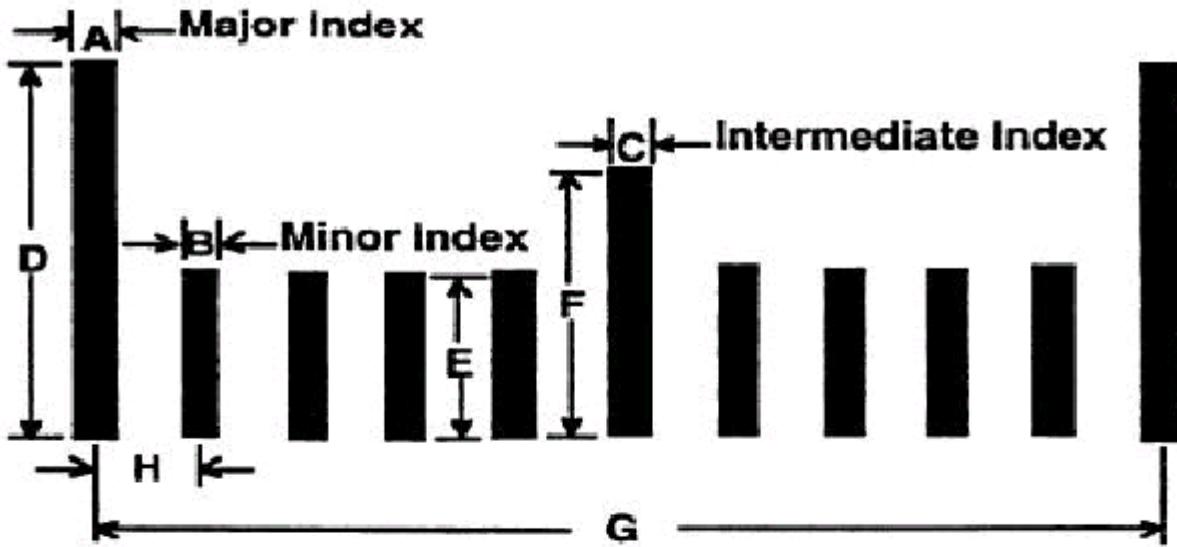
Application of various types of mechanical displays



Dimension	Viewing Distance (mm)		
	710	910	1525
A (Major index width)	0.9	1.1	1.9
B (Minor index width)	0.6	0.8	1.4
C (Intermediate index width)	0.8	1.0	1.6
D (Major index height)	5.6	7.2	12.0
E (Minor index height)	2.5	3.3	5.4
F (Intermediate index height)	4.1	5.2	8.7
G (Major index separation between midpoints)	17.8	22.9	38.0
H (Minor index separation between midpoints)	1.8	2.3	3.8

Minimum scale dimensions for low illumination (1-3.4 cd/m<sup>2</sup>)

## Scale of markings



Dimensions of dark markers on light background, visual angle

A	Width of major scale index	1.16 mrad	(4 min)*
B	Width of minor scale index	0.87 mrad	(3 min)*
C	Width of intermediate scale index	1.16 mrad	(4 min)*
D	Length of major scale index	7.86 mrad	(27 min)
E	Length of minor scale index	3.49 mrad	(12 min)
F	Length of intermediate scale index	5.82 mrad	(20 min)
G	Width of gap between major scale index	25.02 mrad	(86 min)
H	Width of gap between minor scale index	2.62 mrad	(9 min)

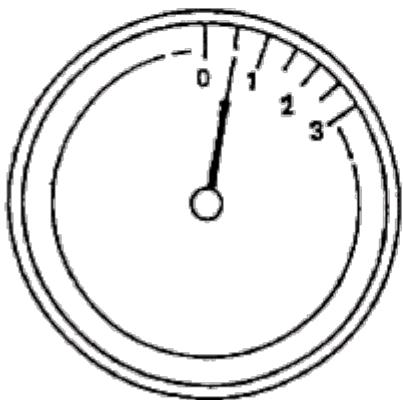
\*4.36 mrad (15 min) for light markers on dark background

NOTE: For most applications with a dark graduation mark on a light background, the width of the minor graduation mark can be used for major and intermediate graduation marks as well. Use of this strategy allows the width of the pointer tip to be the same as all of the graduation marks. Visual angles are for longest anticipated viewing distance.

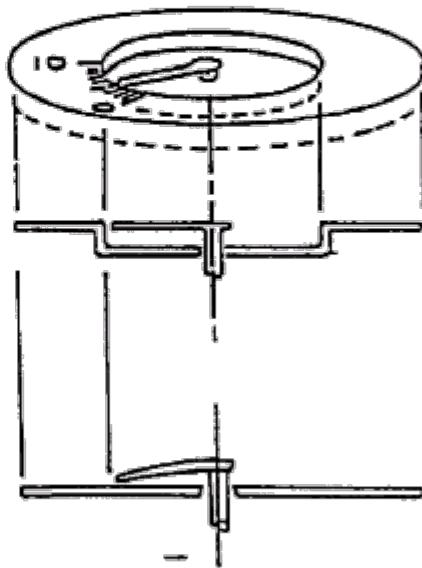
### Scale marker dimensions



**FOR MAXIMUM READING ACCURACY**  
**(THE POINTER IS AN EQUAL DISTANCE —  
NOMINAL 0.8—1.6 mm (0.031—0.061 in.) —  
FROM ALL SCALE MARKS, NEVER  
OVERLAPPING ANY MARK OR NUMERAL)**



**ALTERNATE FORMAT FOR GROSS  
READING OF NUMBERS**



**TO PREVENT OR MINIMIZE VISUAL  
PARALLAX**

Relative position of scale marks, numerals, and pointers on circular dials

FACTOR	OPTIMUM	PREFERRED LIMITS	ACCEPTABLE LIMITS
Ratio of viewing distance screen diagonal	4	3-6	2-8
Angle off centerline	0°	20°	30°
Image luminance (no film in operating projector)	35 cd/m <sup>2</sup> * (10 ft-L)	27-48 cd/m <sup>2</sup> * (8-14 ft-L)	17-70 cd/m <sup>2</sup> * (5-20 ft-L)
Luminance variation across screen (ratio of maximum to minimum luminance)	1	1.5	3.0
Luminance variation as a function of viewing location (ratio of maximum to minimum luminance)	1	2.0	4.0
Ratio of ambient light brightest part of image	0	0.002-0.01	0.1 max**

\* For still projections higher values may be used

\*\* For presentations not involving gray scale or color (e.g., line drawings, tables) 0.2 may be used.

## Group viewing of optical projection displays

<b>Color</b>	<b>Use</b>	<b>Examples</b>
flashing red	to indicate an emergency condition that requires immediate action to avert impending injury, equipment damage, or both	
red	to indicate that (1) the system or a portion of the system is inoperative, or (2) successful task completion is not possible until appropriate corrective or override action is taken	“no-go” “error” “failure” “malfunction”
yellow	to indicate (1) a marginal condition, (2) an unexpected delay, (3) that caution is necessary, or (4) that rechecking is necessary	
green	to indicate that (1) equipment is “in tolerance,” (2) conditions are satisfactory, or (3) it is all right to proceed	“go ahead” “in tolerance” “ready” “function activated”
white	to indicate system conditions that do not have “right” or “wrong” implications	(1) indicating which of several functions has been selected, (2) indicating a transitory condition such as an action or test in progress, provided such indications have no implications of success or failure
blue	to advise only	

## Color coding of transilluminated displays

FUNCTION	TYPE OF SIGNAL		
	TONES (Periodic)	COMPLEX SOUNDS (Non-Periodic)	SPEECH
QUANTITATIVE INDICATION	<u>POOR</u> Maximum of 5 to 6 tones absolutely recognizable	<u>POOR</u> Interpolation between signals inaccurate.	<u>GOOD</u> Minimum time and error in obtaining exact value in terms compatible with response.
QUALITATIVE INDICATION	<u>POOR-TO-FAIR</u> Difficult to judge approximate value and direction of deviation from null setting unless presented in close temporal sequence.	<u>POOR</u> Difficult to judge approximate deviation from desired value.	<u>GOOD</u> Information concerning displacement, direction, and rate presented in form compatible with required response.
STATUS INDICATION	<u>GOOD</u> Start and stop timing. Continuous information where rate of change of input is low.	<u>GOOD</u> Especially suitable for irregularly occurring signals (e.g., alarm signals).	<u>POOR</u> Inefficient; more easily masked; problem of repeatability.
TRACKING	<u>FAIR</u> Null position easily monitored; problem of signal-response compatibility	<u>POOR</u> Required qualitative indications difficult to provide.	<u>GOOD</u> Meaning intrinsic in signal.
GENERAL	Good for automatic communication of limited information. Meaning must be learned. Easily generated.	Some sounds available with common meaning (e.g., fire bell). Easily generated.	Most effective for rapid (but not automatic) communication of complex, multi-dimensional information. Meaning intrinsic in signal and context when standardized. Minimum of new learning required.

## Functional evaluation of audio signals

COMMUNICATION REQUIREMENT	SCORE		
	PB	MRT	AI <sup>1</sup>
Exceptionally high intelligibility; separate syllables understood	90%	97%	0.7
Normal acceptable intelligibility; about 98% of sentences correctly heard; single digits understood	75%	91%	0.5
Minimally acceptable intelligibility; limited standardized phrases understood; about 90% sentences correctly heard (not acceptable for operational equipment)	43%	75%	0.3

<sup>1</sup> The Articulation Index (AI) should not be used to measure intelligibility of synthetic speech because some key acoustic features are not present in non-human “speech.” Instead, intelligibility of synthetic speech should be measured using representative panels of talkers and listeners.

## Intelligibility criteria for voice communications signals

FUNCTION	CONTROL						
	Selector Switch	Round Knob	Discrete Thumb Wheel	Cont. Thumb Wheel	Push Button	Toggle Switch	Rocker Lever
Select power state ON-OFF	3					1	2
3-State (OFF-STBY-ON)	1					2	3
Select between OFF/F-Prime Mode/Secondary Mode(s)	1				2	3	1a
Select one or more of N related functions							
Select one of N mutually exclusive functions of any order							
Select one of 3-24 discrete alternatives - sequential order	1				1	2	2
Select digit - discrete	2b	2b		1c			
Set value on - continuous scale	1	1		2	3		3
Select value in - discrete steps	1	1		1			
Select operating condition	2			1	1	1	2
Enter alphanumeric data				1c			
Initiate test subfunction (momentary)	3				1	1	2
Initiate directional function	3			3	2d	1	1d
Generate stepping impulse (momentary hold)							1
Slew counters or other numeric readout	1e				1	1	2
Reset mechanical counter, manual	1	3	1	1f	1	1	
Interrupt sequence, "hold"					1	2	2
Engage - disengage mechanical function							
Adjust light level, continuous	1	3	1				1
Adjust sound level, continuous	1	3	1				3
Coarse adjustment	1g		2h	2i			3
Fine adjustment	1k		2l	2m			2j
Adjust to null position	1		2	3			3n
Single-coordinate tracking	3		2	3			3
Two-coordinate tracking					2	1	
					3		1

1 = most preferred; 3 = least preferred

- NOTES:
- a - Lever for heavy duty power circuits
  - b - Only if sequential selection is acceptable
  - c - Keyboard
  - d - Multiple controls
  - e - Rate control
  - f - Manual only
  - g - Small diameter
  - h - Small motion
  - i - Few turns
  - j - Short throw
  - k - Large diameter
  - l - Large motion
  - m - Many turns
  - n - Long throw

## Control selection criteria

CONTROL FUNCTION	CONTROL TYPE
<u>Small actuation force required:</u>	
2 Discrete positions	Keylock Push button Toggle switch Legend switch Slide switch
3 Discrete positions	Rotary selector switch Toggle switch Push button
4 to 24 Discrete positions	Rotary selector switch
Continuous setting (linear and less than 360°)	Continuous rotary knob Joystick or lever
Continuous slewing and fine adjustment	Crank Continuous rotary knob
<u>Large actuation force required:</u>	
2 Discrete positions	Foot push button Hand push button Detent lever
3 to 24 Discrete positions	Detent lever Rotary selector switch
Continuous setting (linear and less than 360°)	Handwheel Joystick or lever Crank Two-axis grip handle
Continuous setting (more than 360°)	Crank Handwheel Valve Two-axis grip handle

## Recommended manual controls

ADVANTAGES	TYPE OF CODING					
	LOCATION	SHAPE	SIZE	MODE OF OPERATION	LABELING	COLOR
Improves visual identification.	X	X	X		X	X
Improves nonvisual identification (tactual and kinesthetic).	X	X	X	X		
Helps standardization.	X	X	X	X	X	X
Aids identification under low levels of illumination and colored lighting.	X	X	X	X	(When trans-illuminated)	(When trans-illuminated)
May aid in identifying control position (settings).		X		X	X	
Require little (if any) training; is not subject to forgetting.					X	
DISADVANTAGES						
May require extra space.	X	X	X	X	X	
Affects manipulation of the control (ease of use).	X	X	X	X		
Limited in number of available coding categories.	X	X	X	X		X
May be less effective if operator wears gloves.		X	X	X		
Controls must be viewed (i.e., must be within visual areas and adequately illuminated).					X	X

Advantages and disadvantages of various types of control coding

Advantages	Disadvantages
<b>A. Knob, discrete position rotary</b>  Used when 4 or more detented positions are required; resistant to accidental actuation	Not recommended for 2 position functions; relatively slow
<b>B. Knob, continuous position rotary</b>  Good for precise settings; single- or multi-turn capability	Potential parallax error; relatively slow; susceptible to misinterpretation if multiple turn; sensitive to accidental activation; difficult (time consuming) to re-establish setting if switch is moved inadvertently
<b>C. Knobs, ganged</b>  Efficient use of space	Three-knob assembly not recommended; relatively slow; not recommended for gloved use; susceptible to erroneous settings; not recommended when frequent changes are required; one knob may move other knob if inter-knob friction exists (may require two-handed operation)
<b>D. Thumbwheels</b>  Compact; virtually an unlimited range	Not recommended for fine control; slow, not recommended for high traffic functions; can cause intermediate and inadvertent inputs; susceptible to inadvertent activation; position or selection may be difficult to assess in dim light
<b>E. Cranks</b>  Used when multiple rotations are required; fast; can handle high forces; with proper gearing can be used for either gross or fine positioning over a wide range of adjustments	Requires space; susceptible to accidental movement
<b>F. Handwheels</b>  Good for high forces; suitable for two-handed use	Requires substantial space; not good for fine adjustments; may require two-handed operation
<b>G. Levers</b>  Good for high forces; status is obvious	Large space requirements; susceptible to accidental displacement; not recommended for fine control
<b>H. Toggle switches</b>  Used for 2 or 3 discrete positions; efficient use of space; setting is obvious to user	Four or more positions should be avoided; susceptible to inadvertent activation; often requires guards or shields

## Advantages and disadvantages of common controls

<b>I. Push button</b>	Efficient use of space; fast activation	State of activation is not always obvious; susceptible to accidental activation; may require secondary status indication; bulb failure can lead to erroneous interpretation of status
<b>J. Foot operated switches</b>	Can be used when hands are occupied	Susceptible to accidental activation; not recommended for critical operations, frequent use, or fine adjustments
<b>K. Pedals</b>	Use when both hands occupied; high force capability; may be used where pedal has created a stereotyped expectancy	Requires large amount of space for location and operation; susceptible to accidental activation due to them being unseen or felt (without danger of activation); controls or settings are easily identified
<b>L. Rocker switches</b>	Efficient use of space; will not snag clothing; status is obvious	Susceptible to accidental activation; can be difficult to read three-position rocker switches
<b>M. Push-pull controls</b>	Used for 2 position control; efficient use of panel space; may be used in multi-mode fashion (for example, on-off and volume control) to save space	Difficult to determine positions when used for multiple position control; susceptible to inadvertent activation
<b>N. Slide switches</b>	Can be discrete or continuous; good for large number of discrete positions; provides easy recognition of relative switch setting	Continuous slide switches susceptible to mispositioning; can be difficult to position continuous slide switch precisely
<b>O. Legend switches</b>	Good in low illumination (if self illuminated); fast activation; effective way to label switches; efficient use of panel space	Not recommended for more than two positions; state of activation is not always obvious
<b>P. Printed circuit (DIP) switches</b>	Very space efficient	Slow; usually require stylus to set; small size makes it difficult to read; may require stabilized hand to set and to avoid excess force
<b>Q. Key operated switches</b>	Prevents unauthorized operation; permits flush panel for seldom operated switches	Slow to operate; must keep track of separate key; key slot susceptible to contamination if not shielded

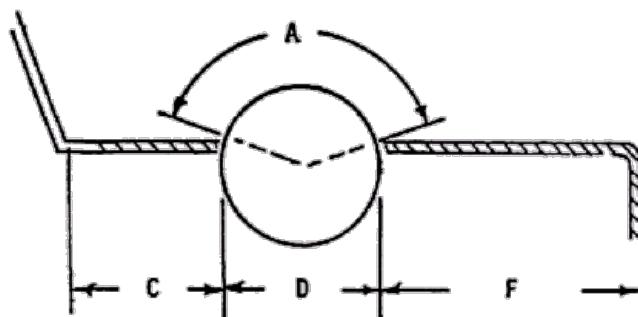
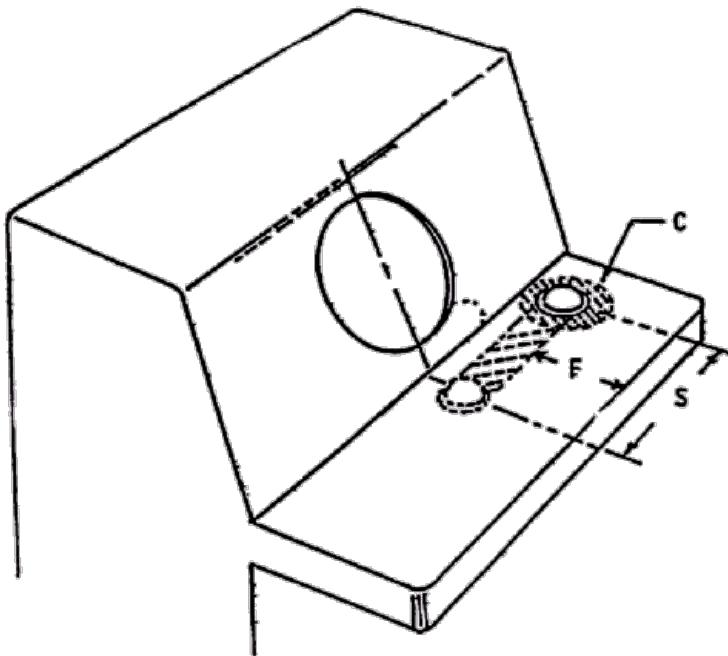
Advantages and disadvantages of common controls (continued)

	TOGGLE SWITCHES	PUSH BUTTONS*	CONTINUOUS ROTARY CONTROLS	ROTARY SELECTOR SWITCHES	DISCRETE THUMBWHEEL CONTROLS
TOGGLE SWITCHES	SEE FIG 14	13 mm (0.5 in)	19 mm (0.75 in)	19 mm (0.75 in)	13 mm (0.5 in)
PUSH BUTTONS <sup>1</sup>	13 mm (0.5 in)	SEE FIG 12	13 mm (0.5 in)	13 mm (0.5 in)	13 mm (0.5 in)
CONTINUOUS ROTARY CONTROLS	19 mm (0.75 in)	13 mm (0.5 in)	SEE FIG 8	25 mm (1.0 in)	19 mm (0.75 in)
ROTARY SELECTOR SWITCHES	19 mm (0.75 in)	13 mm (0.5 in)	25 mm (1.0 in)	SEE FIG 5	19 mm (0.75 in)
DISCRETE THUMBWHEEL CONTROLS	13 mm (0.5 in)	13 mm (0.5 in)	19 mm (0.75 in)	19 mm (0.75 in)	SEE FIG 7

<sup>1</sup>for pushbuttons not separated by barriers

NOTE: All values are for one hand operation.

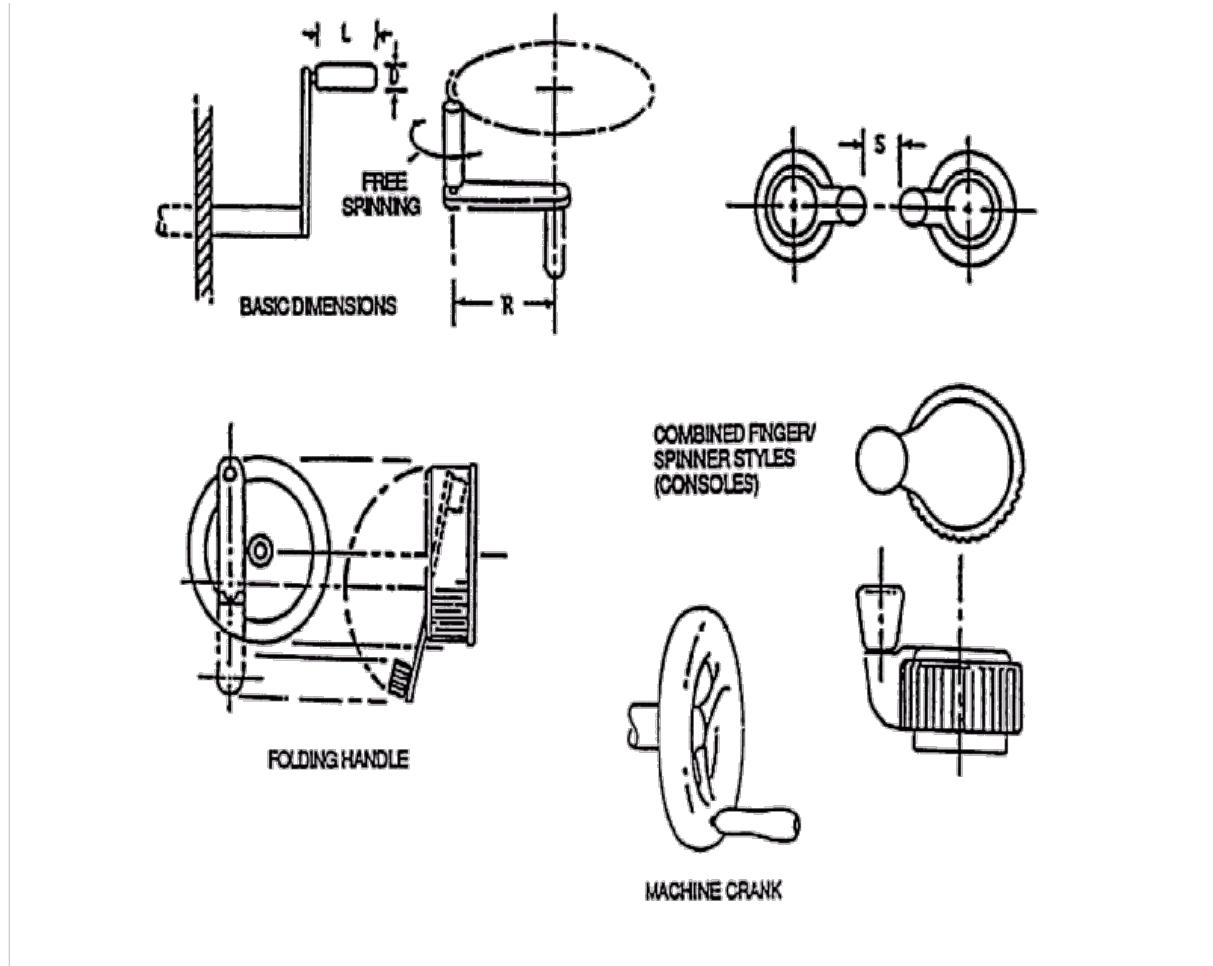
Minimum, edge-to-edge separation distances for controls



	DIMENSIONS		RESISTANCE		CLEARANCE		
	D DIAM	A SURFACE EXPOSURE	PRECISION REQUIRED	VIBRATION OR ACCEL CONDITIONS	S DISPLAY CL TO BALL CL	C AROUND BALL	F BALL TO SHELF FRONT
MINIMUM	50 mm (2.0")	100°	0.25 N (0.9 oz)	—	0	50 mm (2.0")	120 mm (4.75")
PREFERRED	100 mm (4.0")	120°	0.3 N (1.1 oz)	—	—	—	—
MAXIMUM	150 mm (6.0")	140°	1.5 N (5.4 oz)	1.7 N (6.0 oz)	320 mm (12.6")	—	250 mm (10")

NOTE: Initial resistance should range from 0.25 N(0.9 oz) to 0.4 N (1.4 oz).

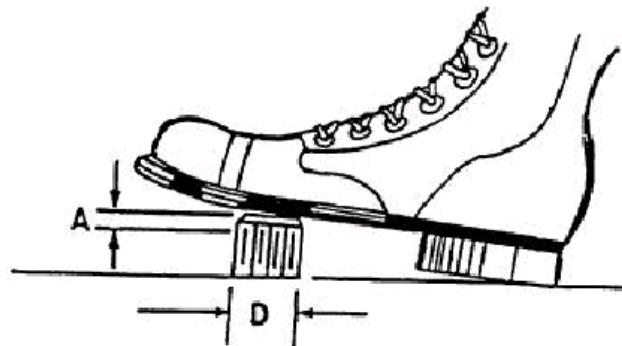
## Ball controls



LOAD	DIMENSION	HANDLE		R, TURNING RADIUS	
		L, LENGTH	D, DIAMETER	RATE BELOW 100 RPM	RATE ABOVE 100 RPM
LIGHT LOADS <22 N (5 lb): Wrist & finger movement	MINIMUM	25 mm (1.0 in.)	10 mm (0.4 in.)	38 mm (1.5 in.)	13 mm (0.5 in.)
	PREFERRED	38 mm (1.5 in.)	13 mm (0.5 in.)	75 mm (3.0 in.)	65 mm (2.5 in.)
	MAXIMUM	75 mm (3.0 in.)	16 mm (0.625)	125 mm (5.0 in.)	115 mm (4.5 in.)
HEAVY LOADS >22 N (5 lb): Arm movement	MINIMUM	75 mm (3.0 in.)	25 mm (1.0 in.)	190 mm (7.5 in.)	125 mm (5.0 in.)
	PREFERRED	95 mm (3.75 in.)	25 mm (1.0 in.)	—	—
	MAXIMUM	—	38 mm (1.5 in.)	510 mm (20 in.)	230 mm (9.0 in.)

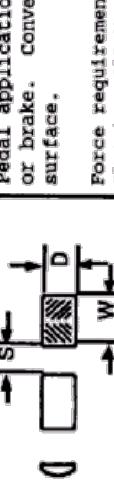
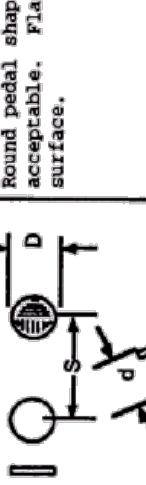
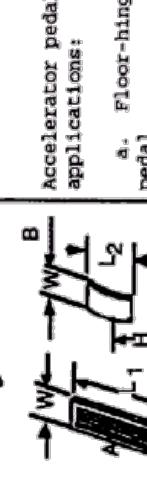
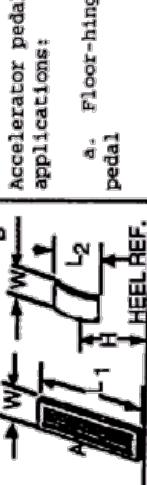
S, Separation between adjacent controls: 75 mm (3"), minimum.

## Crank



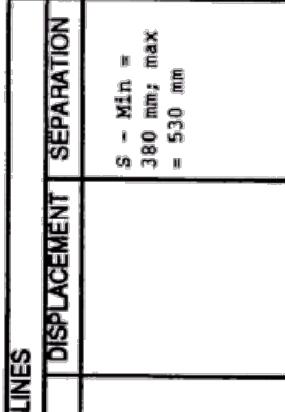
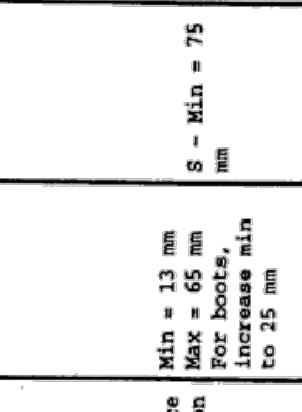
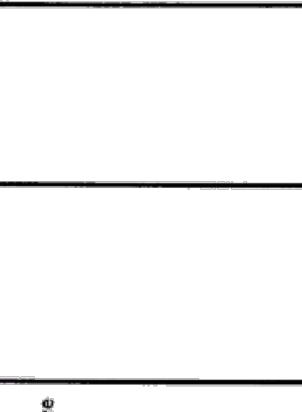
DIAMETER	RESISTANCE		DISPLACEMENT				
	D	Foot Will <u>Not</u> Rest On Control	Foot Will Rest On Control	Normal Operation	Heavy Boot Operation	Ankle Flexion Only	Total Leg Movement
Minimum	13 mm (0.5 in.)	18 N (4 lb)	45 N (10 lb)	13 mm (0.5 in.)	25 mm (1 in.)	25 mm (1 in.)	25 mm (1 in.)
Maximum		90 N (20 lb)	90 N (20 lb)	65 mm (2.5 in.)	65 mm (2.5 in.)	65 mm (2.5 in.)	100 mm (4 in.)

## Foot-operated switches

APPLICATION GUIDELINES		DESIGN GUIDELINES	
	DIMENSIONS	DISPLACEMENT	SEPARATION
  <p>Pedal applications: Clutch or brake. Convex tread surface. Force requirements: Clutch = 450 N max Brake = 70 N min; 450 N max</p>	<p>W x D - Min = 75 x 50 mm</p> <p>Alternative pedal shape &amp; spacing. Convex tread surface.</p>		<p>S - Min to prevent foot slipping between pedals = 50 mm</p>
 <p>Round pedal shape acceptable. Flat tread surface.</p>	<p>W x L - Min = 50 x 75 mm</p> <p>D - Min = 57 mm</p>	<p>S - Comfort separation = 305 ± 50 mm Max = 405 mm Min = 200 mm</p>	<p>d - Rest to edge to activate Max = 180 mm Min = 25 mm Preferred = 65 - 100 mm</p>
 <p>Accelerator pedal applications:</p>	<p>W - Min = 50 mm</p>	<p>H = 150 mm optimum</p>	<p>(Note: Edge to edge pedal separations of between 50 mm and 115 mm should generally be avoided because of possibility of getting foot caught.)</p>
  <p>a. Floor-hinged, full pedal b. Suspended pedal (pedal should be free-swivel)</p>	<p>L<sub>1</sub> = 255 ± 50 mm</p> <p>L<sub>2</sub> - Min = 90 mm</p>	<p>Action displacement envelope. Nominal cruise angle should cause lower leg and foot included angle to be between 90°-105°.</p>	<p>a - Displacement max = 30° (20° with heavy boots)</p>
		<p>Force requirements: max = 90 N; min = 4.5 N</p>	

Foot-operated controls



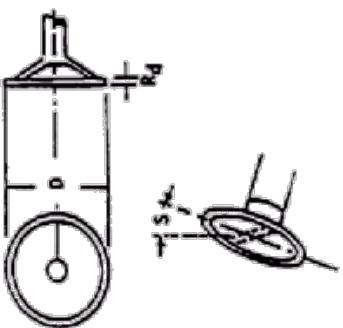
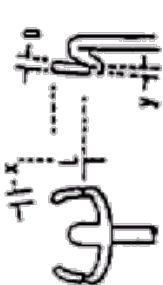
APPLICATION GUIDELINES		DESIGN GUIDELINES		DIMENSIONS	DISPLACEMENT	SEPARATION
 <p>Aircraft rudder and brake assembly. Should have min fore-aft adjustment of 230 mm. Toe pressure operates brake; fore-aft movement of pedal fulcrum operates rudder.</p> <p>Force requirements: See MIL-P-8785.</p>				$L_1 - \text{Min} = 255 \text{ mm}$ $L_2 - \text{Min} = 125 \text{ mm}$		$S - \text{Min} = 380 \text{ mm}; \text{max} = 530 \text{ mm}$
 <p>Foot switches. Normally use only one per foot (max two). Force requirements: max 4.5 N (see MIL-B-8584 for specific dimensions.)</p> <p>Foot switches, stand options: Normal, frequent activation; speed not critical.</p> <p>Force requirements: Preferred max = 90 N</p>				$D - \text{Diameter min} = 25 \text{ mm}$ $H - \text{Distance from heel reference} = 180-255 \text{ mm}$	$C - \text{Clearance to obstruction min} = 75 \text{ mm}$ $\text{Max} = 65 \text{ mm}$ $\text{For boots, increase min to } 25 \text{ mm}$	
 <p>Emergency operation, speed important</p>				$E - \text{Extension min} = 100 \text{ mm}$	$L - \text{Accessible to either foot; full width of the expected work envelope}$	

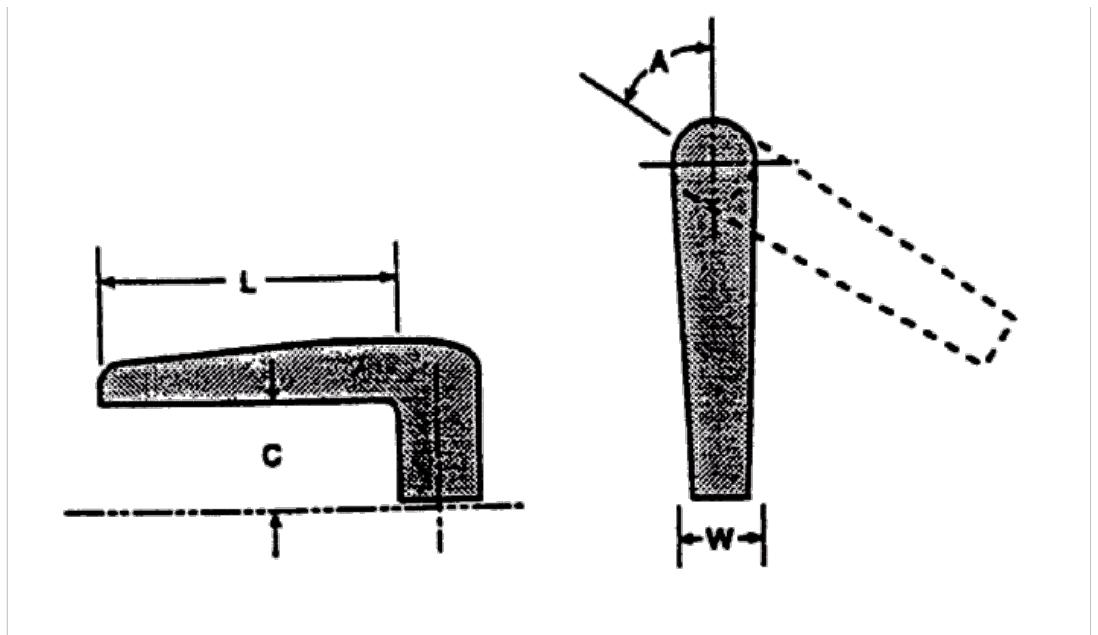
Foot-operated controls (continued)

CONFIGURATION EXAMPLE	APPLICATION CRITERIA	DESIGN CRITERIA			
		DIAmETER	RIM DIAM	MIN HAND CLEARANCE	DISPLACEMENT
	CONTINUOUS ADJUSTMENT FOR ALTERNATE SLEWING/PRECISE POSITIONING, USING DISPLAY REFERENCE. RESISTANCE LOW (e.g., BELOW 110 N (25 lb))	200-510 mm (8-20")	19-32 mm (0.75-1.125")	75 mm (3") around rim	See control/ display ratios 5.1.4
	CONTINUOUS LOCK-UNLOCK OPERATION	200 mm (8") for 22 N (5 lb) to 510 mm (20") for 155 N (35 lb)	19-32 mm (0.75-1.125")	75 mm (3") around rim	N/A
	HIGH TORQUE VALVES	200-400 mm (8-16") for overhead; 200-510 mm (8-20") for other positions; 300-1520 mm (12-60") abv standing surface	19-32 mm (0.75-1.125")	75 mm (3") around rim	See 5.1.4 when applicable

  
**OVERHEAD**  
  
**VALVES**

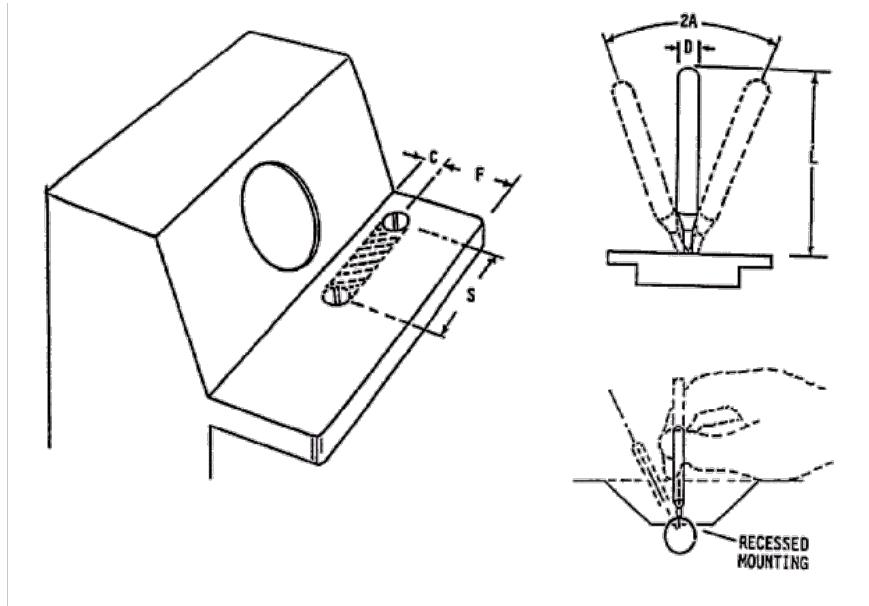
Handwheels

CONFIGURATION EXAMPLE	APPLICATION CRITERIA	DESIGN CRITERIA			
		D <sub>g</sub> DIAMETER	R <sub>a</sub> , RIM DIAM	S, SLOPE	DISPLACEMENT
	<p>VEHICLES STEERING (AUTOMOTIVE)</p> <p>MAX RESISTANCE POWER STEERING</p> <p>MAX NON-POWER = 220 N (50 lb)</p>	<p>355-400 mm (14-16") for pwr steering</p> <p>400-510 mm (16-20") for non- pwr steering</p>	<p>19-32 mm (0.75-1.25")</p>	<p>525 mrad (30°) for light vehicle (preferred)</p> <p>785 mrad (45°) for heavy vehicle (preferred)</p>	<p>Max of <math>\pm 2/3 \pi</math> rad (120°) when both hands must remain on wheel</p>
	AIRCRAFT STEERING (COMBINE WITH LEVER FOR PITCH, RUDDER PEDALS FOR ROLL/STEER)	D <sub>g</sub> , GRIP DIAM	L, GRIP LGTH	X-Y GRIP TIL.	<p>X = 262 mrad (15°) Y = 0-262 mrad (0-15°) preferred</p> <p><math>\pm 52.5</math> mrad (30°) max preferred</p>



	L LENGTH	C CLEARANCE	W WIDTH	A DISPLACEMENT	RESISTANCE
MINIMUM	95 mm (3.75")	32 mm (1.25")	16 mm (0.65")	$\pm 24^\circ$	0.7 N·m (6 lb·in)
MAXIMUM	150 mm (6")	50 mm (2")	25 mm (1")	$\pm 60^\circ$	0.14 N·m (12 lb·in)

### High-torque J-handles



	DIMENSIONS		RESISTANCE	DISPLACEMENT	CLEARANCE		
	D DIAM	L LENGTH		A	S DISPLAY CL TO STICK CL	C AROUND STICK	F STICK CL. TO SHELF FRONT
MINIMUM	6.5 mm (0.25")	75 mm (3")	3.3 N (12 oz.)		0	*	120 mm (4.75")
MAXIMUM	16 mm (0.625")	150 mm (6")	8.9 N (32 oz.)	$\frac{\pi}{4}$ rad (45°)	400 mm (15.75")		250 mm (10")

\*Maximum stick excursion plus 100 mm (4").

## Joysticks, isotonic

	DIMENSIONS		RESISTANCE		
	Diameter (D) <sup>1</sup>		<u>Numeric</u>	<u>Alpha-numeric</u>	<u>Dual Function</u>
	<u>Bare hand</u>	<u>Arctic mittens</u> <sup>2</sup>			
Minimum	10 mm (0.4")	19 mm (0.75")	1 N (3.5 oz)	0.25 N (0.9 oz)	0.25 N (0.9 oz)
Preferred	13 mm (0.5")	19 mm (0.75")	-	0.5 - 0.6 N (1.8-2.2 oz)	-
Maximum	19 mm (0.75")	-	4 N (14.0 oz)	1.5 N (5.3 oz)	1.5 N (5.3 oz)
	DISPLACEMENT <sup>3</sup>			SEPARATION	
	<u>Numeric</u>		<u>Alpha-numeric</u>	<u>Dual Function</u>	(between adjacent key tops)
	0.8 mm (0.03")	-	1.3 mm (0.05")	0.8 mm (0.03")	6.4 mm (0.25")
Preferred	-	-	-	-	6.4 mm (0.25")
Maximum	4.8 mm (0.19")	-	6.3 mm 0.25 in	4.8 mm (0.19")	-

	VEHICLE APPLICATIONS			
	DIMENSIONS		RESISTANCE	SEPARATION
	<u>Bare hand</u>	<u>Gloved hand</u>	<u>Numeric Input</u>	
Minimum	10 mm (0.4")	19 mm (0.75")	2.8 N (9.9 oz)	-
Preferred	-	-	-	13 mm (0.5")
Maximum	25 mm (1.0")	25 mm (1.0")	6.7 N (23.7 oz)	-

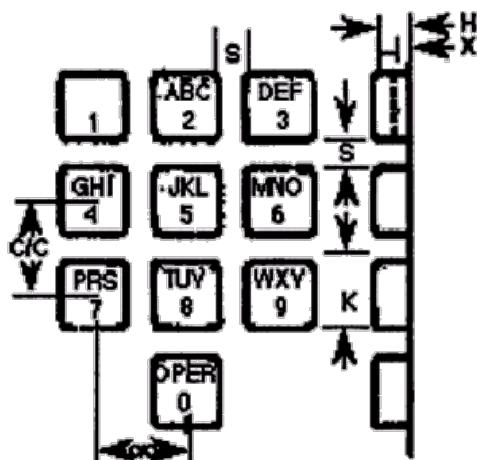
<sup>1</sup>See Figure 12

<sup>2</sup>Trigger finger type; other parameters are unchanged from those of bare-handed operation.

<sup>3</sup> For membrane keys, preferred displacement is 0.7 mm (0.03) and resistance should be not less than 2 N (7.2 oz). Membrane keys should also incorporate positive tactile feedback (e.g., "snap" action).

## Keyboards

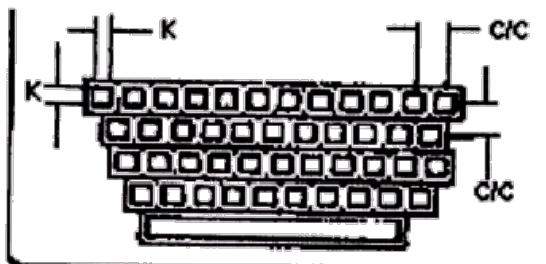
### Telephone



K - Key Size = 9 mm  
S - Separation = 6 mm  
H - Height = 6 mm  
X - Depressed Extension = 2 mm  
C/C - Center to Center Spacing = 17 mm

NOTE: For other dimensions refer to Table 10 for single finger push buttons.

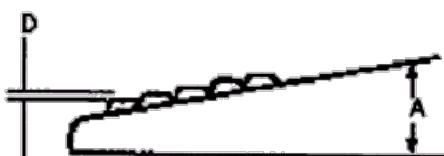
### Typewriter



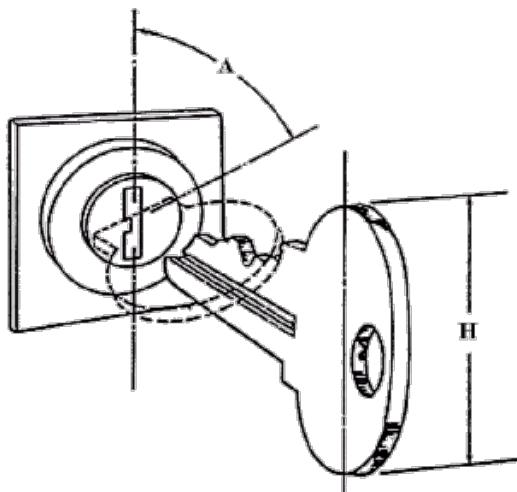
K - Key Size = 13 mm  
C/C - Center to Center Spacing = 19 mm

D - Displacement = 5 mm for electric; 2 mm for typical manual machine

A - Varies widely; preferred slope is between 16-17°

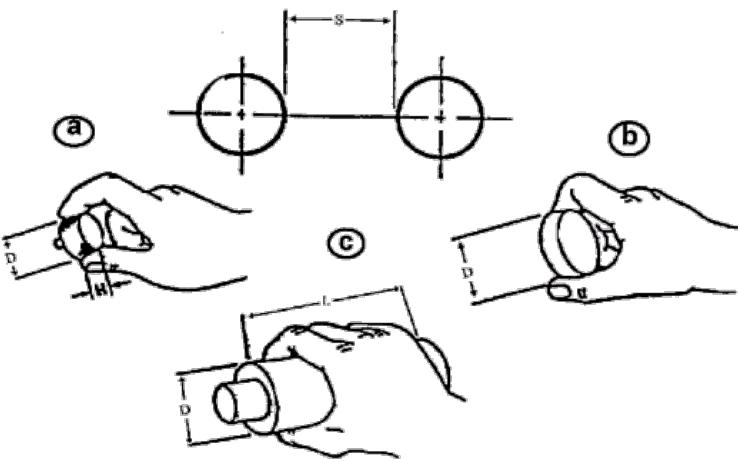


## Nominal keyboard characteristics



	DISPLACEMENT (A)	HEIGHT (H)	RESISTANCE
MINIMUM	525 mrad (30°)	13 mm (0.5 in.)	115 mN·m (1 in. -lb)
MAXIMUM	1570 mrad (90°)	75 mm (3 in.)	680 mN·m (6 in. -lb)

Key-operated switch



DIMENSIONS					
	(a) Fingertip Grasp		(b) Thumb and Finger Encircled		(c) Palm Grasp
	H Height	D Diameter	H Height	D Diameter	D Diameter L Length
Minimum	13 mm (0.5 in.)	10 mm (0.4 in.)	13 mm (0.5 in.)	25 mm (1.0 in.)	38 mm (1.5 in.) 75 mm (3.0 in.)
Maximum	25 mm (1.0 in.)	100 mm (4.0 in.)	25 mm (1.0 in.)	75 mm (3.0 in.)	75 mm (3.0 in.) -

	TORQUE		SEPARATION	
	*	**	S One Hand Individually	S Two Hands Simultaneously
Minimum	-	-	25 mm (1.0 in.)	50 mm (2.0 in.)
Optimum	-	-	50 mm (2.0 in.)	125 mm (5 in.)
Maximum	32 mN·m (4.5 in.-oz)	42 mN·m (6.0 in.-oz)	-	-

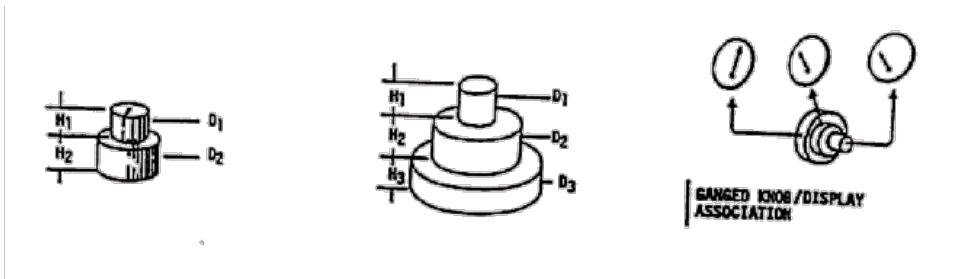
\* = 25 mm (1.0 in) diameter knobs

\*\*> 25 mm (1.0 in) diameter knobs.

## Knobs

Total No. of Settings	Recommended Starting Position (Degrees)			Recommended Angular Displacement (Degrees)	Recommended Radius for 13 mm Separation (mm)
	Left-Hand Operation	Right-Hand Operation	Either Hand		
3	15	265	320	40	20
4	350	255	300	40	20
5	325	245	285	35	20
6	305	235	205	35	20
7	285	225	255	35	20
8	265	215	240	35	20
9	250	210	230	30	20
10	230	200	215	30	25
11	215	195	205	30	25
12	0, 90 or 180	180, 270 or 360	0 or 180	30	25

## Knob detent placement

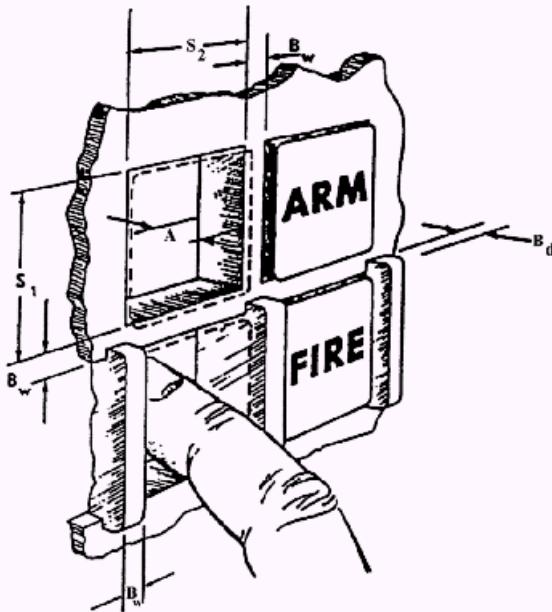


DIMENSIONS										
	TWO KNOB ASSEMBLY				THREE KNOB ASSEMBLY					
	H <sub>1</sub>	H <sub>2</sub>	D <sub>1</sub>	D <sub>2</sub>	H <sub>1</sub>	H <sub>2</sub>	H <sub>3</sub>	D <sub>1</sub>	D <sub>2</sub>	D <sub>3</sub>
MINIMUM	16 mm (0.625")	13 mm (0.5")	13 mm (0.5")	22 mm (0.875")	19 mm (0.75")	19 mm (0.75")	6 mm (0.25")	13 mm (0.5")	44 mm (1.75")	75 mm (3")
MAXIMUM				100 mm (4")					100 mm (4")	
TORQUE										
	*	**	ONE HAND INDIVIDUALLY			TWO HANDS SIMULTANEOUSLY				
		BARE	BARE	GLOVED		BARE	GLOVED			
MINIMUM			25 mm (1")	63 mm (2.5")		50 mm (2")	90 mm (3.5")			
OPTIMUM			50 mm (2")	90 mm (3.5")		75 mm (3")	100 mm (4")			
MAXIMUM	32 mN·m (4.5 in.-oz.)	42 mN·m (6 in.-oz.)								

\* To and including 25 mm (1") diameter knobs.

\*\* Greater than 25 mm (1") diameter knobs.

## Knobs, ganged



	SIZE (S <sub>1</sub> AND S <sub>2</sub> )		BARRIERS	
	Bare Hand	Gloved Hand	Width (Bw) <sup>2</sup>	Depth (Bd)
MINIMUM	19 mm (0.75") <sup>1</sup>	25 mm (1.0")	3 mm (0.125")	5 mm (0.2")
MAXIMUM	-	38 mm (1.5")	-	-

	DISPLACEMENT		
	Standard Legend Switch	Membrane/Tactile Legend Switch	
		Dome snap-action contact	Conductive membrane contact
MINIMUM	3 mm (0.125")	7 mm (0.03")	5 mm (0.2")
MAXIMUM	6 mm (0.25")	1 mm (0.04")	1 mm (0.04")

	RESISTANCE		
	Standard Legend Switch	Membrane/Tactile Legend Switch	
		Dome snap-action contact	Conductive membrane contact
MINIMUM	2.8 N (10 oz) <sup>4</sup>	1.5 N (5 oz)	2.0 N (7 oz)
MAXIMUM	16.7 N (60 oz)	2.5 N (9 oz)	3.0 N (11 oz)

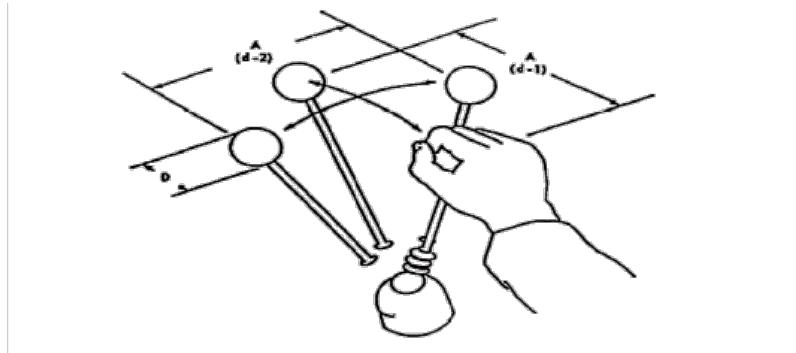
<sup>1</sup>15 mm (0.65") where switch is not depressed below the panel.

<sup>2</sup>Bw also refers to switch separation.

<sup>3</sup>5 mm (0.2") for positive switches.

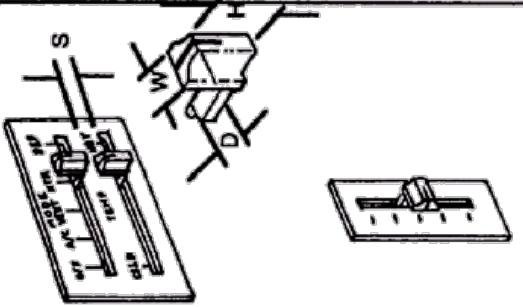
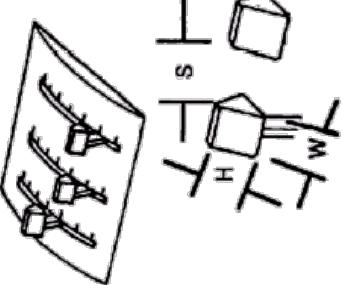
<sup>4</sup>5.6 N (20 oz) for use in moving vehicles.

## Legend switch



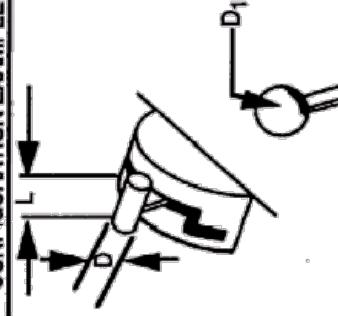
	DIAMETER		RESISTANCE			
	D		(d-1)		(d-2)	
	Finger Grasp	Hand Grasp	One Hand	Two Hands	One Hand	Two Hands
Minimum	13 mm (0.5 in.)	38 mm (1.5 in.)	9 N (2 lb)	9 N (2 lb)	9 N (2 lb)	9 N (2 lb)
Maximum	38 mm (1.5 in.)	75 mm (3 in.)	135 N (30 lb)	220 N (50 lb)	90 N (20 lb)	135 N (30 lb)
DISPLACEMENT		SEPARATION				
A		One Hand Random		Two Hands Simultaneously		
Forward (d-1)	Lateral (d-2)	50 mm (2 in.)	100 mm (4 in.)	75 mm (3 in.)	125 mm (5 in.)	
Minimum	-	-				
Preferred						
Maximum	360 mm (14 in.)	970 mm (38 in.)				

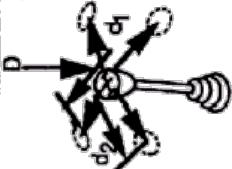
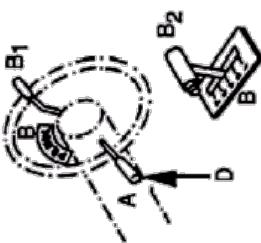
## Levers

CONFIGURATION EXAMPLE	APPLICATION GUIDELINES	DESIGN GUIDELINES		
		DIMENSIONS	DISPLACEMENT	SEPARATION
	<p>Slide-levers may be used for low-force, continuous-adjustment or gross-mode selection (do not use for precise setting).</p> <p>Handles should be "tab-shaped", with long dimension perpendicular to motion axis (to serve as a pointer).</p> <p>Movement axis may be up-down, lateral or fore-aft. Functional increase should be:</p> <ul style="list-style-type: none"> <li>* Up</li> <li>* Right</li> <li>* Forward</li> </ul>	<p>D = Min = 13 mm (19 mm with gloves)</p> <p>W = Min = 6.5 mm</p> <p>H = Min = 16 mm</p>		<p>S = Min = 19 mm (25 mm with gloves)</p>
	<p>Banked, slide-lever assemblies may be used for electrically- and/or mechanically-connected selector or adjustment functions to provide rapid visual check of related settings.</p> <p>Note: Resistance for above control types should be: Min = 2.8N Max = 110N</p>	<p>Same as above</p>	<p>Same as above</p>	<p>Same as above</p>

## Lever controls



CONFIGURATION EXAMPLE	APPLICATION GUIDELINES	DESIGN GUIDELINES		
		DIMENSIONS	DISPLACEMENT	SEPARATION
 <p>Throttle levers: Handgrip may be either cylindrical or spherical.</p>	<p>Throttle levers: Handgrip may be either cylindrical or spherical.</p> <p>D - Min = 19 mm; Max = 28 mm  <math>D_1 - 38 \pm 6</math> mm</p>	<p>L - Min = 65 mm</p>		<p>Finger clearance all sides, min = 50 mm</p> <p>S - Typical 100 mm, not to exceed 125 mm</p>

CONFIGURATION EXAMPLE	APPLICATION GUIDELINES	DESIGN GUIDELINES		SEPARATION
		DIMENSIONS	DISPLACEMENT	
D	<p>Gear-shift lever:</p> <p>Manual transmission: Locate for right-hand operation. Resistance: approximately 9 - 13 N</p> 	<p>D - Knob diameter = 32 mm</p>	<p><math>d_1</math> and <math>d_2</math> between discrete positions = Min = 125 mm, Max total = 200 mm</p>	
	<p>Automatic transmission: (B<sub>1</sub> preferred; B<sub>2</sub> acceptable). Detented positions required*</p> <p>A. Other functions:</p> <ol style="list-style-type: none"> <li>1. Turn signal - rotate about column; CW = right turn, CCW = left turn.</li> <li>2. Headlight dimming; lever moves toward bottom of column for "dim".</li> </ol> <p>B. Letters should illuminate to indicate position of lever.</p> <p>Resistance: Approximately 4.5 - 45 N</p> 	<p>D - Handle diameter 19 - 32 mm if cylindrical, 25 - 32 mm if spherical</p> <p>Finger clearance between levers and wheel rim - Min = 50 mm</p>	<p>Gear shift - Min between positions = 25 mm for B<sub>1</sub>, 38 mm for B<sub>2</sub></p> <p>25 - 50 mm between detents recommended</p>	

\* It should be impossible to leave gear lever between positions. Separate motion required to position lever in reverse (lift or press thumb button).

Lever controls (continued)



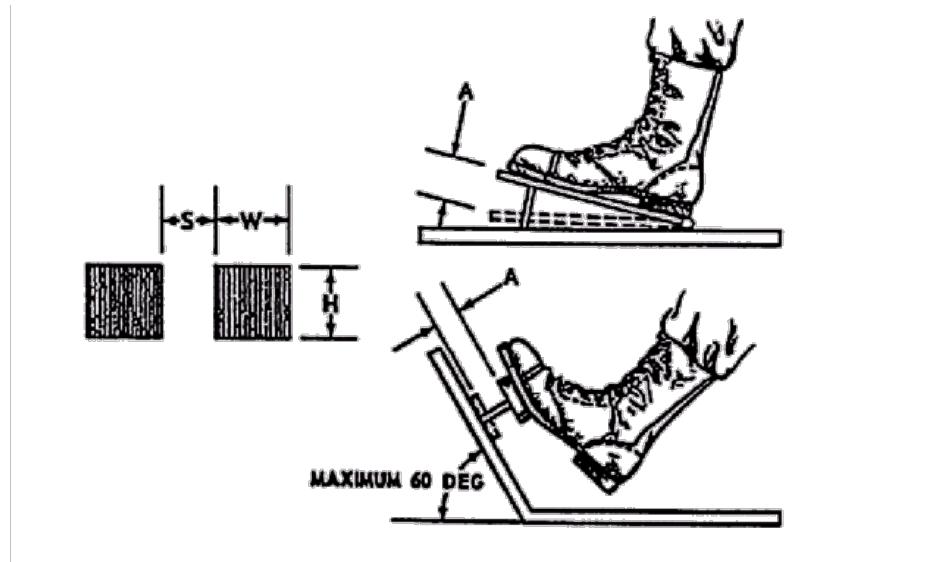
CONFIGURATION EXAMPLE	APPLICATION GUIDELINES	DESIGN GUIDELINES			
		DIMENSIONS		DISPLACEMENT	SEPARATION
Hand brake, with thumb-button release	<p>L - Length Min = 100 mm</p> <p>D - Diameter = 25 - 32 mm</p> <p><math>L_1</math> - Loop handle acceptable.</p>	<p>L - Length Min = 100 mm</p> <p>Nominal = 100 - 125 mm</p> <p>C - Clearance Min = 50 mm</p>	<p>Nominal = 100 - 125 mm</p>	<p>Min = 65 mm All sides of handle</p>	
High-force levers:	<p>Center of handle should be approximately 230 - 255 mm laterally from operator centerline, at elbow level. Provide clip-type release where applicable.</p>	<p>Max a x b = 38 x 25 mm</p> <p>L - Length Min = 100 mm</p>	<p>Max for seated operator = 355 mm</p>	<p>Min clearance should be 50 mm in front, 75 mm either side</p>	
Round or oval-shaped handle	<p>OVERHEAD</p> <p>FLOOR</p> <p>D = 38 - 45 mm with clip lever. Max fore-aft span should not exceed 75 mm.</p> <p>Max resistance approximately 187 N</p>				

APPLICATION GUIDELINES		DESIGN GUIDELINES		SEPARATION
		DIMENSIONS	DISPLACEMENT	
SPRING-LOADED 	<p>Two-position, spring-return to "off" tab-lever. Use only in up-down orientation. Resistance: approximately 4.5 - 27 N</p>	<p>D - Min = 19 mm</p> <p>W - Min = 25 mm</p>	<p>Displacement = 25 - 75 mm</p>	<p>Min separation between ends of handles = 19 mm (25 mm with gloves); min of 50 mm clearance behind handle</p>
	<p>Heavy-duty lever device. Handles should permit use of at least three fingers. Use only in up-down orientation.</p> <p>Resistance: approximately 4.5 - 45 N</p>	<p>D - Min = 16 mm</p> <p>L - Min = 65 mm</p>	<p>C - Min clearance = 32 mm, 38 mm with gloves</p>	

Lever controls (continued)

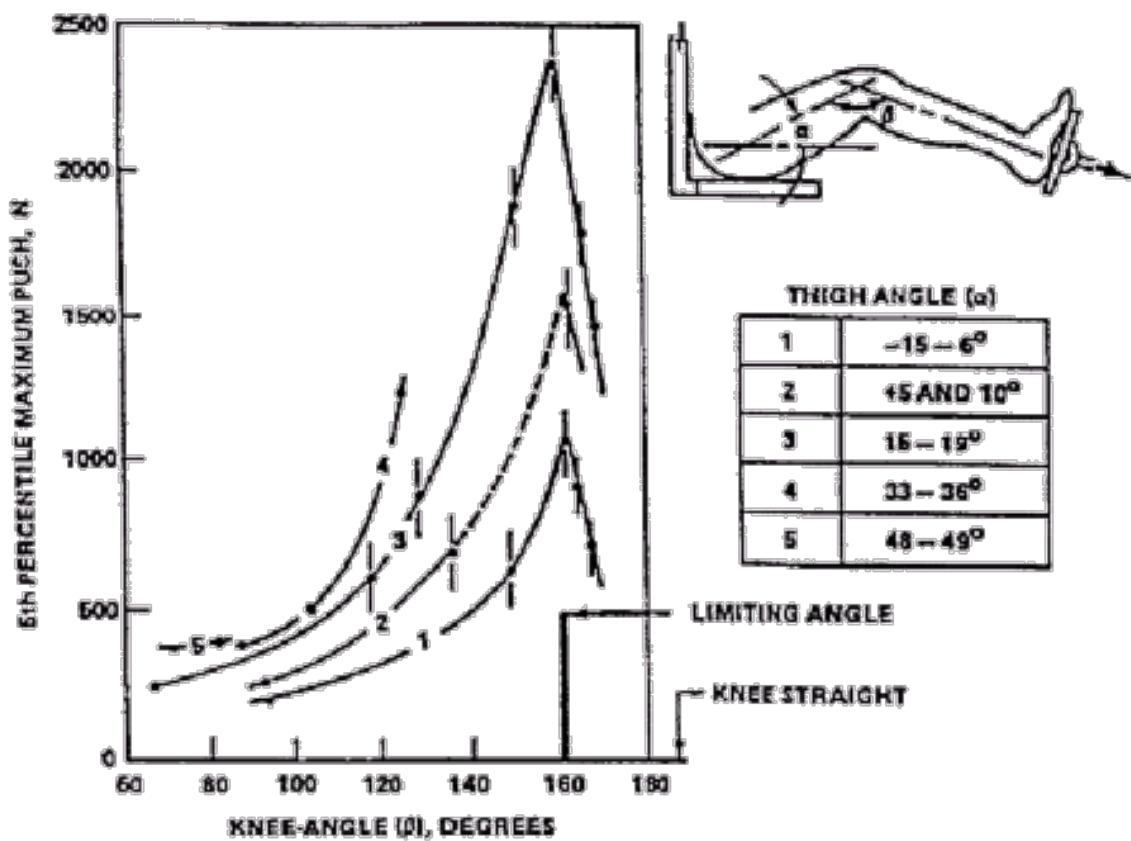
	DIMENSIONS			BUTTON CHARACTERISTICS	
	Width	Length	Height	Resistance	Displacement
MINIMUM	40 mm (1.6")	70 mm (2.8")	25 mm (1.0")	0.5 N (1.8 oz)	5 mm (0.02 ")
MAXIMUM	70 mm (2.8")	120 mm (4.7")	40 mm (1.6")	1.5 N (5.4 oz)	6 mm (0.24")

## Mouse



DIMENSIONS		DISPLACEMENT				
	H Height	W Width	Normal Operation	A Heavy Boots	Ankle Flexion	Total Leg Movement
Minimum	25 mm (1 in.)	75 mm (3 in.)	13 mm (0.5 in.)	25 mm (1 in.)	25 mm (1 in.)	25 mm (1 in.)
Maximum			65 mm (2.5 in.)	65 mm (2.5 in.)	65 mm (2.5 in.)	180 mm (7 in.)
RESISTANCE						
Minimum	Foot Not Resting on Pedal		Foot Resting On Pedal	Ankle Flexion Only	Total Leg Movement	
	18 N (4 lb)		45 N (10 lb)	-	45 N (10 lb)	
Maximum	90 N (20 lb)		90 N (20 lb)	45 N (10 lb)	800 N (180 lb)	
SEPARATION						
Minimum	One Foot Random			S	One Foot Sequential	
	100 mm (4 in.)				50 mm (2 in.)	
Preferred	150 mm (6 in.)				100 mm (4 in.)	

## Pedals



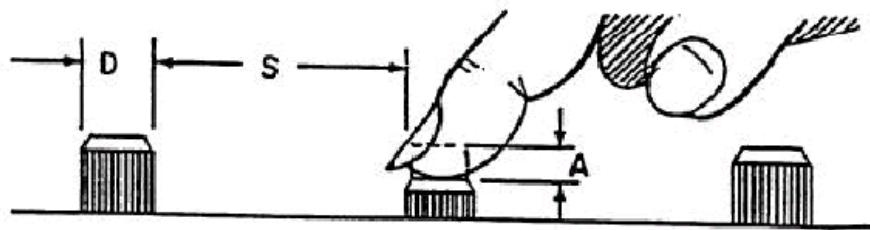
Leg strength at various knee and thigh angles

Function		Switch State Feedback Options				
Switch Action	Switch Configuration	Depressed Switchcap	Integral Lamp(s)	Integral Legend(s)	Adjacent Lamp(s)	Other Display Reflecting Switch Action
Send short discrete signal to initiate or terminate some other function.	Momentary contact	Momentary only	Momentary only	Momentary only	Momentary only	Sufficient
Send short signal of controllable duration.	Single button	Momentary only	Momentary only	Momentary only	Momentary only	Sufficient
Choose between two mutually exclusive states	Momentary contact	Single button	Momentary only	Momentary only	Momentary only	Sufficient
Step through three or more switch states.	Alternate action, latching	Two-button interlocked or Single-button	If mechanically latched If mechanically latched	C C	C C	C C
Independently choose one out of three or more mutually exclusive states.	Stepping, latching	Single button with legend matrix	(No)	(No)	Sufficient (if multiple legend)	Sufficient
Independently choose two or more out of a set of control functions each having two states.	Latching and interlocked	Array of buttons	If mechanically latched	C	Sufficient	C
	Alternate action, latching	Array of buttons	If mechanically latched	C	Sufficient	C

NOTES:

1. The feedback referred to pertains only to knowledge of switch state, not system state (which may impose additional feedback requirements).
2. A feedback option designated "sufficient" means that, properly instrumented it can provide all the information the operator needs concerning switch state; other methods showing annotation or C (contributing) need to be used in combination to provide adequate feedback.

Representative push button applications



DIMENSIONS (Diameter, D)						RESISTANCE			
	Fingertip		Thumb		Palm				
	Bare hand	Gloved hand	Bare hand	Gloved hand	Bare hand	Gloved hand	Single Finger	Different fingers <sup>1</sup>	Thumb/Palm
MIN	10 mm (0.4")	19 mm (0.75")	19 mm (0.75")	25 mm (1.0")	40 mm (1.6")	50 mm (2.0")	2.8 N 10 oz	1.4 N (5 oz)	2.8 N (10 oz)
MAX	25 mm (1.0")	—	25 mm (1.0")	—	70 mm (2.8")	—	11.0 N (40 oz)	5.6 N (20 oz)	23.0 N (80 oz)

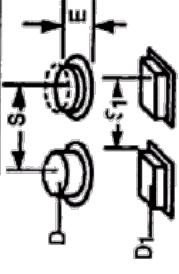
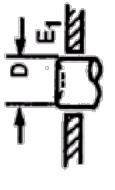
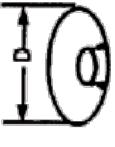
DISPLACEMENT (A)		
	Fingertip	Thumb or Palm
MIN	2 mm (0.08")	3 mm (0.12")
MAX	6 mm (0.25")	38 mm (1.5")

SEPARATION (S)					
	Single Finger		Different Fingers	Thumb or Palm	
	Bare	Gloved	Sequential		
MIN	13 mm (0.5")	25 mm (1.0")	6 mm (0.25")	6 mm (0.25")	25 mm (1.0")
PREF	50 mm (2.0")	—	13 mm (0.5")	13 mm (0.5")	150 mm (6.0 ")

<sup>1</sup> Actuated at same time

NOTE: Where gloved hand criteria are not provided, minima should be suitably adjusted.

## Push buttons

	APPLICATION GUIDELINES	DESIGN GUIDELINES		DISPLACEMENT	SEPARATION
		DIMENSIONS			
	<p>Panel-mounted push buttons: Single-finger, one button at a time. Non-legend or buttons that require only a single number on the front surface may be round, square, or rectangular.</p>  <p>A concave surface may be used to aid finger-centering (non-glove operation only).</p> 	<p>D - Min diameter or dimension (<math>D_1</math>) = 10 mm*</p> <p>A concave surface may be used to aid finger-centering (non-glove operation only).</p>		<p>E - Excursion, preferred min = 3.2 mm; preferred max = 6.5 mm. Add 1.3 mm for gloves**</p> <p>D - Max = 19 mm; Min = 13 mm</p>	<p>S - Min = 19 mm (25 mm with gloves)</p> <p><math>S_1</math> - Min = 13 mm</p>
	<p>Recessed button to minimize inadvertent operation. Tapered "well" guides finger.</p>  			<p>D - Min well opening = 19 mm; 32 mm with gloves</p>	
				<p>D - Same as above</p>	

\*For miniaturized applications, diameters as small as 3.2 mm may be used providing they accommodate all other relevant requirements, e.g., use of hardware, need for ruggedness.

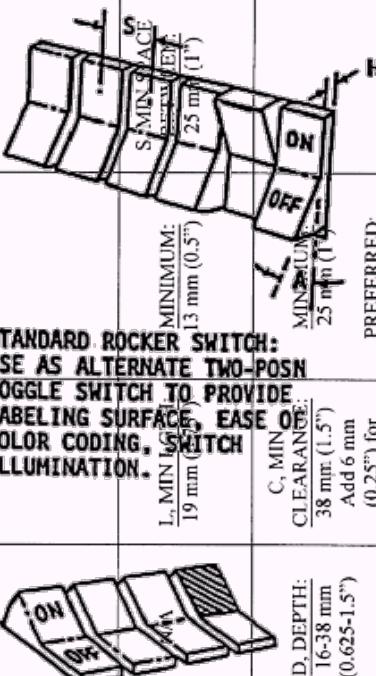
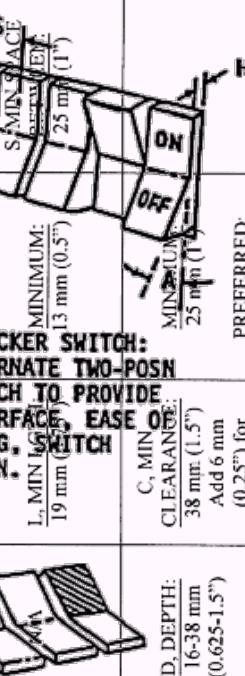
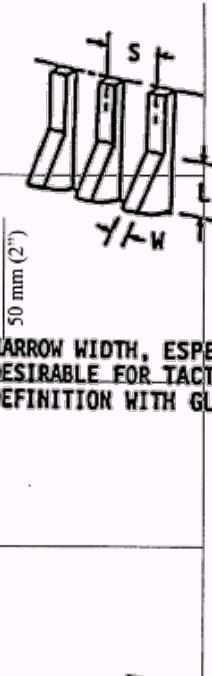
\*\*Depressed buttons should remain exposed by at least 2.5 mm. Switches with no motion, e.g., thermal, may be used providing they accommodate all other relevant requirements.

## Push button switches

APPLICATION GUIDELINES		DIMENSIONS		DISPACEMENTS		DESIGN FEATURES	
		D - Min = 10 mm	W or D - Min = 10 mm (13 mm for gloves)	x-a = Same as above	x-b = Min exposure when depressed = 3.2 mm	S - Center to-center spacing, Min = 19 mm (21 mm for gloves)	MINIMUM SEPARATION
	Handle button switch: Index finger-operated. Recess to preclude inadvertent operation of angled push button assembly:	Square, rectangular, or round shapes are acceptable. Depression of any button should cause any previously depressed button to return to deactivated position.	Numbered buttons should progress as illustrated.	Same as above	Same as above	S - Min for palm operation = 75 mm	
	Thumb-operated	Thumb-operated depressed button Min = 13 mm	Alternate finger or heel of the hand operation. Convex surface desirable	Max displacement should not exceed 13 mm	Same as above	S - Min for palm operation = 75 mm	
				W - Min = 6.5 mm	L - Preferred min = 25 mm	Same as above	

Pushbutton switches (continued)



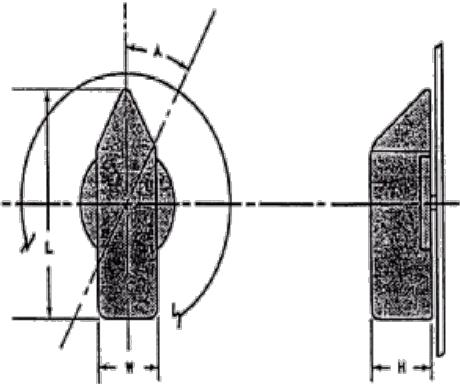
DESIGN CRITERIA			
	DIMENSIONS	DISPLACEMENT	SEPARATION
D. MIN DIAM: 19 mm (0.75")	C. MIN CLEARANCE: 25 mm (1") Add 13 mm (0.5") for gloved hand	25 ± 13 mm (1 ± 0.5") MIN BETWEEN PULL POSNS: 13 mm (0.5")	S. MIN SPACE BETWEEN: 35 mm (1.5") Add 13 mm (0.5") for gloved hand
			

Push-pull controls

CONFIG.	DIMENSIONS		RESISTANCE
	W, WIDTH	L, LENGTH	
MINIMUM	6 mm (0.25")	13 mm (0.5")	2.8 N (10 oz.)
MAXIMUM			11 N (40 oz.)

CONFIG.	DISPLACEMENT		SEPARATION (Center-to-Center)	
	H, DEPRESSED	A, ANGLE	S (Bare Hand)	S (Gloved Hand)
MINIMUM	3 mm (0.125")	530 mrad (30°)	19 mm (0.75")	32 mm (1.125")

## Rocker switches



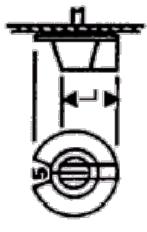
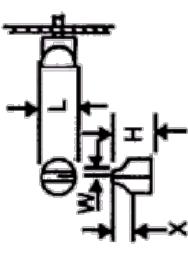
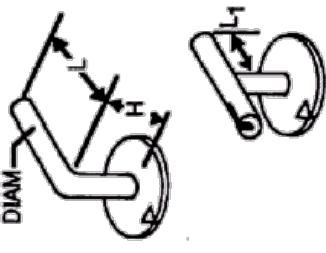
	DIMENSIONS			RESISTANCE
	L Length	W Width	H Depth	
Minimum	25 mm (1 in.)		16 mm (0.625 in.)	115 mN · m (1 in. -lb)
Maximum	100 mm (4 in.)	25 mm (1 in.)	75 mm (3 in.)	680 mN · m (6 in. -lb)
DISPLACEMENT		SEPARATION		
	A	•      ..	One-Hand Random	Two-Handed Operation
Minimum	262 mrad (15°)	525 mrad (30°)	25 mm (1 in.)	75 mm (3 in.)
Maximum	700 mrad (40°)	1570 mrad (90°)	•	•
Preferred	•	•	50 mm (2 in.)	125 mm (5in.)

\* For facilitating performance

\*\* When special engineering requirements demand large separation or when tactually ("blind") positioned controls are required.

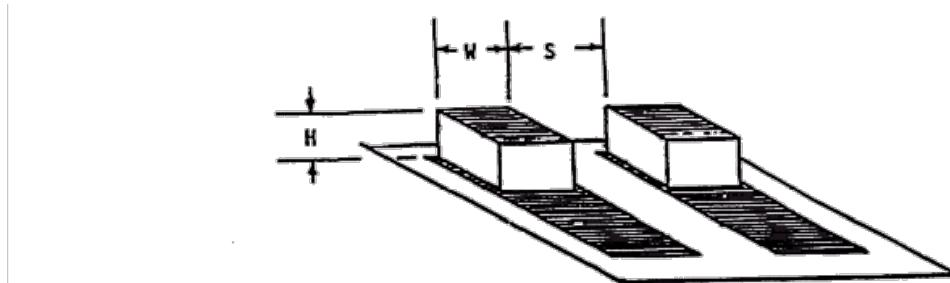
## Rotary selector switch

APPLICATION GUIDELINES	DESIGN GUIDELINES			DISPLACEMENT	SEPARATION						
	DIMENSIONS										
<p>Preferred for accurate identification of knob position by feel. For use on electronic, aircraft, and automotive control panels where high force switches are not required. Skirt optional.</p> <p>Switch resistance (approximate) max:</p> <table> <tr><td>L = 38 mm:</td><td>0.11 N·m</td></tr> <tr><td>L = 50 mm:</td><td>0.34 N·m</td></tr> <tr><td>L = 100 mm:</td><td>0.68 N·m</td></tr> </table> <p>Above guidelines acceptable as long as knob positions remain in upper 160°.</p>	L = 38 mm:	0.11 N·m	L = 50 mm:	0.34 N·m	L = 100 mm:	0.68 N·m	<p>L = 38 mm to 100 mm; if gloves are worn, add 13 mm</p> <p>W = 13 mm to 25 mm</p> <p>H = 16 mm to 75 mm</p>	<p>Min = 15°; minimum for blind position</p> <p>For simultaneous operation of adjacent knobs (two hands), add 25 mm (38 mm for gloves).</p>	<p>See figure 16.</p> <p>For simultaneous operation of adjacent knobs (two hands), add 25 mm (38 mm for gloves).</p>	<p>See figure 16.</p>	
L = 38 mm:	0.11 N·m										
L = 50 mm:	0.34 N·m										
L = 100 mm:	0.68 N·m										
<p>Skirt optional.</p> <p>Switch resistance (approximate) max:</p> <table> <tr><td>L = 38 mm:</td><td>0.11 N·m</td></tr> <tr><td>L = 50 mm:</td><td>0.34 N·m</td></tr> <tr><td>L = 100 mm:</td><td>0.68 N·m</td></tr> </table> <p>Above guidelines acceptable as long as knob positions remain in upper 160°.</p>	L = 38 mm:	0.11 N·m	L = 50 mm:	0.34 N·m	L = 100 mm:	0.68 N·m	<p>See above</p> <p>See above</p> <p>See above</p>	<p>See above</p> <p>See above</p> <p>See above</p>	<p>See above</p> <p>See above</p> <p>See above</p>	<p>See above</p> <p>See above</p> <p>See above</p>	<p>See above</p> <p>See above</p> <p>See above</p>
L = 38 mm:	0.11 N·m										
L = 50 mm:	0.34 N·m										
L = 100 mm:	0.68 N·m										
<p>Skirt optional.</p> <p>Switch resistance (approximate) max:</p> <table> <tr><td>L = 38 mm:</td><td>0.11 N·m</td></tr> <tr><td>L = 50 mm:</td><td>0.34 N·m</td></tr> <tr><td>L = 100 mm:</td><td>0.68 N·m</td></tr> </table> <p>Above guidelines acceptable as long as knob positions remain in upper 160°.</p>	L = 38 mm:	0.11 N·m	L = 50 mm:	0.34 N·m	L = 100 mm:	0.68 N·m	<p>See above</p> <p>See above</p> <p>See above</p>	<p>See above</p> <p>See above</p> <p>See above</p>	<p>See above</p> <p>See above</p> <p>See above</p>	<p>See above</p> <p>See above</p> <p>See above</p>	<p>See above</p> <p>See above</p> <p>See above</p>
L = 38 mm:	0.11 N·m										
L = 50 mm:	0.34 N·m										
L = 100 mm:	0.68 N·m										

	APPLICATION GUIDELINES	DESIGN GUIDELINES			
		DIMENSIONS	DISPLACEMENT	SEPARATION	
	Preferred alternative to (A) above when only gross setting is required (major numbered positions) and where high torque is not required.	L - Min = 25 mm; other dimensions same as (A)	See above	See above	See above
	Acceptable only for applications where panel space is limited and gloves not worn; switch resistance less than .042 N·m	L - Min = 19 mm	W - Min = 6.5 mm	X - Min = 13 mm	25 mm
	For heavy duty, high torque switches:	D = 16 mm to 25 mm	L - Min = 100 mm	H - Min = 32 mm	Min = 10° End to end handle separation = 75 mm
	Preferred	D = See above	L <sub>1</sub> - Min = 50 mm	H = See above	See above
	Acceptable alternative				

APPLICATION GUIDELINES	DESIGN GUIDELINES		
	DIMENSIONS	DISPLACEMENT	SEPARATION
Tactile control identification, preferred method for rotary controls	<p>D = Min = 16 mm</p> <p>H - Min = 3.2 mm, max = 19 mm</p>	<p>Same as above</p>	<p>Same as above</p>

Rotary selector controls (continued)



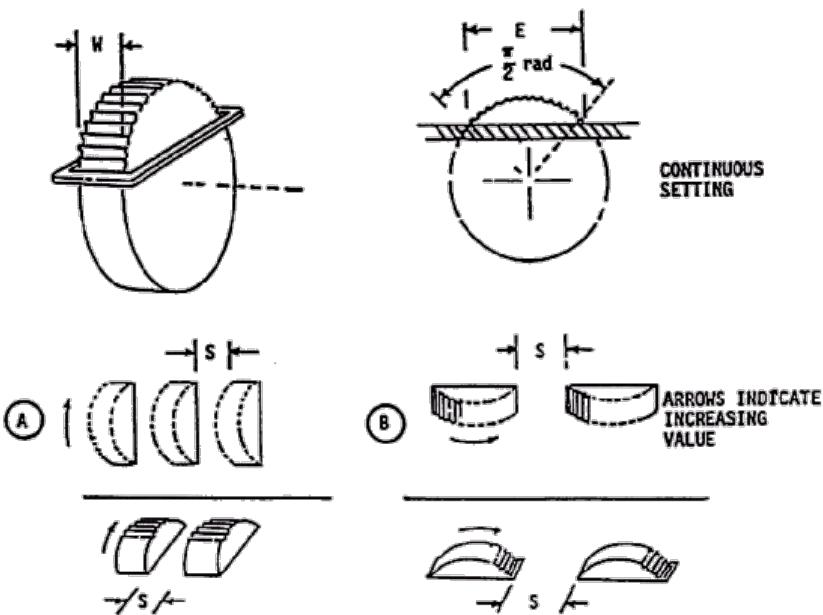
	DIMENSIONS		RESISTANCE	
	H ACTUATOR HEIGHT *      **	W ACTUATOR WIDTH	SMALL SWITCH	LARGE SWITCH
MINIMUM	6 mm (0.25")	13 mm (0.5")	2.8 N (10 oz)	2.8 N (10 oz.)
MAXIMUM	--	25 mm (1") --	4.5 N (16 oz.)	11 N (40 oz.)

	SEPARATION, S		
	SINGLE FINGER OPERATION	SINGLE FINGER SEQUENTIAL OPERATION	SIMULTANEOUS OPERATION BY DIFFERENT FINGERS
MINIMUM	19 mm (0.75")	13 mm (0.5")	16 mm (0.625")
OPTIMUM	50 mm (2")	25 mm (1")	19mm (0.75")

\*Use by bare finger.

\*\* Use with heavy handwear.

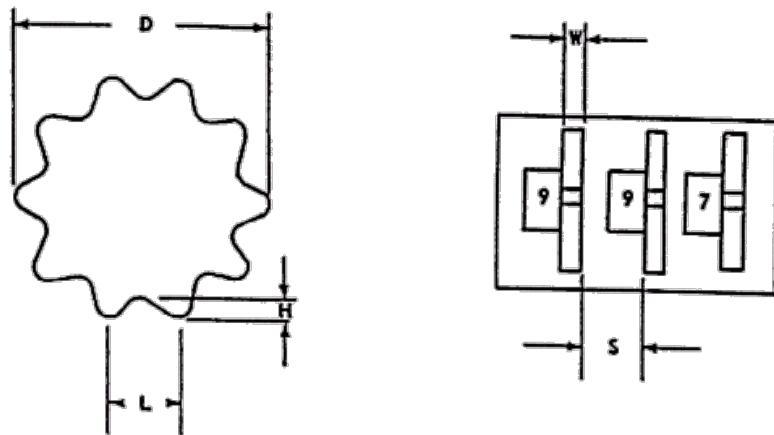
## Slide switches



	E RIM EXPOSURE	W WIDTH	S		RESISTANCE
			(A)	(B)	
MINIMUM	25 mm * (1")	3 mm * (0.125")	25 mm (1") Add 13 mm (1/2") for gloves	50 mm (2") Add 25 mm (1") for gloves	TO MINIMIZE EFFECTS OF INADVERTENT INPUT IF OPERATOR SUBJECT TO MOTION
MAXIMUM	100 mm (4")	23 mm (0.875")	N/A	N/A	3.3 N (12 oz.)

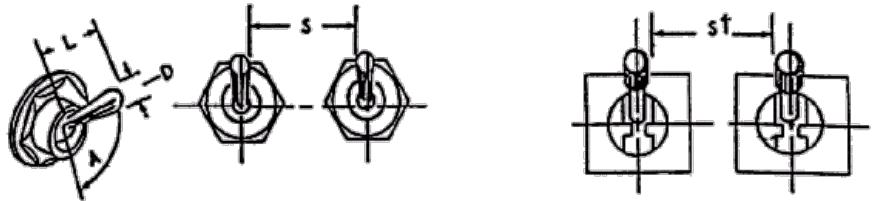
\* Preferred. Some miniature applications may require less.

### Thumbwheel, continuous adjustment



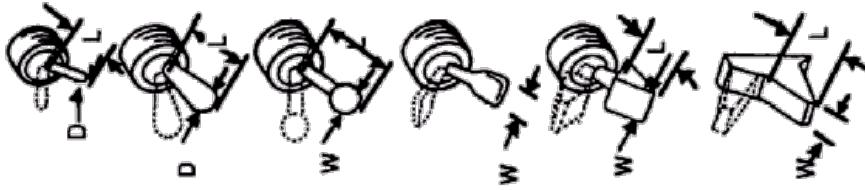
	D DIAMETER	L TROUGH DISTANCE	W WIDTH	H DEPTH	S SEPARATION	RESISTANCE
MINIMUM	29 mm (1.125 in)	11 mm (0.43 in)	3 mm (0.125 in)	3 mm (0.125 in)	10 mm (0.4 in)	1.7 N (6 oz)
MAXIMUM	75 mm (3 in)	19 mm (0.75 in)		6 mm (0.25 in)		5.6 N (20 oz)

Thumbwheel, discrete



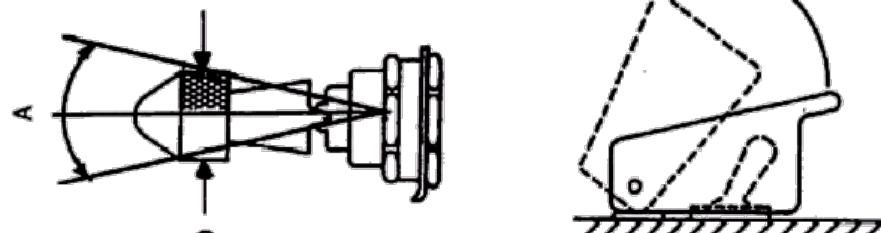
DIMENSIONS				RESISTANCE	
	L Arm Length Use by bare finger	D Control Tip		Small Switch	Large Switch
Minimum	13 mm (0.5")	38 mm (1.5")	3 mm (0.125")	2.8 N (10 oz)	2.8 N (10 oz)
Maximum	50 mm (2.0")	50 mm (2.0")	25 mm (1.0")	4.5 N (16 oz)	11 N (40 oz)
DISPLACEMENT BETWEEN POSITIONS					
	Two Position		Three Position		
Minimum	30°		17°		
Maximum	80°		40°		
Preferred	---		25°		
SEPARATION, S					
	Single Finger Operation		Single Finger Sequential Operation		Simultaneous Operation by Different Fingers
Normal	Normal	Lever Lock Switch			
Minimum	19 mm (0.75")	25 mm (1.0")	13 mm (0.5")	16 mm (0.625")	
Optimum	50 mm (2.0")	50 mm (2.0")	25 mm (1.0")	19 mm (0.75")	

## Toggle switches

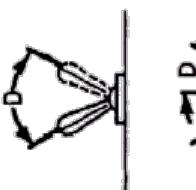
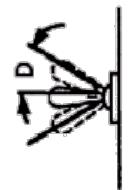
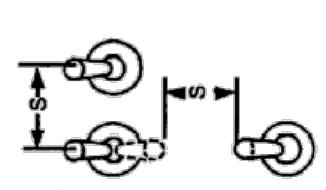
APPLICATION GUIDELINES	DESIGN GUIDELINES		
	DIMENSIONS	DISPLACEMENT	SEPARATION
Miniature toggle switch: Limit use to indoor applications where limited panel space precludes standard size components.	<p>D - Diameter min = 3.3 mm</p> <p>Standard configuration: Use larger sizes for applications where gloved operation is likely.</p> <p>Ball cap design applicable where firm grasp of toggle is needed because of vehicle or operator oscillation.</p> <p>Flat or applied tab handles provide improved visual position reference when operationally important.</p> <p>Applied tab handle provides means for color coding.</p> <p>Alternate to any standard size configuration above.</p> 	<p>L - Length min = 13 mm max = 50 mm</p> <p>D - Diameter min = 4.5 mm max = 7.8 mm (add 13 mm for gloves)</p> <p>W - Handle width min = 4.5 mm</p> <p>L - Length preferred = 10 mm max = 25 mm</p> <p>Same as above</p>	

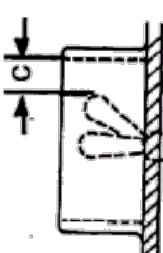
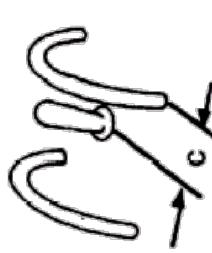
Toggle switch controls

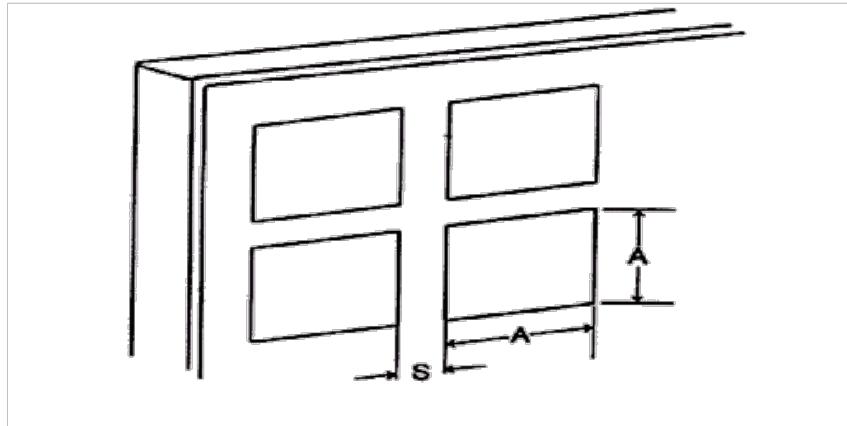
APPLICATION GUIDELINES	DESIGN GUIDELINES		
	DIMENSIONS	DISPLACEMENT	SEPARATION
Typical two-step interlocking safety switch.	D - Diameter min = 10 mm	A - Angular displacement: Two positions min = 30°, max = 80°; three positions - min = 17°, max = 40°	Should not be closer than 50 mm to other control or structure.  May be horizontally spaced as close as 13 mm (25 mm for gloves).



Toggle switch controls (continued)

APPLICATION GUIDELINES	DESIGN GUIDELINES		
	DIMENSIONS	DISPLACEMENT	SEPARATION
<p>Two-position switches only when visual recognition of switch position mandatory.</p> <p>Three-position switches.</p>  	<p>D - Displacement angle Min = 30°</p> <p>D - Displacement angle Min = 17°; 25° preferred</p> <p>Side-by-side arrangement vertical displacement.</p> 	<p>S - Center-to-center spacing Min = 19 mm</p> <p>Max for simultaneous multi-finger = 28 mm</p> <p>S - Min = 25 mm</p> <p>S - Min = 25 mm</p> <p>NOTE: Add 13 mm for gloves</p>	

APPLICATION GUIDELINES		DESIGN GUIDELINES		
	DIMENSIONS	DISPLACEMENT	SEPARATION	
	<p>Guard switches where accidental displacement of a switch may be undesirable (not necessarily dangerous).</p>  <p>C = Tip - guard finger clearance Min = 13 mm</p>  <p>C = Min = 25 mm; 32 mm for gloves</p>			<p>S - Min = 25 mm (50 mm preferred); add 13 mm for gloves</p>



ALPHANUMERIC / NUMERIC KEYBOARDS			
	A (Actuation Area)	S (Separation) <sup>1</sup>	Resistance
MINIMUM	—	0	250 mN (0.9 oz)
PREFERRED	13 x 13 mm (0.5 x 0.5")	—	—
MAXIMUM	—	6 mm (0.25")	1.5 N (5.3 oz)

OTHER APPLICATIONS			
	A (Actuation Area)	S (Separation) <sup>1</sup>	Resistance
MINIMUM	16 x 16 mm (0.65 x 0.65")	3 mm (0.13 in)	250 mN (0.9 oz)
MAXIMUM	38 x 38 mm (1.5 x 1.5")	6 mm (0.25")	1.5 N (5.3 oz)

<sup>1</sup>For touch screens that use a “first contact” actuation strategy, separation between targets should be not less than 5 mm (0.2”). For touch screens that use a “last contact” strategy, separation between targets may be less than 5 mm (0.20”), but not less than 3 mm (0.12”) for applications other than alphanumeric/numeric keyboards.

## Touch screens

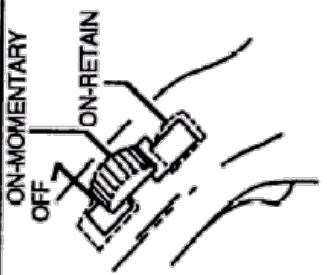
Type of Controller	Control Order Utilized	Acceptable Display Applications			
		XY Data Pickoff	Continuous Tracking	Free-Drawn Graphics	Setting Cross Hairs
Simultaneously-operated hand cranks	Position	Not Recommended	Not Recommended	Not Recommended	Good
Ball control	Position	Good	Fair	Poor	Good
Isometric joystick (Shift stick)	Position, Rate-Aided	Good	Good	Fair	Fair
Isotonic joystick (displacement stick)	Position, Rate-Aided	Good	Good	Good	Fair
Grid and stylus devices	Position	Good	Fair	Good	Good
Free-moving XY controller (mouse)	Position	Good	Not Recommended	Not Recommended	Fair
Light pen (augmented)	Position	Good	Fair	Good	Fair

Two-axis controllers for display applications

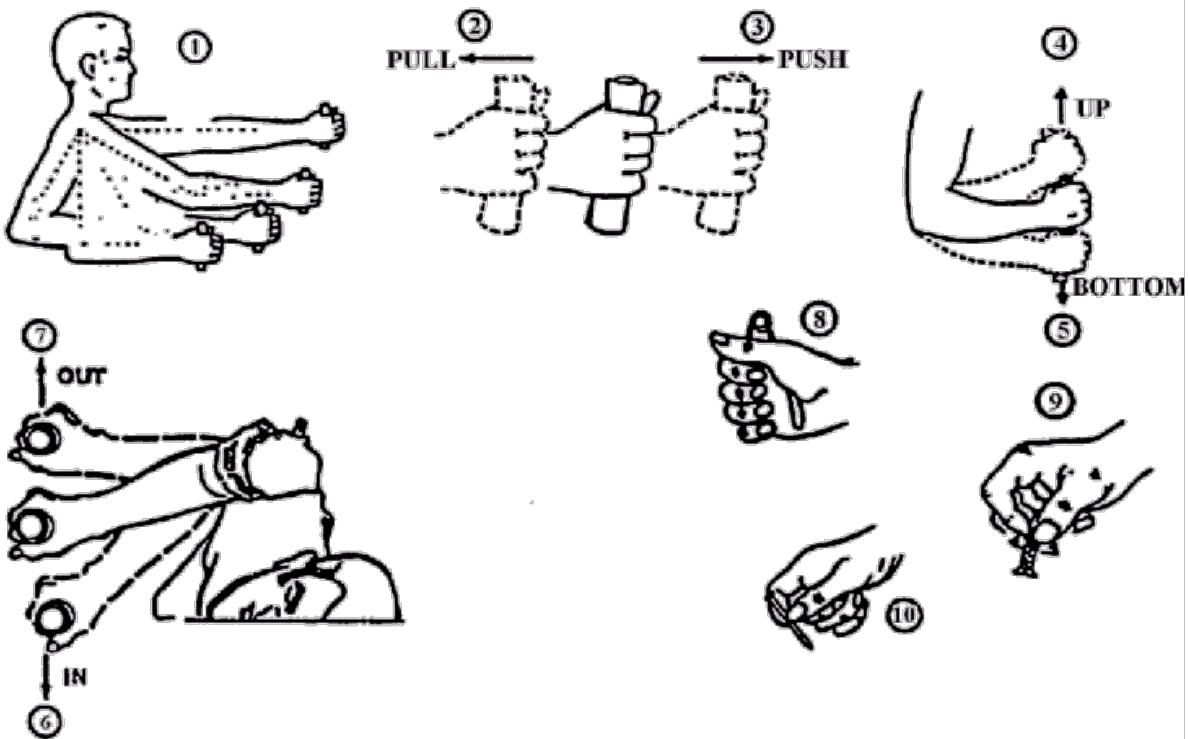
APPLICATION GUIDELINES	DESIGN GUIDELINES			DISPLACEMENT SEPARATION
	DIMENSIONS			
Thumb-actuated switch, two or three position, single axis. Typical application is supplemental on-off function coupled to primary control grip. Concave contact surface with serration desirable.	L - Switch length: Min = 16 mm	W - Width: Min = 6.5 mm	D - Min = 6.5 mm; Max = 19 mm	N/A
Index finger operated trigger. Applications include hand weapons and joystick weapon firing control. Slight concave surface desirable.	L - Min = 25 mm	Same as above	A - Preferred angle between 30° and 45°	S - Grip to trigger center spacing = 50 ± 6 mm
Thumb-operated, two-dimensional switch, spring-centering. Typical application is trim control. Switch cap shown is typical.	D - Diameter = 19 ± 6 mm	H = 19 ± 6 mm	D - Min = 6.5 mm; Max = 19 mm	N/A

Grip switches



APPLICATION GUIDELINES		DESIGN GUIDELINES		
	DIMENSIONS	DISPLACEMENT	SEPARATION	
ON-MOMENTARY 	<p>Active thumb-operated safety and trigger controls.</p> <p>Mechanical thumb switch guide (spring-loaded, momentary-to-off). Must have thumb switch in momentary or retain to actuate trigger.</p>			

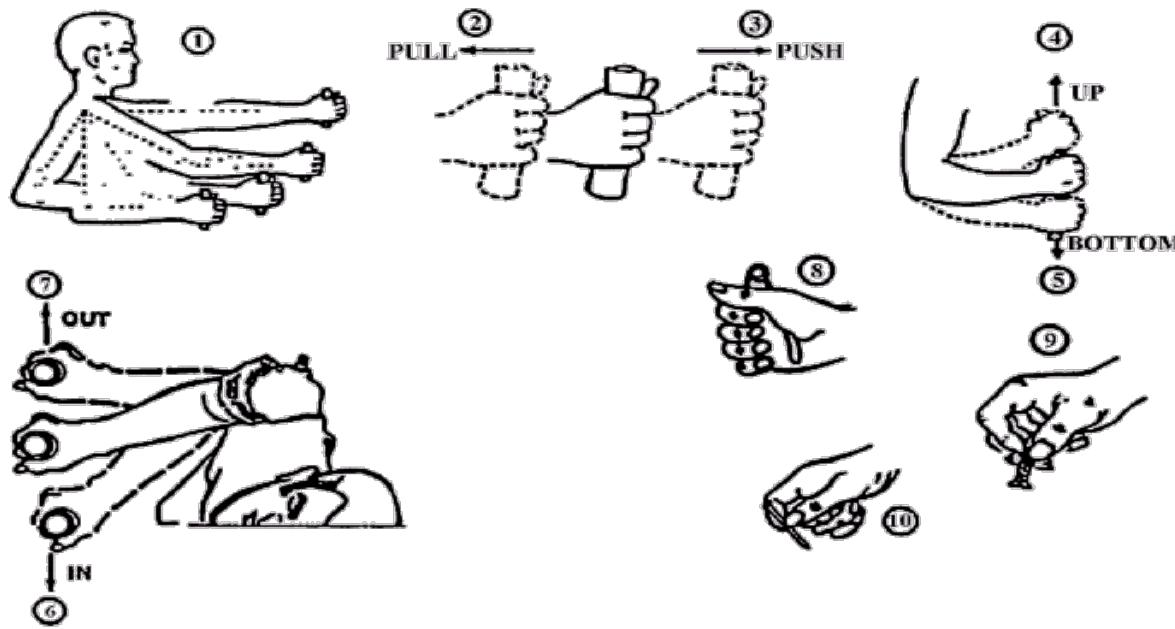
Grip switches (continued)



ARM STRENGTH (N)																
(1)	(2)		(3)		(4)		(5)		(6)		(7)					
DEGREE OF ELBOW FLEXION (deg)	PULL L*	R*	PUSH L	R	UP L	R	DOWN L	R	IN L	R	OUT L	R				
180	222	231	187	222	40	62	58	76	58	89	36	62				
150	187	249	133	187	67	80	80	89	67	89	36	67				
120	151	187	116	160	76	107	93	116	89	98	45	67				
90	142	165	98	160	76	89	93	116	71	80	45	71				
60	116	107	98	151	67	89	80	89	76	89	53	76				
HAND, AND THUMB-FINGER STRENGTH (N)																
	(8)				(9)				(10)							
	HAND GRIP L	R	THUMB-FINGER GRIP (PALMER)				THUMB-FINGER GRIP (TIPS)									
MOMENTARY HOLD	250	260	60				60									
SUSTAINED HOLD	145	155	35				35									

\*L = Left; R = Right

Arm, hand, and thumb-finger strength (5<sup>th</sup> percentile male)



ARM STRENGTH (lb)												
(1) DEGREE OF ELBOW FLEXION (deg)	(2) PULL		(3) PUSH		(4) UP		(5) DOWN		(6) IN		(7) OUT	
	L	R*	L	R	L	R	L	R	L	R	L	R
180	50	52	42	50	9	14	13	17	13	20	8	14
150	42	56	30	42	15	18	18	20	15	20	8	15
120	34	42	26	36	17	24	21	26	20	22	10	15
90	32	37	22	36	17	20	21	26	16	18	10	16
60	26	24	22	34	15	20	18	20	17	20	12	17
HAND, AND THUMB-FINGER STRENGTH (lb)												
	(8) HAND GRIP				(9) THUMB-FINGER GRIP (PALMER)				(10) THUMB-FINGER GRIP (TIPS)			
	L	R										
MOMENTARY HOLD	56		59				13			13		
SUSTAINED HOLD	33		35				8			8		

\*L = LEFT; R = RIGHT

Arm, hand, and thumb-finger strength (5<sup>th</sup> percentile male) (continued)

MARKINGS	HEIGHT <sup>1</sup>	
	3.5 cd/m <sup>2</sup> (1 ft—L) OR BELOW	ABOVE 3.5 cd/m <sup>2</sup> (1 ft—L)
Critical markings with position variable (e.g., numerals on counters)	5—8 mm (0.20—0.31 in)	3—5 mm (0.12—0.20 in)
Critical markings with position fixed (e.g., numerals on fixed scales, controls and switch markings, or emergency instructions)	4—8 mm 0.16 - 0.31 in)	2.5—5 mm (0.10 - 0.20 in)
Noncritical markings (e.g., identification labels, routine instructions, or markings required only for familiarization)	2.5—5 mm (0.10—0.20 in)	2.5—5 mm (0.10—0.20 in)

<sup>1</sup>Values assume a 710 mm (28 in.) viewing distance. For other distances, multiply the above values by D/710 mm (D/28 in.).

## Character height versus luminance

<b>Condition</b>	<b>Ratio of foreground to background</b>
Bright ambient illumination	> 7:1
Dark ambient illumination	3:1 to 5:1
To attract attention	> 7:1
To sharpen edges	> 7:1
Continuous reading	3:1 to 5:1
Camouflage images or smooth edges	< 3:1

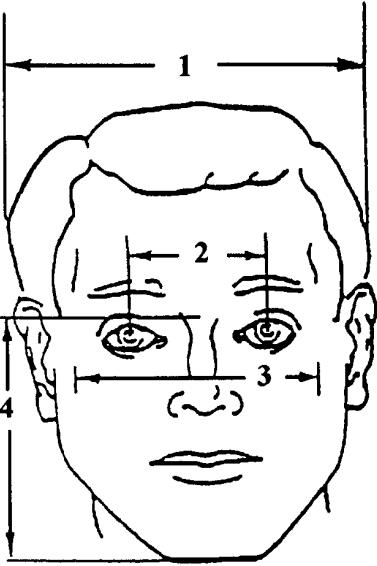
Luminance contrast ratios for various conditions

<b>Pixels in upper case character height</b>	<b>Minimum stroke pixel count</b>	<b>Maximum stroke pixel count</b>
7 to 8	1	1
9 to 12	1	2
13 to 14	2	2
15 to 20	2	3
21 to 23	2	4

Stroke width for pixel-generated characters

<b>Pixels in upper case character height</b>	<b>Minimum width pixel count</b>	<b>Preferred width pixel count</b>	<b>Maximum width pixel count</b>
7	4	5	5
8	4	6	7
9	5	6	8
10	5	7	9
11	6	8	10
12	6	9	11
13	6	9	12
14	7	10	13
15 or 16	8	11	14

Height-width relationship for pixel-generated characters



**1 Head breadth.** The maximum breadth of the head, usually above and behind the ears.

Sample	cm (in)	Percentiles				
		1st	5th	50th	95th	99th
A Men	cm (in)	13.9 (5.1)	14.3 (5.6)	15.2 (6.0)	16.11 (6.3)	6.5 (6.5)
B Women	cm (in)	13.3 (5.2)	13.7 (5.4)	14.4 (5.7)	15.3 (6.0)	15.7 (6.1)

**2 Interpupillary breadth.** The distance between the centers of the pupils of the eyes (the eyes are looking straight ahead).

Sample	cm (in)	Percentiles				
		1st	5th	50th	95th	99th
A Men	cm (in)	5.7 (2.2)	5.9 (2.3)	6.5 (2.7)	7.1 (2.8)	7.4 (2.9)
B Women	cm (in)	5.5 (2.8)	5.7 (2.2)	6.0 (2.4)	6.9 (2.7)	7.0 (2.8)

**3 Face breadth (bzygomatic).** The breadth of the face, measured across the most lateral projections of the cheek bones (zygomatic arches).

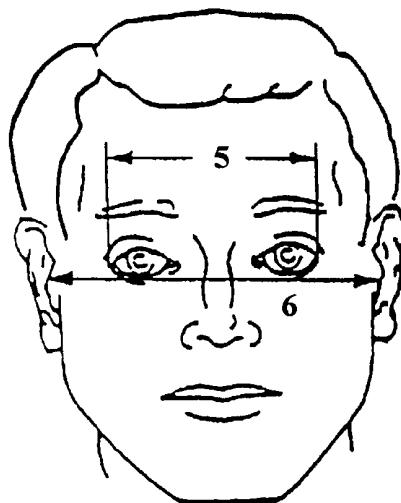
Sample	cm (in)	Percentiles				
		1st	5th	50th	95th	99th
A Men	cm (in)	12.8 (5.0)	13.2 (5.2)	14.0 (5.5)	15.0 (5.9)	15.4 (6.1)
B Women	cm (in)	12.1 (4.8)	12.3 (4.8)	12.8 (5.1)	14.0 (5.5)	15.4 (5.7)

**4 Face length (menton-sellion).** The vertical distance from the tip of the chin (menton) to the deepest point of the nasal root depression between the eyes (sellion).

Sample	cm (in)	Percentiles				
		1st	5th	50th	95th	99th
A Men	cm (in)	10.8 (4.3)	11.2 (4.4)	12.2 (4.8)	13.3 (5.2)	13.7 (5.4)
B Women	cm (in)	10.1 (3.4)	10.4 (4.1)	11.3 (4.5)	12.4 (4.9)	12.9 (5.1)

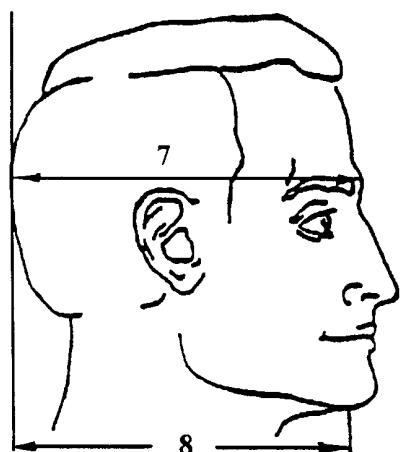
## Static human physical characteristics - head

**5 Biocular breadth.** The distance from the outer corners of the eyes (right and left ectocanths).



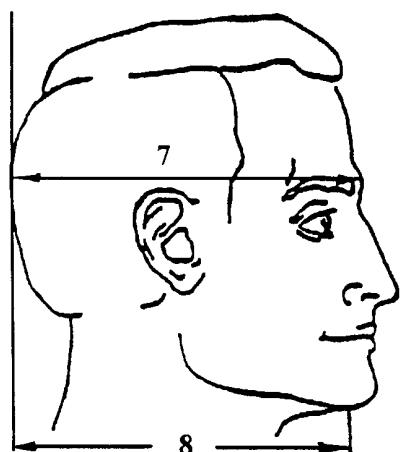
Sample	cm (in)	Percentiles			
		1st	5th	50th	95th
A Men	cm (in)	11.0 (4.3)	11.3 (4.5)	12.2 (4.8)	13.1 (5.2)
B Women	cm (in)	10.8 (4.3)	11.1 (4.4)	11.6 (4.3)	12.9 (5.1)
					13.6 (5.4)
					13.3 (5.3)

**6 Bitragon breadth.** The breadth of the head from the right tragion to the left. (Tragion is the cartilaginous notch at the front of the ear).



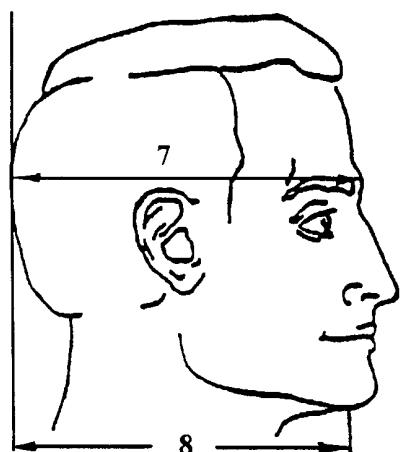
Sample	cm (in)	Percentiles			
		1st	5th	50th	95th
A Men	cm (in)	13.1 (5.2)	13.5 (5.3)	14.5 (5.7)	15.5 (6.1)
B Women	cm (in)	12.5 (4.3)	12.8 (5.4)	13.3 (5.4)	14.3 (5.7)
					15.9 (6.3)
					15.0 (5.9)

**7 Glabella to back of head.** The horizontal distance from the most anterior point of the forehead between the brow-ridges (glabella) to the back of the head, measured with a headboard.



Sample	cm (in)	Percentiles			
		1st	5th	50th	95th
A Men	cm (in)	18.3 (7.2)	18.8 (7.4)	20.0 (7.9)	21.1 (8.3)
B Women	cm (in)	17.5 (6.9)	18.0 (7.1)	19.1 (7.5)	20.2 (8.0)
					21.7 (8.5)
					20.7 (8.1)

**8 Menton to back of head.** The horizontal distance from the tip of the chin (menton) to the back of the head, measured with a headboard.

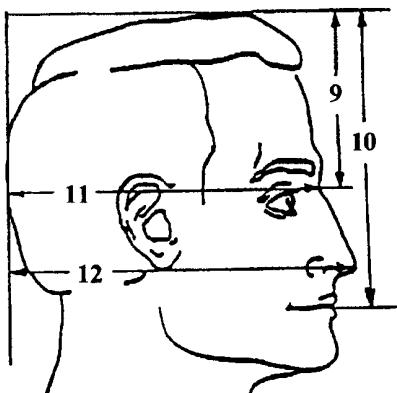


Sample	cm (in)	Percentiles			
		1st	5th	50th	95th
A Men	cm (in)	15.7 (6.2)	16.5 (6.5)	18.2 (7.2)	20.0 (7.9)
B Women	cm (in)	15.2 (6.0)	15.8 (6.2)	17.3 (6.8)	18.9 (7.4)
					20.7 (8.2)
					19.6 (7.7)

Static human physical characteristics – head (continued)

- 9 Sellion to top of head.** The vertical distance from the nasal root depression between the eyes (sellion), to the level of the top of the head, measured with a headboard.

Sample	cm (in)	Percentiles				
		1st	5th	50th	95th	99th
A Men	cm (in)	9.7 (3.8)	10.1 (4.0)	11.2 (4.4)	12.4 (4.9)	12.9 (5.1)
B Women	cm (in)	9.0 (3.5)	9.5 (9.5)	10.5 (4.1)	11.7 (4.6)	12.2 (4.8)



- 10 Stomion to top of head.** The vertical distance from the midpoint of the lips (stomion) to the level of the top of the head, measured with a headboard.

Sample	cm (in)	Percentiles				
		1st	5th	50th	95th	99th
A Men	cm (in)	16.9 (6.7)	17.4 (6.6)	18.6 (7.3)	19.9 (7.8)	20.6 (8.1)
B Women	cm (in)	15.7 (6.1)	16.3 (6.4)	17.5 (6.9)	18.8 (7.4)	19.4 (7.6)

- 11 Sellion to back of head.** The horizontal distance from the nasal root depression between the eyes (sellion), to the back of the head, measured with a headboard.

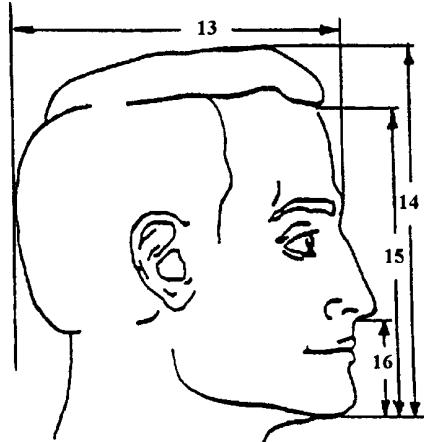
Sample	cm (in)	Percentiles				
		1st	5th	50th	95th	99th
A Men	cm (in)	18.0 (7.1)	18.5 (7.3)	19.7 (7.8)	20.9 (8.2)	21.4 (8.4)
B Women	cm (in)	17.4 (6.6)	17.8 (7.1)	18.9 (7.4)	20.0 (7.9)	20.5 (8.4)

- 12 Pronasale to back of head.** The horizontal distance from the tip of the nose (pronasale) to the back of the head, measured with a headboard.

Sample	cm (in)	Percentiles				
		1st	5th	50th	95th	99th
A Men	cm (in)	20.0 (7.9)	20.5 (8.1)	22.0 (8.7)	23.2 (9.1)	23.9 (9.4)
B Women	cm (in)	19.2 (7.6)	19.7 (7.8)	21.0 (8.3)	22.2 (8.7)	22.8 (9.0)

Static human physical characteristics – head (continued)

**13 Head length.** The maximum length of the head; measured from the most anterior point of the forehead between the brow-ridges (glabella) to the back of the head (occiput).



Sample		cm (in)	Percentiles				
			1st	5th	50th	95th	99th
A Men		18.0 (7.1)	18.5 (7.3)	19.7 (7.8)	20.9 (8.2)	21.3 (8.4)	
B Women		17.2 (6.8)	17.6 (7.0)	18.7 (7.4)	19.8 (7.8)	20.2 (8.0)	

**14 Menton to top of head.** The vertical distance from the tip of the chin (menton) to the level of the top of the head, measured with a headboard.

Sample		cm (in)	Percentiles				
			1st	5th	50th	95th	99th
A Men		21.2 (8.4)	21.8 (8.6)	23.2 (8.6)	24.7 (9.1)	25.5 (9.4)	
B Women		19.8 (7.8)	20.4 (8.3)	21.8 (8.6)	23.2 (9.1)	23.8 (9.4)	

**15 Menton-crinion length.** The vertical distance from the bottom of the chin (menton) to the midpoint of the hairline (crinion).

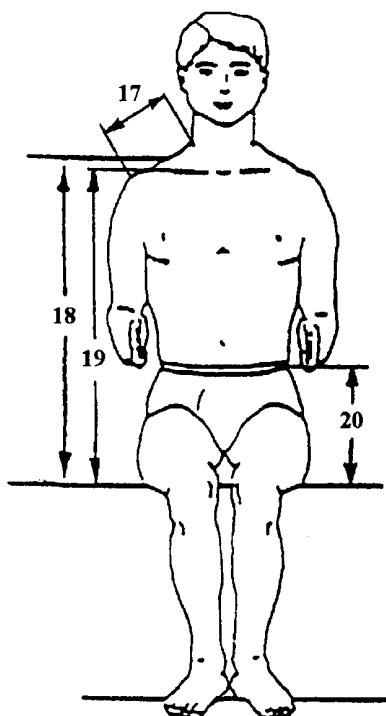
Sample		cm (in)	Percentiles				
			1st	5th	50th	95th	99th
A Men		16.6 (6.5)	17.4 (6.9)	19.1 (7.5)	20.9 (8.2)	21.6 (8.5)	
B Women		15.5 (6.1)	16.1 (6.3)	17.7 (7.0)	19.2 (7.6)	19.9 (7.8)	

**16 Menton-subnasale length.** The distance from the bottom of the chin (menton) to the base of the nasal septum (subnasale).

Sample		cm (in)	Percentiles				
			1st	5th	50th	95th	99th
A Men		6.1 (2.4)	6.5 (2.7)	7.3 (2.9)	8.3 (3.3)	8.7 (3.3)	
B Women		5.7 (2.2)	6.0 (2.4)	6.5 (2.7)	7.8 (3.1)	8.3 (3.8)	

Static human physical characteristics – head (continued)

**17 Shoulder length.** The surface distance along the top of the shoulder from the junction of the neck and shoulder to the point of the shoulder (acromion).



Sample		Percentiles				
		1st	5th	50th	95th	99th
A Men	cm (in)	12.4 (4.9)	13.3 (5.3)	15.0 (5.9)	16.9 (6.7)	17.7 (7.0)
B Women	cm (in)	12.0 (4.7)	12.7 (5.0)	14.5 (5.7)	16.2 (6.4)	17.1 (6.7)

**18 Mid-shoulder height, sitting.** The vertical distance from the sitting surface of the shoulder halfway between the neck and the point of the shoulder, measured with the subject sitting.

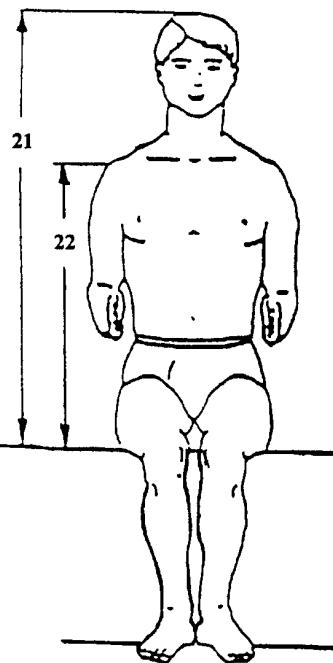
Sample		Percentiles				
		1st	5th	50th	95th	99th
A Men	cm (in)	56.3 (22.2)	58.3 (23.0)	63.0 (24.9)	67.7 (26.7)	69.4 (27.3)
B Women	cm (in)	52.3 (20.6)	53.9 (21.2)	58.4 (23.0)	63.1 (24.8)	64.7 (25.5)

**19 Trunk (suprasternale) height, sitting.** The vertical distance from the sitting surface to the lowest point of the notch in the upper edge of the breast bone (suprasternale), measured with the subject sitting.

Sample		Percentiles				
		1st	5th	50th	95th	99th
A Men	cm (in)	53.1 (20.9)	55.2 (21.7)	59.6 (23.5)	64.2 (25.3)	65.9 (25.9)
B Women	cm (in)	49.8 (19.6)	51.1 (20.1)	55.3 (21.8)	59.6 (23.5)	61.2 (24.1)

**20 Waist height, sitting.** The vertical distance from the sitting surface to the level of the waist (natural indentation), measured with the subject sitting.

Sample		Percentiles				
		1st	5th	50th	95th	99th
A Men	cm (in)	24.8 (9.8)	26.0 (10.2)	28.7 (11.3)	31.5 (12.4)	32.9 (13.0)
B Women	cm (in)	22.8 (9.0)	24.4 (9.6)	28.0 (11.0)	31.5 (12.4)	32.7 (12.9)

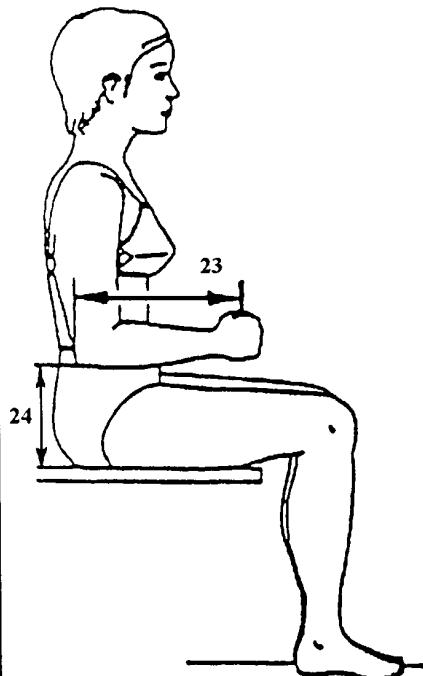


**21 Sitting height.** The vertical distance from the sitting surface to the top of the head, measured with the subject sitting.

	Sample	cm (in)	Percentiles				
			1st	5th	50th	95th	99th
A Men	Men	cm (in)	82.8 (32.6)	85.5 (33.7)	91.4 (36.0)	97.2 (38.3)	99.1 (39.0)
B Women	Women	cm (in)	77.5 (30.5)	79.5 (31.3)	85.1 (33.5)	91.0 (35.8)	93.3 (36.7)

**22 Shoulder (acromiale) height, sitting.** The vertical distance from the sitting surface to the point of the shoulder (acromion), measured with the subject sitting.

	Sample	cm (in)	Percentiles				
			1st	5th	50th	95th	99th
A Men	Men	cm (in)	129.9 (51.1)	134.2 (52.8)	144.2 (56.8)	154.6 (60.1)	158.4 (62.4)
B Women	Women	cm (in)	120.4 (47.4)	123.9 (48.8)	133.3 (52.5)	143.7 (56.6)	147.5 (58.1)



**23 Elbow-grip length.** The horizontal distance from the back of the elbow to the center of the clenched fist.

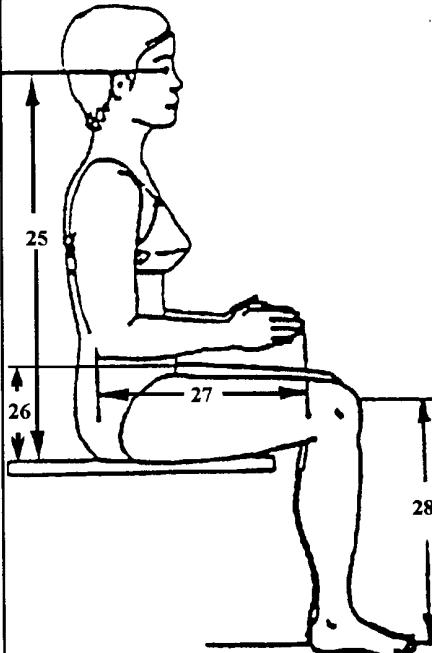
	Sample	cm (in)	Percentiles				
			1st	5th	50th	95th	99th
A Men	Men	cm (in)	32.3 (12.7)	33.2 (13.1)	35.9 (14.1)	39.1 (15.4)	40.3 (15.9)
B Women	Women	cm (in)	28.9 (11.4)	30.0 (11.8)	32.8 (12.9)	35.8 (14.1)	37.2 (14.7)

**24 Elbow rest height.** The vertical distance from the sitting surface to the bottom of the tip of the elbow, measured with the subject sitting and the forearm held horizontally.

	Sample	cm (in)	Percentiles				
			1st	5th	50th	95th	99th
A Men	Men	cm (in)	16.8 (6.6)	18.4 (7.2)	23.2 (9.1)	27.4 (10.8)	29.2 (11.5)
B Women	Women	cm (in)	15.8 (6.2)	17.6 (6.9)	22.1 (8.7)	26.4 (10.4)	28.2 (11.1)

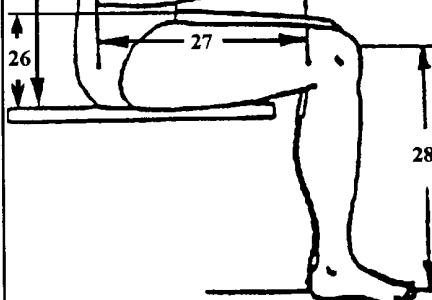
## Static human physical characteristics – seated (continued)

**25 Eye height, sitting.** The vertical distance from the sitting surface to the outer corner of the eye (ectocanthus), measured with the subject sitting.



	Sample	cm (in)	Percentiles				
			1st	5th	50th	95th	99th
A	Men	71.2 (28.0)	73.5 (28.9)	79.2 (31.2)	84.8 (33.4)	86.9 (34.2)	
B	Women	66.4 (26.1)	68.5 (30.0)	73.8 (29.1)	79.4 (31.2)	81.6 (32.1)	

**26 Thigh clearance.** The vertical distance from the sitting surface to the highest point of the thigh, measured with the subject sitting.



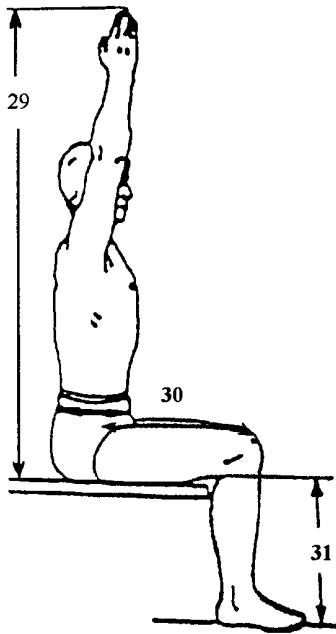
	Sample	cm (in)	Percentiles				
			1st	5th	50th	95th	99th
A	Men	14.1 (5.6)	14.9 (5.9)	16.8 (6.6)	19.0 (7.5)	20.1 (7.9)	
B	Women	13.4 (5.3)	14.0 (5.5)	1.8 (6.2)	18.0 (7.1)	19.0 (7.5)	

**27 Elbow-fingertip length.** The horizontal distance from the back of the elbow to the tip of the middle finger, with the hand extended.

	Sample	cm (in)	Percentiles				
			1st	5th	50th	95th	99th
A	Men	43.4 (17.1)	44.8 (17.6)	48.3 (19.2)	52.4 (20.6)	54.2 (21.3)	
B	Women	39.1 (15.4)	40.6 (16.0)	44.2 (17.4)	48.3 (19.0)	49.8 (19.6)	

**28 Knee height, sitting.** The vertical distance from the footrest surface to the top of the knee, measured with the subject sitting.

	Sample	cm (in)	Percentiles				
			1st	5th	50th	95th	99th
A	Men	49.7 (19.6)	51.4 (20.2)	55.8 (22.0)	60.6 (23.9)	62.3 (24.5)	
B	Women	45.4 (17.9)	47.4 (18.7)	49.8 (20.2)	56.0 (22.0)	57.8 (22.8)	

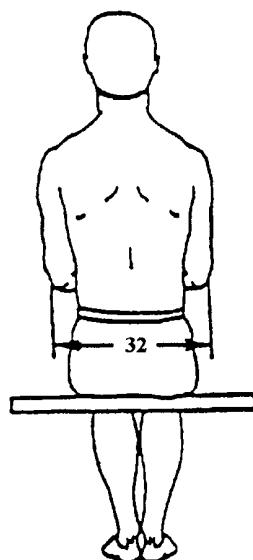


- 29 Vertical reach, sitting.** The vertical distance from the sitting surface to the tip of the middle finger, measured with the subject sitting and the arm, hand, and fingers extended vertically.

			Percentiles				
	Sample	1st	5th	50th	95th	99th	
A	Men	cm (in)	129.3 (50.1)	133.8 (52.7)	143.3 (56.4)	153.2 (60.3)	156.7 (61.7)
B	Women	cm (in)	119.7 (47.1)	123.3 (48.5)	132.7 (52.2)	141.8 (55.8)	145.4 (57.2)

- 30 Abdominal depth, sitting.** The depth of the abdomen, with the subject sitting.

			Percentiles				
	Sample	1st	5th	50th	95th	99th	
A	Men	cm (in)	18.6 (7.3)	19.9 (7.8)	23.6 (9.3)	29.1 (11.5)	31.4 (12.4)
B	Women	cm (in)	17.3 (6.1)	18.5 (7.3)	21.9 (8.6)	27.1 (10.7)	29.5 (11.6)



- 31 Popliteal height, sitting.** The vertical distance from the footrest surface to the underside of the lower leg, measured with the subject sitting.

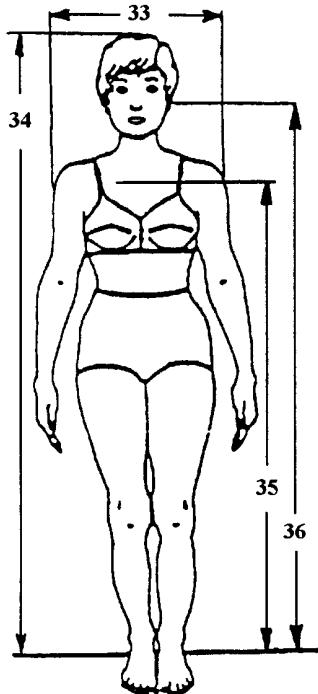
			Percentiles				
	Sample	1st	5th	50th	95th	99th	
A	Men	cm (in)	37.8 (14.9)	39.5 (15.6)	43.3 (17.1)	47.6 (18.7)	49.5 (19.5)
B	Women	cm (in)	33.7 (13.3)	35.1 (13.8)	38.9 (15.3)	42.9 (16.9)	44.6 (17.6)

- 32 Forearm-forearm breadth, sitting.** The horizontal distance across the body between the outer surfaces of the forearms, measured with the forearms flexed and held against the body.

			Percentiles				
	Sample	1st	5th	50th	95th	99th	
A	Men	cm (in)	45.1 (17.8)	47.79 (18.8)	54.5 (21.5)	62.1 (24.5)	65.3 (25.7)
B	Women	cm (in)	39.4 (15.5)	41.5 (16.3)	46.7 (18.4)	52.8 (20.8)	56.0 (22.1)

## Static human physical characteristics – seated (continued)

**33 Shoulder (bideltoïd) breadth.** The horizontal distance across the upper arms between the maximum bulges of the deltoid muscles; the arms are hanging and relaxed.



Sample		Percentiles				
		1st	5th	50th	95th	99th
A Men	cm (in)	43.4 (17.1)	45.0 (17.7)	49.1 (19.3)	53.5 (21.1)	55.2 (21.7)
B Women	cm (in)	38.0 (15.0)	39.7 (15.6)	43.1 (17.0)	47.2 (18.6)	49.2 (19.4)

**34 Stature.** The vertical distance from the floor to the top of the head.

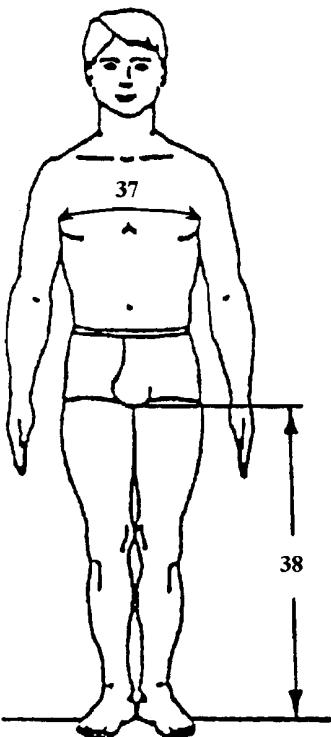
Sample		Percentiles				
		1st	5th	50th	95th	99th
A Men	cm (in)	160.3 (63.1)	164.7 (64.8)	175.5 (69.1)	186.7 (73.5)	190.9 (75.2)
B Women	cm (in)	148.3 (58.4)	152.8 (60.2)	162.7 (64.1)	173.7 (68.4)	178.0 (70.1)

**35 Suprasternale height.** The vertical distance from the floor to the lowest point of the notch in the upper edge of the breast bone (suprasternale).

Sample		Percentiles				
		1st	5th	50th	95th	99th
A Men	cm (in)	130.2 (51.3)	134.3 (52.9)	143.7 (56.6)	153.7 (60.5)	157.5 (62.0)
B Women	cm (in)	120.7 (47.5)	124.1 (48.9)	132.9 (52.3)	142.5 (56.1)	146.4 (57.6)

**36 Tragion height, standing.** The vertical distance from the floor to the tragion, the cartilaginous notch at the front of the ear.

Sample		Percentiles				
		1st	5th	50th	95th	99th
A Men	cm (in)	147.4 (58.0)	151.9 (59.8)	162.4 (63.9)	173.4 (68.3)	177.5 (69.9)
B Women	cm (in)	136.3 (53.7)	140.7 (55.4)	150.4 (59.2)	161.2 (63.5)	165.4 (65.1)



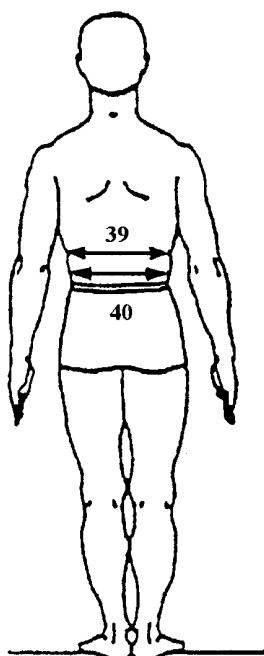
**37 Chest (bust) circumference.** The circumference of the torso measured at the level of the nipples.

	Sample	cm (in)	Percentiles				
			1st	5th	50th	95th	99th
A	Men	84.5 (33.3)	88.6 (34.9)	98.7 (38.9)	111.3 (43.8)	116.8 (50.0)	
B	Women	78.1 (30.8)	81.4 (32.1)	90.1 (35.5)	102.2 (40.2)	107.7 (42.4)	

**38 Crotch height.** The vertical distance from the floor to the midpoint of the crotch.

	Sample	cm (in)	Percentiles				
			1st	5th	50th	95th	99th
A	Men	73.2 (28.8)	76.4 (30.1)	83.5 (32.9)	91.6 (36.1)	94.6 (37.2)	
B	Women	67.0 (26.4)	70.0 (27.6)	77.0 (30.3)	84.6 (33.3)	88.1 (34.7)	

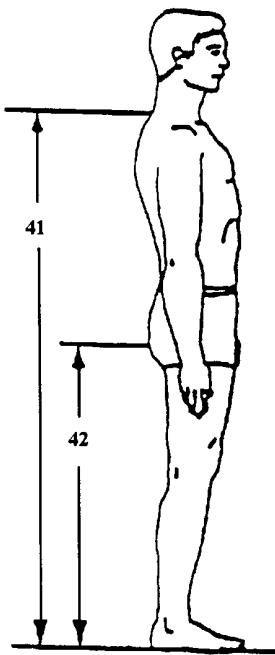
**39 Waist circumference (natural indentation).** The horizontal circumference of the torso at the level of the natural indentation of the waist.



**40 Waist circumference (omphalion).** The horizontal circumference of the torso at the level of the navel (omphalion).

	Sample	cm (in)	Percentiles				
			1st	5th	50th	95th	99th
A	Men	70.0 (27.6)	73.3 (28.9)	85.6 (33.7)	101.6 (40.0)	107.7 (42.4)	
B	Women	64.4 (25.4)	67.6 (26.6)	78.1 (30.8)	94.6 (37.2)	102.6 (40.4)	

Static human physical characteristics – standing (continued)

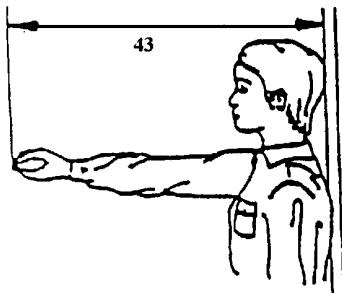


**41 Cervicale height.** The vertical distance from the floor to the cervicale, the tip of the spine of the seventh cervical vertebra at the base of the neck.

Sample		Percentiles				
		1st	5th	50th	95th	99th
A Men	cm (in)	137.4 (54.1)	141.8 (55.8)	151.8 (59.8)	162.4 (63.9)	166.1 (65.4)
B Women	cm (in)	127.3 (50.1)	131.4 (51.7)	140.6 (55.4)	150.8 (59.4)	154.8 (60.9)

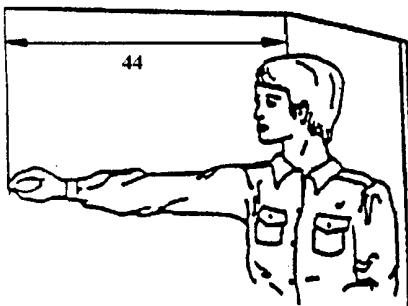
**42 Buttock height.** The vertical distance from the floor to the maximum posterior protrusion of the buttock.

Sample		Percentiles				
		1st	5th	50th	95th	99th
A Men	cm (in)	78.4 (30.9)	81.5 (32.1)	88.5 (34.8)	96.9 (38.1)	100.5 (39.6)
B Women	cm (in)	73.9 (29.1)	76.7 (30.2)	83.7 (33.0)	91.5 (36.0)	94.9 (37.4)



**43 Functional (thumb-tip) reach.** The horizontal distance from the wall to the tip of the thumb, measured with the subject's shoulders against the wall, the arm extended forward, and the index finger touching the tip of the thumb.

Sample		Percentiles				
		1st	5th	50th	95th	99th
A Men	cm (in)	72.0 (28.4)	73.9 (29.1)	80.0 (31.5)	86.7 (34.1)	89.7 (35.3)
B Women	cm (in)	65.8 (25.9)	67.7 (26.7)	73.4 (28.9)	79.7 (31.4)	82.4 (32.4)



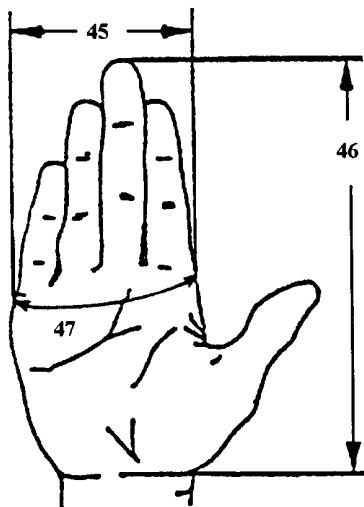
**44 Functional (thumb-tip) reach, extended.** Measured similarly to functional (thumb-tip) reach, except that the right shoulder is extended forward as far as possible, while the left shoulder is kept pressed firmly against the wall.

Sample		Percentiles				
		1st	5th	50th	95th	99th
A Men	cm (in)	77.9 (30.7)	80.5 (31.7)	87.3 (34.4)	94.2 (37.1)	97.7 (38.5)
B Women	cm (in)	71.2 (28.0)	73.5 (28.9)	79.6 (31.3)	86.2 (33.9)	89.0 (35.0)

## Static human physical characteristics – standing (continued)

**45 Hand breadth.** The breadth of the hand, measured across the ends of the metacarpal bones (metacarpal-phalangeal joints).

Sample		cm (in)	Percentiles				
			1st	5th	50th	95th	99th
A Men		cm (in)	8.1 (3.2)	8.4 (3.3)	9.0 (3.5)	9.8 (3.9)	10.0 (3.9)
B Women		cm (in)	7.1 (2.8)	7.3 (2.9)	7.9 (3.1)	8.6 (3.4)	8.9 (3.5)



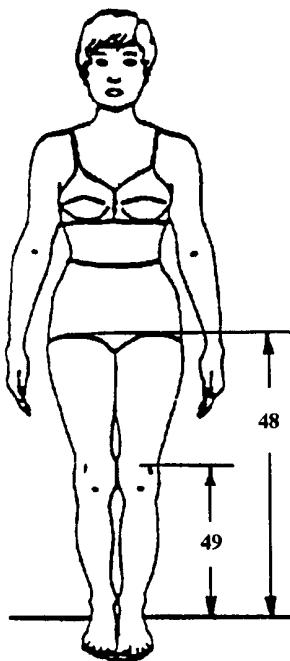
**46 Hand length.** The distance from the base of the hand at the wrist crease to the tip of the middle finger.

Sample		cm (in)	Percentiles				
			1st	5th	50th	95th	99th
A Men		cm (in)	17.3 (6.8)	17.9 (7.1)	19.3 (7.6)	21.1 (8.3)	21.9 (8.6)
B Women		cm (in)	15.9 (6.3)	16.5 (6.5)	18.0 (7.1)	19.7 (7.8)	20.5 (8.1)

**47 Hand circumference.** The circumference of the hand, measured around the knuckles (metacarpal-phalangeal joints).

Sample		cm (in)	Percentiles				
			1st	5th	50th	95th	99th
A Men		cm (in)	19.2 (7.6)	19.9 (7.8)	21.3 (8.4)	23.0 (9.1)	23.7 (9.3)
B Women		cm (in)	16.7 (6.6)	17.3 (6.8)	18.6 (7.3)	20.0 (7.9)	20.7 (8.2)

## Static human physical characteristics – hands



**48 Hip (trochanteric) height.** The vertical distance from the floor to the level of the maximum posterior protrusion of the greater trochanter of the femur (trochanterion).

	Sample		1st	5th	Percentiles 50th	95th	99th
A	Men	cm (in)	82.1 (32.3)	85.3 (33.6)	92.7 (36.5)	100.9 (39.7)	104.0 (40.9)
B	Women	cm (in)	76.1 (30.0)	78.9 (31.1)	86.0 (33.9)	93.8 (36.9)	97.5 (38.4)

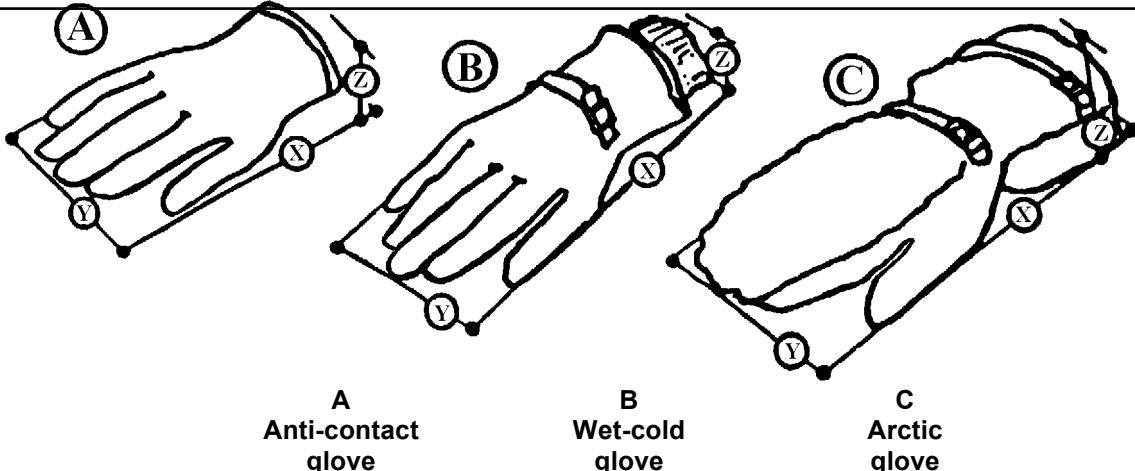
**49 Knee height, midpatella.** The vertical distance from the footrest surface to the top of the knee, measured with the subject sitting.

	Sample		1st	5th	Percentiles 50th	95th	99th
A	Men	cm (in)	44.3 (17.4)	46.1 (18.2)	50.4 (19.8)	55.2 (21.7)	56.8 (22.4)
B	Women	cm (in)	39.9 (15.7)	41.7 (16.4)	45.8 (18.0)	50.3 (19.8)	52.3 (20.6)

## Static human physical characteristics – standing position

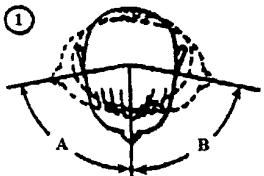
	<b>Light clothing</b>	<b>Medium clothing</b>	<b>Heavy clothing</b>
Abdomen depth	2.39 cm (0.94 in)	3.00 cm (1.18 in)	6.45 cm (2.54 in)
Buttock-knee length	0.51 cm (0.20 in)	0.76 cm (0.30 in)	1.78 cm (0.70 in)
Chest depth	1.04 cm (0.41 in)	2.44 cm (0.96 in)	3.91 cm (1.54 in)
Elbow breadth	1.42 cm (0.56 in)	2.64 cm (1.04 in)	5.38 cm (2.12 in)
Hip breadth	1.42 cm (0.56 in)	1.93 cm (0.76 in)	3.56 cm (1.40 in)
Hip breadth, sitting	1.42 cm (0.56 in)	1.93 cm (0.76 in)	3.56 cm (1.40 in)
Knee breadth (both)	1.22 cm (0.48 in)	1.22 cm (0.48 in)	4.27 cm (1.68 in)
Knee height, sitting	3.35 cm (1.32 in)	3.35 cm (1.32 in)	3.66 cm (1.44 in)
Shoulder breadth	0.61 cm (0.24 in)	2.24 cm (0.88 in)	2.95 cm (1.16 in)
Shoulder-elbow length	0.36 cm (0.14 in)	1.27 cm (0.50 in)	1.57 cm (0.62 in)
Shoulder height, sitting	0.41 cm (0.16 in)	1.47 cm (0.58 in)	2.03 cm (0.80 in)

## Additive effects of clothing on anthropometric measures



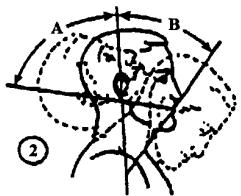
Hand position	A Anti-contact glove			B Wet-cold glove			C Arctic glove		
	X	Y	Z	X	Y	Z	X	Y	Z
Extended flat (in)	26.7 (10.5)	11.9 (4.7)	6.4 (2.5)	27.2 (10.7)	14.5 (5.7)	7.6 (3.0)	42.2 (16.6)	13.7 (5.4)	9.1 (3.6)
Closed as fist (in)	17.8 (7.0)	12.7 (5.0)	8.4 (3.3)	18.5 (7.3)	14.7 (5.8)	9.4 (3.7)	36.3 (14.3)	13.2 (5.2)	13.7 (5.4)
Grasping handle 0.6 cm (0.24 in) diameter	17.8 (7.0)	12.7 (5.0)	8.9 (3.5)	18.5 (7.3)	14.0 (5.5)	8.9 (3.5)	35.6 (14.0)	14.0 (5.5)	11.4 (4.5)
2.5 cm (1.0 in) diameter	17.8 (7.0)	12.7 (5.0)	8.9 (3.5)	18.5 (7.3)	13.5 (5.3)	10.2 (4.0)	35.6 (14.0)	13.2 (5.2)	11.4 (4.5)
5.0 cm (2.0 in) diameter	19.0 (7.5)	11.4 (4.5)	10.7 (4.2)	20.3 (8.0)	11.9 (4.7)	10.2 (4.0)	38.1 (15.0)	13.7 (5.4)	12.7 (5.0)
Grasping knob 0.6 cm (0.24 in) diameter	20.3 (8.0)	9.7 (3.8)	10.9 (4.3)	22.9 (9.0)	11.7 (4.6)	10.2 (4.0)	39.4 (15.5)	12.2 (4.8)	11.4 (4.5)
2.5 cm (1.0 in) diameter	22.8 (9.0)	8.9 (3.5)	10.2 (4.0)	22.9 (9.0)	11.4 (4.5)	10.2 (4.0)	40.1 (15.8)	12.2 (4.8)	12.2 (4.8)
5.0 cm (2.0 in) diameter	24.1 (9.5)	9.4 (3.7)	9.4 (3.7)	23.4 (9.2)	11.4 (4.5)	10.7 (4.1)	40.5 (15.9)	11.9 (4.7)	12.2 (4.8)

Additive effects of clothing on anthropometric measures (continued)



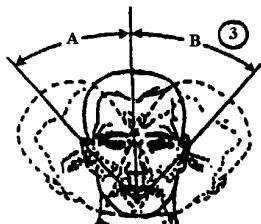
Neck Rotation,  
Right (A), Left (B)

Joint movement	Range of motion (degrees)			
	Males		Females	
	5th percentile	95th percentile	5th percentile	95th percentile
Neck, rotation right	73.3	99.6	74.9	108.8
Neck, rotation left	74.3	99.1	72.2	109.0



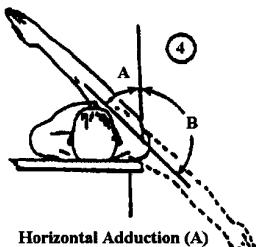
Neck Extension (A)  
Flexion (B)

Joint movement	Range of motion (degrees)			
	Males		Females	
	5th percentile	95th percentile	5th percentile	95th percentile
Neck, flexion	34.5	71.0	46.0	84.4
Neck, extension	65.4	103.0	64.9	103.0



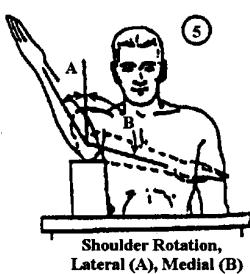
Neck Lateral Bend  
Right (A), Left (B)

Joint movement	Range of motion (degrees)			
	Males		Females	
	5th percentile	95th percentile	5th percentile	95th percentile
Neck, lateral right	34.9	63.5	37.0	63.2
Neck, lateral left	35.5	63.5	29.1	77.2



Horizontal Adduction (A)  
Horizontal Abduction (B)

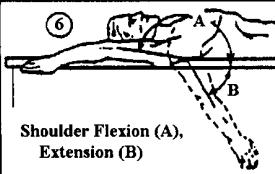
Joint movement	Range of motion (degrees)			
	Males		Females	
	5th percentile	95th percentile	5th percentile	95th percentile
Shoulder, abduction	173.2	188.7	172.6	192.9



Shoulder Rotation,  
Lateral (A), Medial (B)

Joint movement	Range of motion (degrees)			
	Males		Females	
	5th percentile	95th percentile	5th percentile	95th percentile
Shoulder, rotation lat	46.3	96.7	53.8	85.8
Shoulder, rotation med	90.5	126.6	95.8	130.9

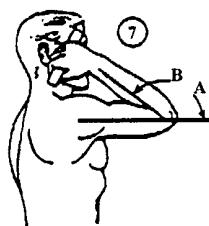
## Joint movement ranges



Shoulder Flexion (A),  
Extension (B)

**Range of motion (degrees)**

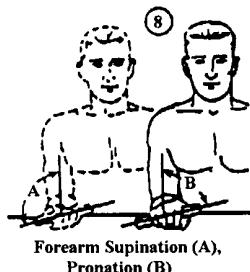
<u>Joint movement</u>	Males		Females	
	5th percentile	95th percentile	5th percentile	95th percentile
Shoulder, flexion	164.4	210.9	152.0	217.0
Shoulder, extension	39.6	83.3	33.7	87.9



Elbow Flexion (B),  
Extension (A)

**Range of motion (degrees)**

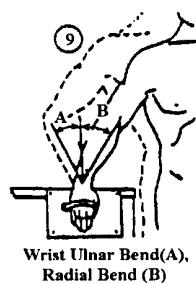
<u>Joint movement</u>	Males		Females	
	5th percentile	95th percentile	5th percentile	95th percentile
Elbow, flexion	140.5	159.0	144.9	165.9



Forearm Supination (A),  
Pronation (B)

**Range of motion (degrees)**

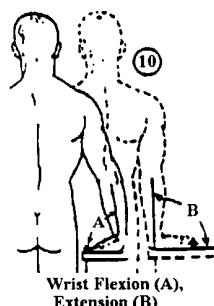
<u>Joint movement</u>	Males		Females	
	5th percentile	95th percentile	5th percentile	95th percentile
Forearm, pronation	78.2	116.1	82.3	118.9
Forearm, supination	83.4	125.8	90.4	139.5



Wrist Ulnar Bend(A),  
Radial Bend (B)

**Range of motion (degrees)**

<u>Joint movement</u>	Males		Females	
	5th percentile	95th percentile	5th percentile	95th percentile
Wrist, radial	16.9	36.7	16.1	36.1
Wrist, ulnar	18.6	47.9	21.5	43.0

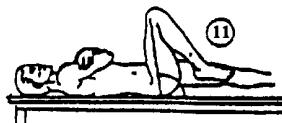


Wrist Flexion (A),  
Extension (B)

**Range of motion (degrees)**

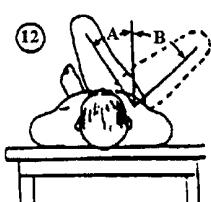
<u>Joint movement</u>	Males		Females	
	5th percentile	95th percentile	5th percentile	95th percentile
Wrist, flexion	61.5	94.8	68.3	98.1
Wrist, extension	40.1	78.0	42.3	74.7

**Joint movement ranges (continued)**



Hip Flexion

<u>Joint movement</u>	Range of motion (degrees)			
	Males		Females	
	5th percentile	95th percentile	5th percentile	95th percentile
Hip, flexion	116.5	148.0	118.5	145.0



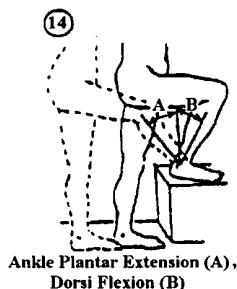
Hip Adduction (A),  
Abduction (B)

<u>Joint movement</u>	Range of motion (degrees)			
	Males		Females	
	5th percentile	95th percentile	5th percentile	95th percentile
Hip, abduction	26.8	53.5	27.2	55.9



Knee Flexion, Prone

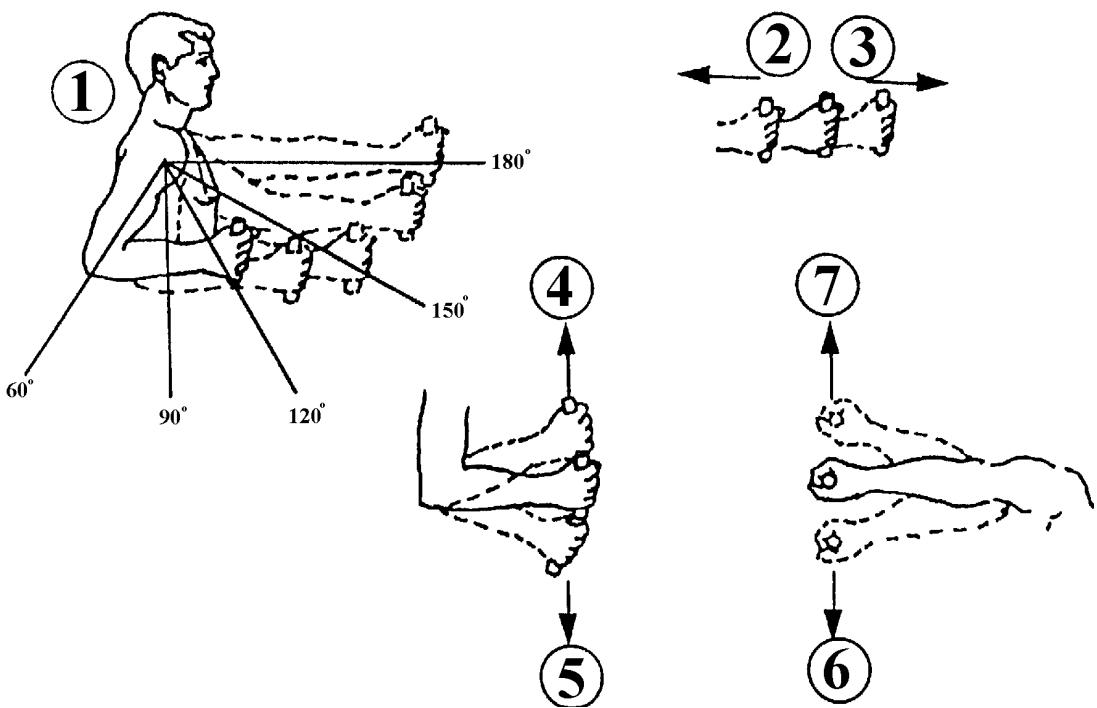
<u>Joint movement</u>	Range of motion (degrees)			
	Males		Females	
	5th percentile	95th percentile	5th percentile	95th percentile
Knee, flexion	118.4	145.6	125.2	145.2



Ankle Plantar Extension (A),  
Dorsi Flexion (B)

<u>Joint movement</u>	Range of motion (degrees)			
	Males		Females	
	5th percentile	95th percentile	5th percentile	95th percentile
Ankle, planar	36.1	79.6	44.2	91.1
Ankle, dorsi	8.1	19.9	6.9	17.4

Joint movement ranges (continued)



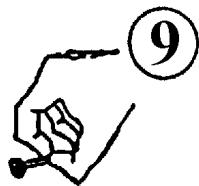
**Arm strength N (lb) Design criteria levels**

1	2	3	4	5	6	7						
Degree elbow flexion	Pull L R	Push L R	Up L R	Down L R	In L R	Out L R						
180°	177.6 (40)	184.8 (41.6)	149.6 (33.6)	177.6 (40)	32 (7.2)	49.6 (11.2)	46.6 (10.4)	60.8 (13.6)	46.6 (10.4)	71.2 (16)	28.8 (6.4)	49.6 (11.2)
150°	149.6 (33.6)	199.2 (44.8)	106.4 (24)	149.6 (33.6)	53.6 (12)	64 (14.4)	64 (14.4)	71.2 (16)	53.6 (12)	71.2 (16)	28.8 (6.4)	53.6 (12)
120°	120.8 (27.2)	149.6 (33.6)	92.8 (20.8)	128 (28.8)	60.8 (13.6)	85.6 (19.2)	74.4 (16.8)	92.8 (20.8)	71.2 (16)	78.4 (17.6)	36 (8)	53.6 (12)
90°	113.6 25.6 (25.6)	132 (29.6)	78.4 (17.6)	128 (28.8)	60.8 (13.6)	71.2 (16)	74.4 (16.8)	92.8 (20.8)	56.8 (12.8)	64 (14.4)	36 (8.)	56.8 (12.8)
60°	92.8 (20.8)	85.6 (19.2)	78.4 (17.6)	120.8 (27.2)	53.6 (12)	71.2 (16)	64 (14.4)	71.2 (16)	60.8 (13.6)	71.2 (16)	42.4 (9.6)	60.8 (13.6)

**Note.** L = Left  
R = Right

Muscle strength of the arm, hand, and thumb (5<sup>th</sup> percentile male)





**Hand and thumb-finger strength N (lb)**

8                    9                    10

**Hand grip    Thumb-finger    Thumb-finger**  
**L              R              grip (palmer)    grip (tips)**

Momentary hold	200 (44.8)	208 (47.2)	48 (10.4)	48 (10.4)
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Sustained hold	116 (26.4)	124 (28)	28 (6.4)	28 (6.4)
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**Note** L = Left  
R = Right

Muscle strength of the arm, hand, and thumb (5<sup>th</sup> percentile male)  
(continued)

- A. Standing two-handed pull: 38 cm (15.0) level.** Standing with feet 45 cm (17.7 in) apart and knees bent; bending at the waist, grasping both sides of a 45 cm (17.7 in) handle located directly in front, 38 cm (15.0 in) above standing surface, and pulling, using primarily arms, shoulders, and legs



Strength measurements	5th percentile		95th percentile	
	Male	Female	Male	Female
Mean force (N)	737.5	330.9	1354.5	817.6
Mean force (lbf)	(165.80)	(74.39)	(304.50)	(183.80)
Peak force (N)	844.7	396.9	1437.2	888.3
Peak force (lbf)	(189.90)	(89.23)	(323.10)	(199.70)

- B. Standing two-handed pull: 50 cm (19.7 in) level.** Standing with feet 45 cm (17.7 in) apart and knees straight; bending at the waist, grasping both sides of a 45 cm (17.7 in) handle located directly in front, 50 cm (19.7 in) above standing surface, and pulling, using primarily arms and shoulders



Strength measurements	5th percentile		95th percentile	
	Male	Female	Male	Female
Mean force (N)	758.0	326.1	1341.6	840.7
Mean force (lbf)	(170.41)	(73.31)	(301.60)	(189.00)
Peak force (N)	830.9	374.1	1441.7	905.2
Peak force (lbf)	(186.79)	(84.10)	(324.11)	(203.50)

- C. Standing two-handed pull: 100 cm (39.4 in) level.** Standing erect with feet 45 cm (17.7 in) apart, grasping both sides of a 45 cm (17.7 in) handle located directly in front, 100 cm (39.4 in) above the standing surface, and pulling, using the arms



Strength measurements	5th percentile		95th percentile	
	Male	Female	Male	Female
Mean force (N)	444.4	185.0	931.0	443.0
Mean force (lbf)	(99.91)	(41.59)	(209.30)	(99.59)
Peak force (N)	504.0	218.0	988.4	493.3
Peak force (lbf)	(113.30)	(49.01)	(222.20)	(110.90)

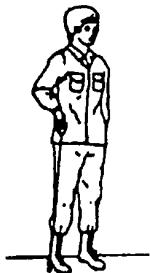
Static muscle strength data for vertical pull exertions

- D. **Standing two-handed push: 150 cm (59.1 in) level.** Standing erect with feet 45 cm (17.7 in) apart grasping from below, both sides of a 45 cm (17.7 in) handle located directly in front, 150 cm (59.1 in) above standing surface, pushing upward using arms and shoulders



<b>Strength measurements</b>	5th Percentile		95th Percentile	
	Male	Female	Male	Female
Mean force (N)	408.8	153.5	1016.9	379.9
Mean force (lbf)	(91.9)	(34.51)	(228.61)	(85.41)
Peak force (N)	472.8	187.7	1094.3	430.1
Peak force (lbf)	(106.29)	(42.20)	(246.02)	(96.69)

- E. **Standing one-handed pull: 100 cm (39.4 in) level.** Standing erect with feet 15 cm (5.9 in) apart dominant hand grasping underside of D-ring located directly to the side, 100 cm (39.4 in) above standing surface, pulling upward while keeping shoulder square and other arm relaxed at side



<b>Strength measurements</b>	5th Percentile		95th Percentile	
	Male	Female	Male	Female
Mean force (N)	214.8	102.8	627.6	283.8
Mean force (lbf)	(48.29)	(23.11)	(141.09)	(63.8)
Peak force (N)	258.9	131.7	724.2	322.5
Peak force (lbf)	(58.20)	(29.61)	(162.81)	(72.50)

- F. **Seated one-handed pull: seat centerline 45 cm (39.4 in) level.** Sitting erect with feet 55 cm (21.7 in) apart, dominant hand grasping underside of D-ring located directly to the front, 45 cm (17.7 in) above the floor, pulling upward while keeping shoulder square and other arm resting in lap



<b>Strength measurements</b>	5th Percentile		95th Percentile	
	Male	Female	Male	Female
Mean force (N)	222.3	106.3	678.4	391.9
Mean force (lbf)	(49.98)	(23.90)	(152.51)	(88.11)
Peak force (N)	273.1	127.2	758.4	450.6
Peak force (lbf)	(61.40)	(28.60)	(170.50)	(101.30)

Static muscle strength data for vertical pull exertions (continued)



- G. Seated one-handed pull: side of seat, 45 cm (17.7 in) level.** Sitting erect with feet 55 cm (21.7 in) apart, dominant hand grasping underside of D-ring located a short distance to side, 45 cm (17.7 in) above the floor, pulling upward while keeping shoulders square and other arm resting in lap

<b>Strength measurements</b>	<b>5th percentile</b>		<b>95th percentile</b>	
	<b>Male</b>	<b>Female</b>	<b>Male</b>	<b>Female</b>
Mean force (N)	408.8	153.5	1016.9	379.9
Mean force (lbf)	(91.90)	(34.51)	(228.61)	(85.41)
Peak force (N)	472.8	187.7	1094.3	430.1
Peak force (lbf)	(106.29)	(42.20)	(246.02)	(96.69)



- H. Seated two-handed pull: centerline of seat, 38 cm (14.96 in) level.** Sitting erect with feet 55 cm (21.7 in) apart, bending slightly at waist, grasping both sides of 15 cm (5.9 in) handle located directly to the front, 38 cm (15.0 in) above the floor, pulling upward using arms and shoulders, keeping arms off thighs

<b>Strength measurements</b>	<b>5th percentile</b>		<b>95th percentile</b>	
	<b>Male</b>	<b>Female</b>	<b>Male</b>	<b>Female</b>
Mean force (N)	214.8	102.8	627.6	283.8
Mean force (lbf)	(48.29)	(23.11)	(141.09)	(63.80)
Peak force (N)	258.9	131.7	724.2	322.5
Peak force (lbf)	(58.20)	(29.61)	(162.81)	(72.50)



- I. Seated two-handed pull: centerline of seat, 50 cm (19.7 in) level.** Sitting erect with feet 55 cm (21.7 in) apart, bending slightly at the waist, grasping both sides of 15 cm (5.9 in) handle located directly to the front, 50 cm (19.7 in) above the floor, pulling upward using arms and shoulders, keeping arms off thighs

<b>Strength measurements</b>	<b>5th percentile</b>		<b>95th percentile</b>	
	<b>Male</b>	<b>Female</b>	<b>Male</b>	<b>Female</b>
Mean force (N)	222.3	106.3	678.4	391.9
Mean force (lbf)	(49.98)	(23.90)	(152.51)	(88.11)
Peak force (N)	273.1	127.2	758.4	450.6
Peak force (lbf)	(61.40)	(28.60)	(170.50)	(101.30)

Static muscle strength data for vertical pull exertions (continued)

<u>Exertable horizontal force</u>	<u>Applied with</u>	<u>Condition</u> ( $\mu$ : coefficient of friction)
110 N (24.7 lbf) push or pull	both hands or one shoulder or the back	with low traction $0.2 < \mu < 0.3$
200 N (45.0 lbf) push or pull	both hands or one shoulder or the back	with medium traction $\mu \approx 0.6$
240 N (54.0 lbf) push	one hand	if braced against a vertical wall 510-1520 mm (20.08-59.84 in) from and parallel to the push panel
310 N (70.0 lbf) push or pull	both hands or one shoulder or the back	with high traction $\mu > 0.9$
490 N (110.2 lbf) push or pull	both hands or one shoulder or the back	if braced against a vertical wall 510-1780 mm (20.08-70.08 in) from and parallel to the panel or if anchoring the feet on a perfectly non-slip ground (like a footrest)
730 N (164.1 lbf) push	the back	if braced against a vertical wall 580-1090 mm (22.83-42.91 in) from and parallel to the push panel or if the anchoring the feet on a perfectly non-slip ground (like a footrest)

Horizontal push and pull forces that can be exerted

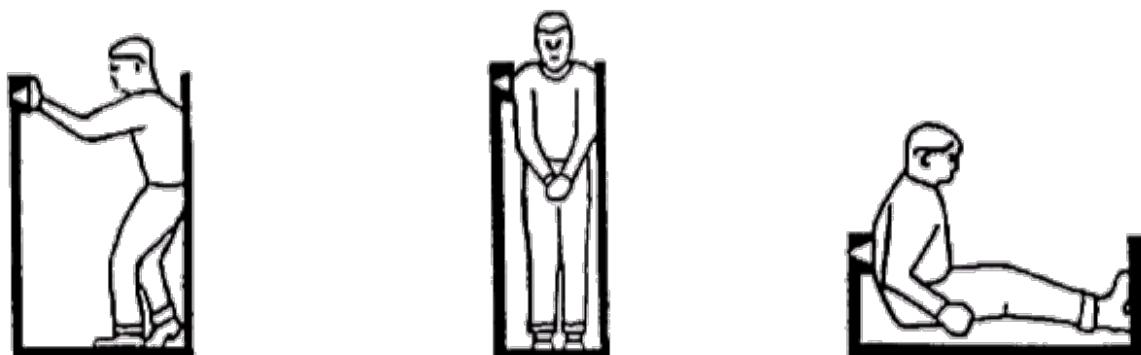
**LOW/MEDIUM/HIGH TRACTION**



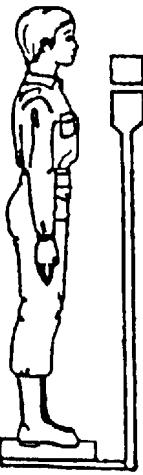
**USE OF FOOTREST**



**BRACED AGAINST VERTICAL WALL**

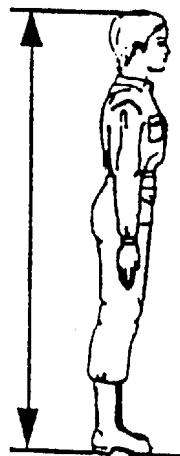


Examples of push force conditions



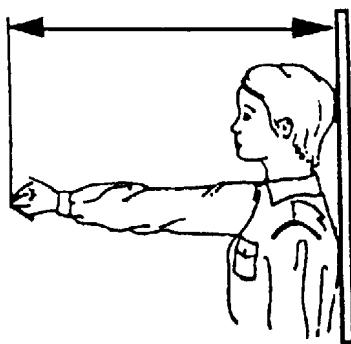
- A. Weight (clothed) wearing fatigues and combat boots; standing in center of scale.

	5th percentile		95th percentile	
	Male	Female	Male	Female
Weight (kg)	58.6	48.8	90.2	74.6
(lb)	129.1	107.6	198.8	164.5



- B. Stature (clothed) standing erect; heels together; weight distributed equally on both feet; measured from standing surface to top of head.

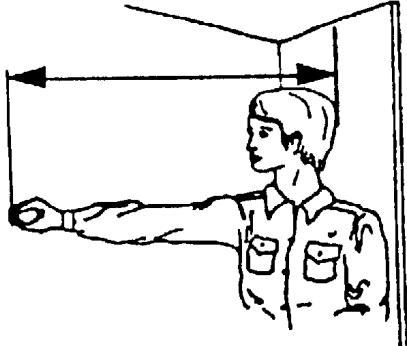
	5th percentile		95th percentile	
	Male	Female	Male	Female
Stature (cm)	168.5	156.8	189.0	178.7
(in)	66.4	61.8	74.4	70.3



- C. Functional reach- standing erect; looking straight ahead; both shoulders against wall; right arm horizontal measured from wall to tip of index finger.

	5th percentile		95th percentile	
	Male	Female	Male	Female
Functional (cm)	72.6	64.0	86.4	79.0
reach (in)	28.6	25.2	34.0	31.1

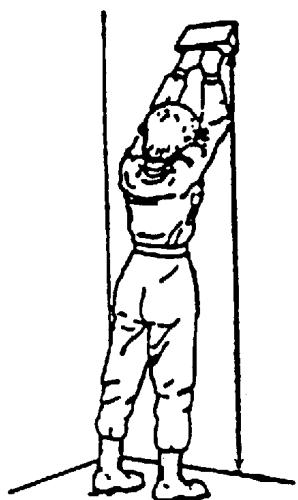
Anthropometric data for common working positions



- D. Functional reach, extended- standing erect; looking straight ahead; right shoulder extended as far forward as possible while back of left shoulder firmly against wall; arm horizontal measured from wall to tip of index finger.

**5th percentile      95th percentile**  
**Male      Female      Male      Female**

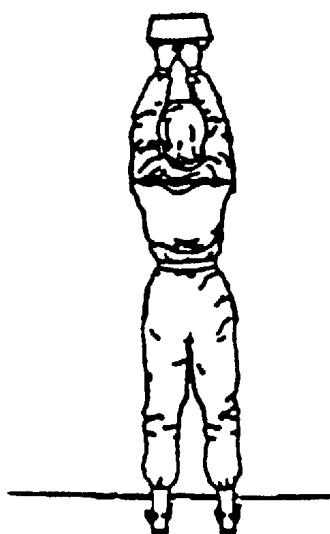
Functional reach(cm) extended	84.2 (in) 33.2	73.5 28.9	101.2	92.7
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- E. Overhead reach height- standing with heels 23 cm (9 in) apart and toes 15 cm (6 in) from wall; arms extended overhead with fists touching and against wall; 1st phalanges horizontal measured from floor to highest point on 1st phalanges.

**5th percentile      95th percentile**  
**Male      Female      Male      Female**

Overhead reach(cm) height	200.4 (in) 78.9	185.3 73.0	230.5 90.8	215.1 84.7
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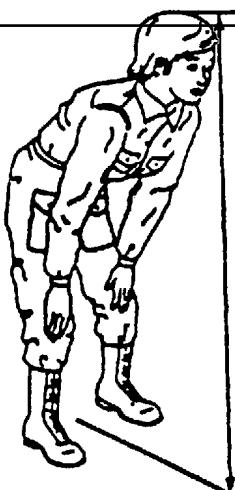
- F. Overhead reach breadth- standing with heels 23 cm (9 in) apart and toes 15 cm (6 in) from wall; arms extended overhead with fists touching and against wall; 1st phalanges horizontal measured horizontally across arms or shoulders, whichever is wider.

**5th percentile      95th percentile**  
**Male      Female      Male      Female**

Overhead reach (cm) breadth	35.2 (in) 13.9	31.5 12.4	41.9 16.5	37.9 14.9
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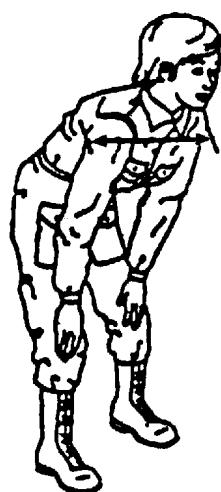
## Anthropometric data for common working positions (continued)

- G. Bent torso height- standing with feet 30 cm (12in) apart;**  
bending over and placing palms of the hands on kneecaps;  
elbows and knees locked; looking forward; head tilted as far  
back as possible; measured from floor to top of head.



	5th percentile		95th percentile	
	Male	Female	Male	Female
Bent torso height (cm) (in)	125.6 49.4	112.7 44.4	149.9 59.0	138.6 54.6

- H. Bent torso breadth- standing with feet 30 cm (12 in) apart;**  
bending over and placing the palms of the hands on  
kneecaps; elbows and knees locked; looking forward; head  
tilted as far back as possible; measured as maximum  
horizontal distance across shoulders.



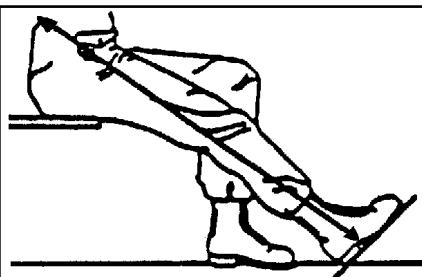
	5th percentile		95th percentile	
	Male	Female	Male	Female
Bent torso breadth (cm) (in)	40.9 16.1	36.8 14.5	48.3 19.0	43.5 17.1

- I. Overhead reach, sitting-** sitting erect; right side against wall;  
right arm extended upward with palm flat against wall and  
fingers extended; measured from sitting surface to tip of  
middle finger.



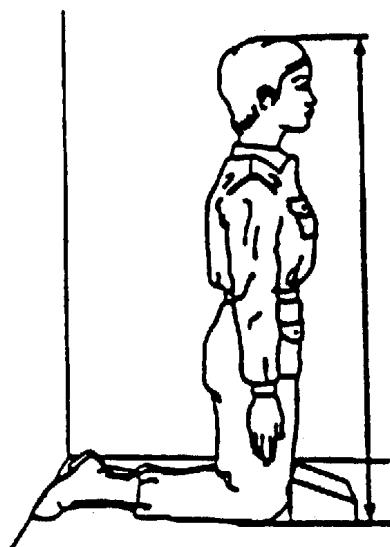
	5th percentile		95th percentile	
	Male	Female	Male	Female
Overhead reach sitting (cm) (in)	127.9 50.3	117.4 46.2	146.9 57.9	139.4 54.9

Anthropometric data for common working positions (continued)



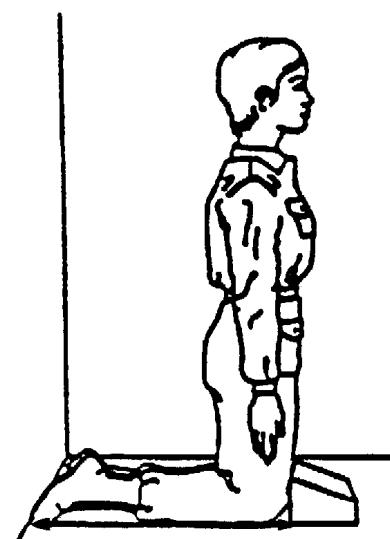
- J. Function leg length- sitting erect on edge of chair; right leg extended forward with knee straightened; measured from heel along axis of leg to posterior waist.

	5th percentile		95th percentile	
	Male	Female	Male	Female
Functional leg length (cm) (in)	110.6 43.5	90.6 35.7	127.7 50.3	118.6 46.7



- K. Kneeling height- kneeling with toes extended and lightly touching rear wall; torso erect with arms hanging loosely at sides; measured from floor to top of head.

	5th percentile		95th percentile	
	Male	Female	Male	Female
Kneeling height (cm) (in)	121.9 48.0	114.5 45.1	136.9 53.9	130.3 51.3

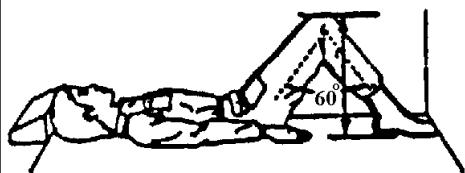


- L. Kneeling leg length- kneeling with toes extended and lightly touching rear wall; torso erect with arms hanging loosely at sides; measured from wall to anterior portion of both knees.

	5th percentile		95th percentile	
	Male	Female	Male	Female
Kneeling leg length (cm) (in)	63.9 25.2	59.2 23.3	75.5 29.7	70.5 27.8

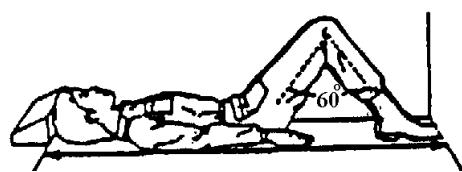
Anthropometric data for common working positions (continued)

- M.** Bent knee height, supine- lying supine; knees raised until the angle between upper and lower legs approximates 60°; toes lightly touching wall; measured from floor to highest point on knees.



	5th percentile		95th percentile	
	Male	Female	Male	Female
Bent knee height				
(cm)	44.7	41.3	53.5	49.6
(in)	17.6	16.3	21.1	19.5

- N.** Horizontal length, knees bent- lying supine; knees raised until the angle between upper and lower legs approximates 60°; toes lightly touching wall; measured from wall to top of head.



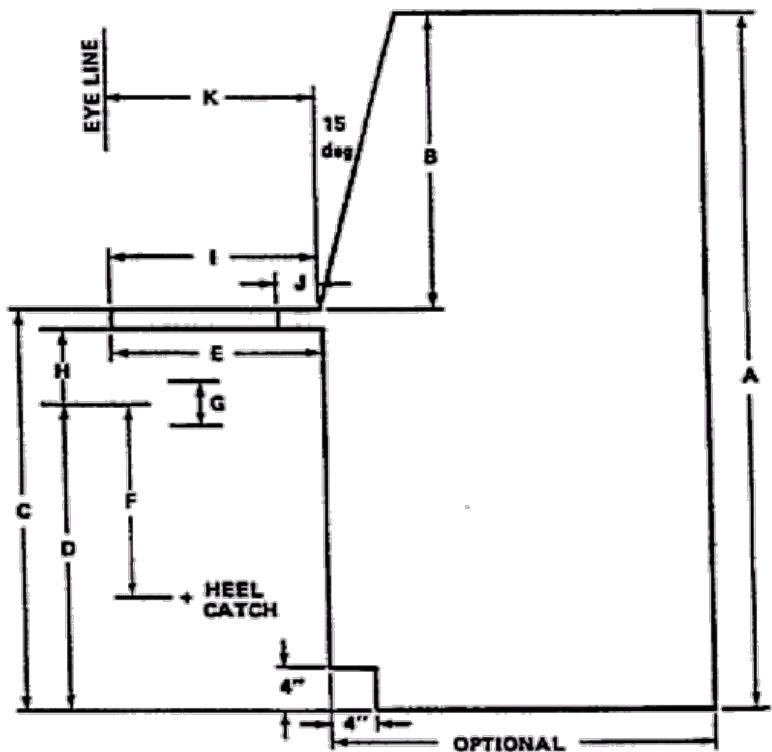
	5th percentile		95th percentile	
	Male	Female	Male	Female
Horizontal length				
knees bent (cm)	150.8	140.3	173.0	163.8
(in)	59.4	55.2	68.1	64.5

Anthropometric data for common working positions (continued)

	MAXIMUM TOTAL CONSOLE HEIGHT FROM STANDING SURFACE	SUGGESTED VERTICAL DIMENSION OF PANEL (INCLUDING SILLS)	WRITING SURFACE: SHELF HEIGHT FROM STANDING SURFACE	SEAT HEIGHT FROM STANDING SURFACE AT MIDPOINT OF G	MAXIMUM CONSOLE WIDTH (NOT SHOWN)
1. SIT (WITH VISION OVER TOP) <sup>1</sup>	A 1.170 m (46 in) 1.335 m (52.5 in) 1.435 m (56.5 in)	B 520 mm (20.55 in) 520 mm (20.55 in) 520 mm (20.55 in)	C 650 mm (25.5 in) 810 mm (32 in) 910 mm (36 in)	D 435 mm (17 in) 595 mm (23.5 in) 695 mm (27.5 in)	1.120 m (44 in) 1.120 m (44 in) 1.120 m (44 in)
2. SIT (WITHOUT VISION OVER TOP)	1.310 m (51.5 in) 1.470 m (58.0 in) 1.570 m (62.0 in)	660 mm (26 in) 660 mm (26 in) 660 mm (26 in)	650 mm (25.5 in) 810 mm (32 in) 910 mm (36 in)	435 mm (17 in) 595 mm (23.5 in) 695 mm (27.5 in)	910 mm (36 in) 910 mm (36 in) 910 mm (36 in)
3. SIT-STAND (WITH STANDING VISION OVER TOP)	1.535 m (60.5 in)	620 mm (24.5 in)	910 mm (36 in)	695 mm (27.5 in)	910 mm (36 in)
4. STAND (WITH VISION OVER TOP)	1.535 m (60.5 in)	620 mm (24.5 in)	910 mm (36 in)	NA	1.120 m (44 in)
5. STAND (WITHOUT VISION OVER TOP)	1.830 m (72 in)	910 mm (36 in)	910 mm (36 in)	NA	910 mm (36 in)

<sup>1</sup>THE RANGE IN "A" IS PROVIDED TO ALLOW LATITUDE IN THE VOLUME OF THE LOWER PART OF THE CONSOLE: NOTE RELATIONSHIP TO "C" AND "D".

## Standard console dimensions



<u>KEY</u>	<u>DIMENSIONS</u>	<u>mm</u>	<u>(in.)</u>
A	MAXIMUM TOTAL CONSOLE HEIGHT FROM STANDING SURFACE	SEE TABLE IV	SEE TABLE IV
B	SUGGESTED VERTICAL DIMENSION OF PANEL, INCL SILLS		
C	WRITING SURFACE: SHELF HEIGHT FROM STANDING SURFACE		
D	SEAT HEIGHT FROM STANDING SURFACE AT MIDPOINT OF "G"		
E*	MINIMUM KNEE CLEARANCE	(460)	18
F*	FOOT SUPPORT TO SITTING SURFACE**	(460)	18
G*	SEAT ADJUSTABILITY	(150)	6
H*	MINIMUM THIGH CLEARANCE AT MIDPOINT OF "G"	(190)	7.5
I	WRITING SURFACE DEPTH INCLUDING SHELF	(400)	16
J	MINIMUM SHELF DEPTH	(100)	4
K	EYE LINE-TO-CONSOLE FRONT DISTANCE	(400)	16

\*NOT APPLICABLE TO CONSOLE TYPES 4 AND 5 OF TABLE XIV.

\*\*SINCE THIS DIMENSION MUST NOT BE EXCEEDED, A HEEL CATCH MUST BE ADDED TO THE CHAIR IF "D" EXCEEDS 460 mm (18 in.).

NOTE: A SHELF THICKNESS OF 25 mm (1 in.) IS ASSUMED. FOR OTHER SHELF THICKNESS, SUITABLE ADJUSTMENTS SHOULD BE MADE.

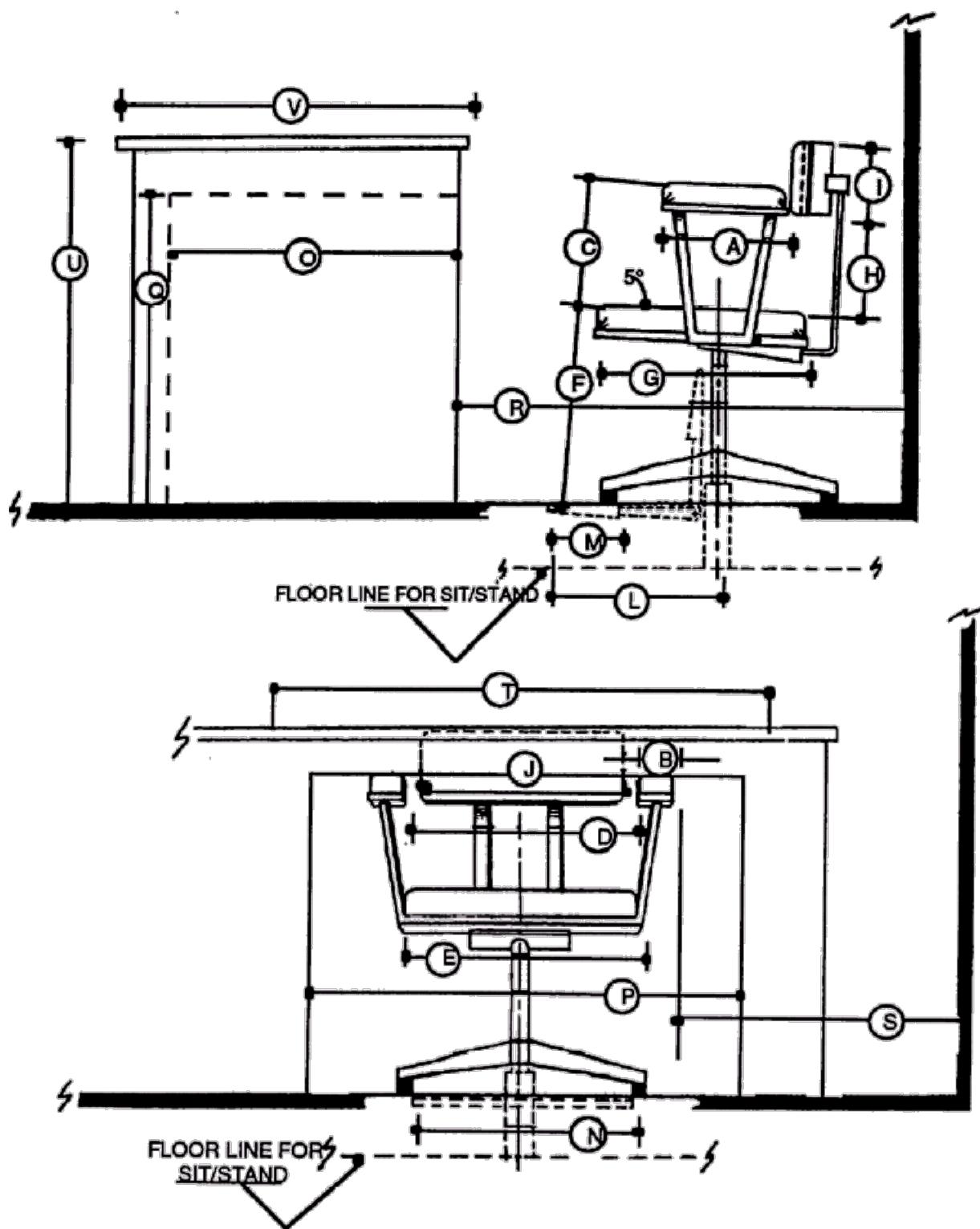
### Standard console dimensions key

		Fixed (mm)	Adjustment <sup>1</sup> (mm)
<u>Chair</u>			
Armrests:	A. Length B. Width C. Height D. Separation	255 50 215 460	
Seat:	E. Width F. Height G. Depth	405 460 405	±50
Backrest:	H. Space I. Height J. Width	150 380 405	±50
Footrests:	L. From center M. Width N. Length	180 150 255	
<u>Workspace</u>		Minimum	Preferred
	O. Kneehole depth P. Knee hold width Q. Kneehole height (standard office) R. Desk to wall S. Armrest to wall T. Lateral work clearance (1) Shoulders (2) Elbows (3) Best overall	460 510 635 810 610 585 635 1 m	
	U. Height of work surface V. Width of work surface (1) Elbow rest alone (2) Writing surface (3) Desk work area	735 100 305	760 200 405 910

<sup>1</sup>Adjustment range. Adjustability is preferred for these dimensions.

### Seated workspace dimensions





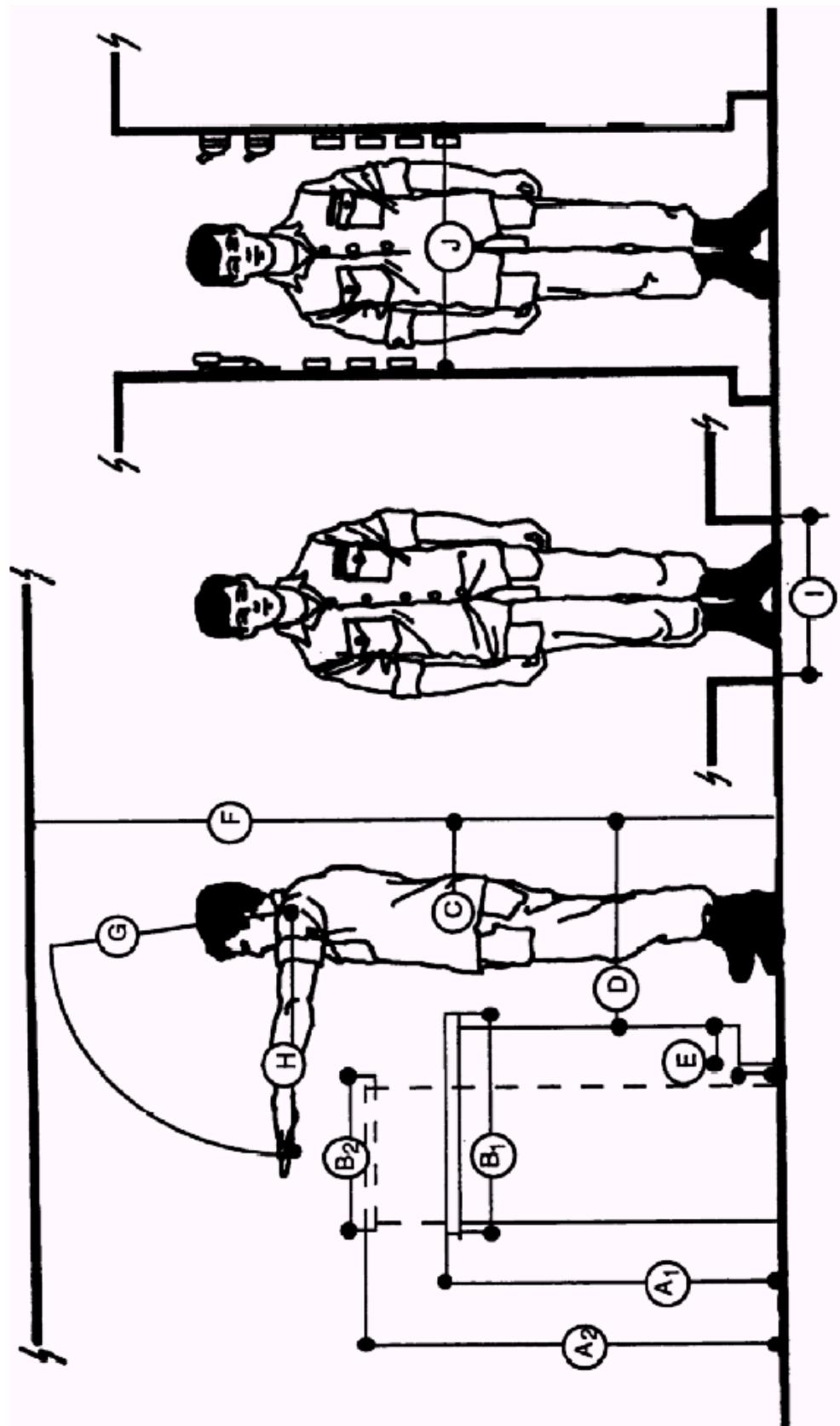
Seated workspace dimensions key

Work Benches

Standard Type:	A.1 Height:	0.91 m above floor
	B.1 Width:	0.99 m
Podium Type:	A.2 Height:	1.04 m above floor
	B.2 Width:	0.91 m

<u>Work Clearances (mm)</u>	<u>Minimum</u>	<u>Preferred</u>	<u>Arctic</u>
c. Passing body depth	330	380	380
D. Standing space	760	910	
E. Foot space	100X100		
F. Overhead clearance	1855	2030	1930
G. Maximum overhead reach		685	635
H. Maximum depth of reach		585	585
I. Walking space width	305	380	380
J. Passing body width	510	810	810

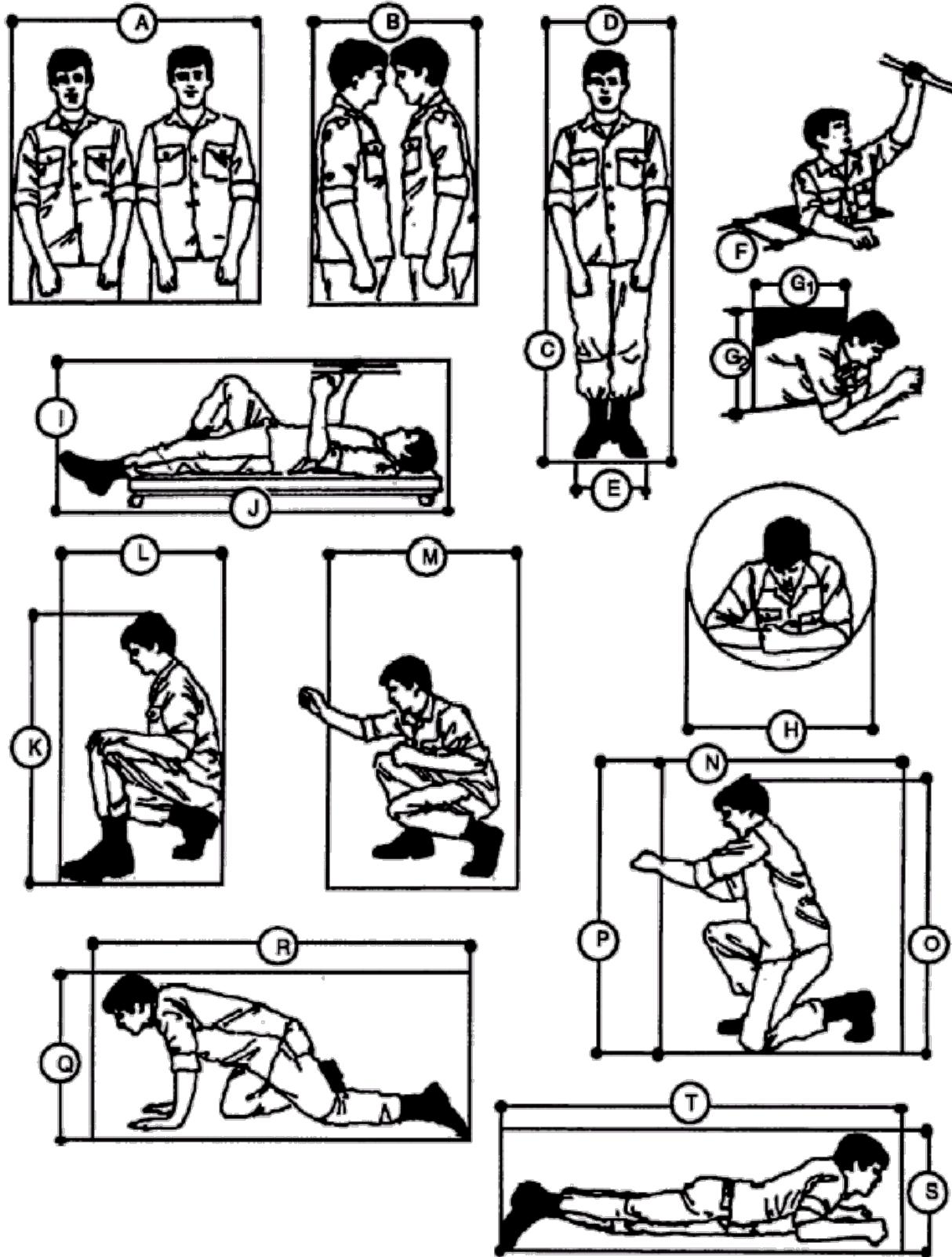
Standing workspace dimensions



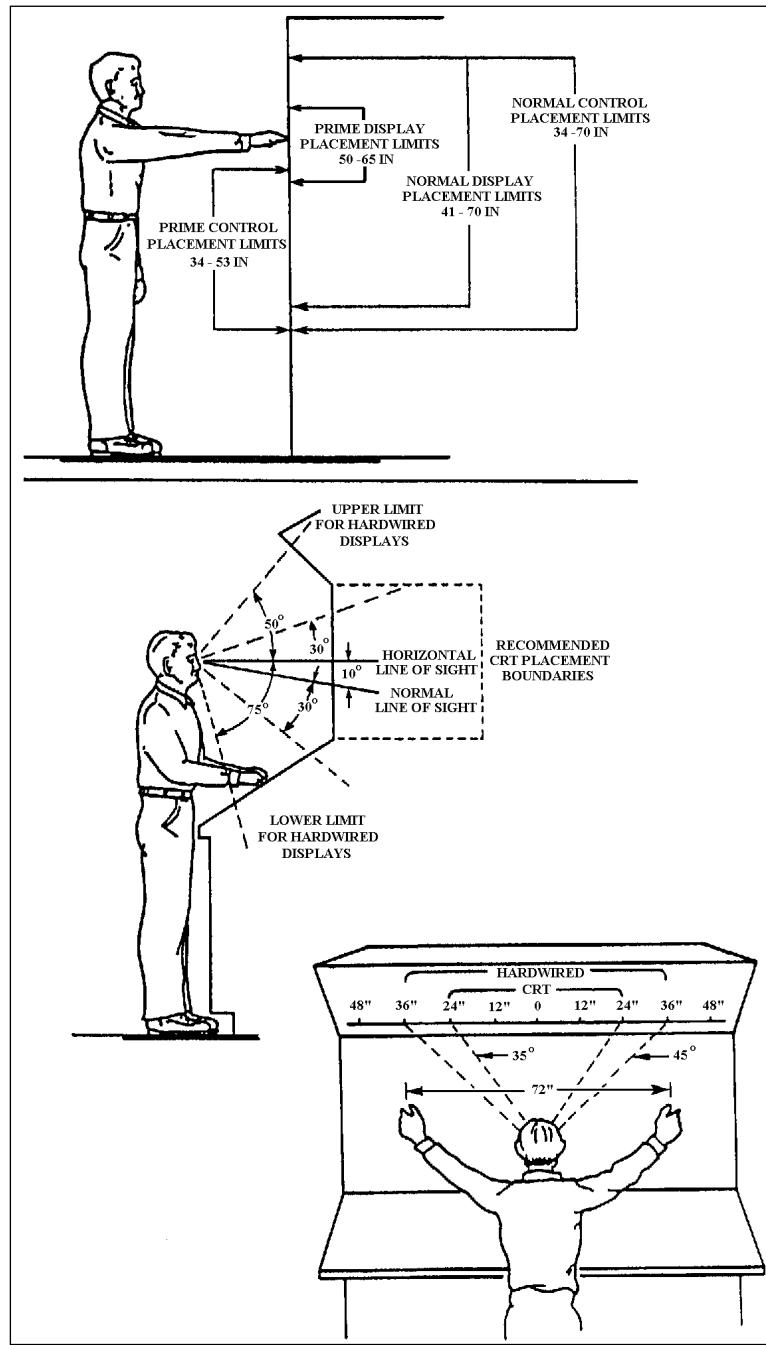
Standing workspace dimensions key

## Mobile workspace dimensions

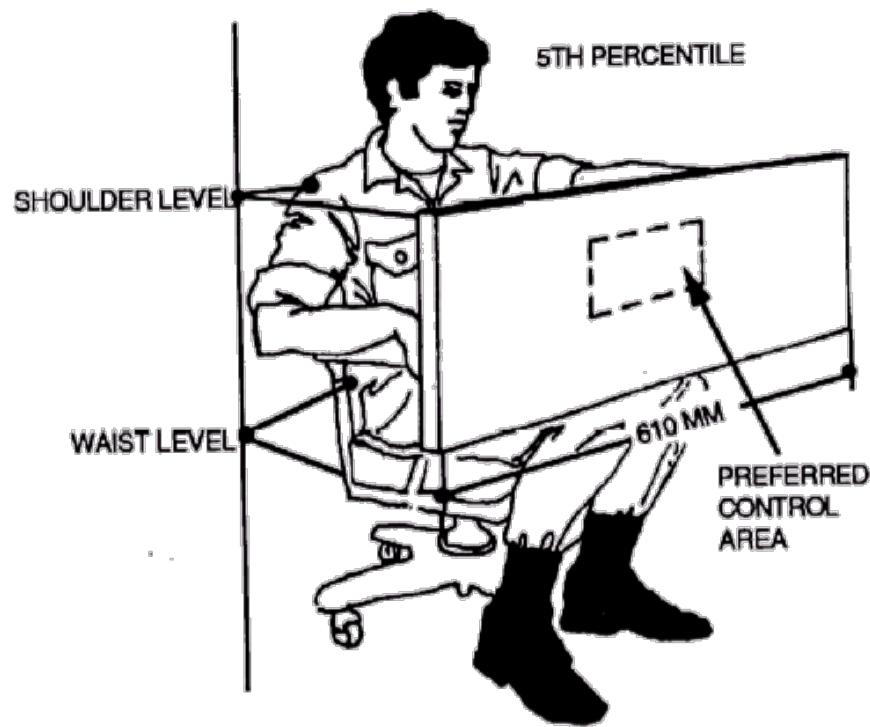
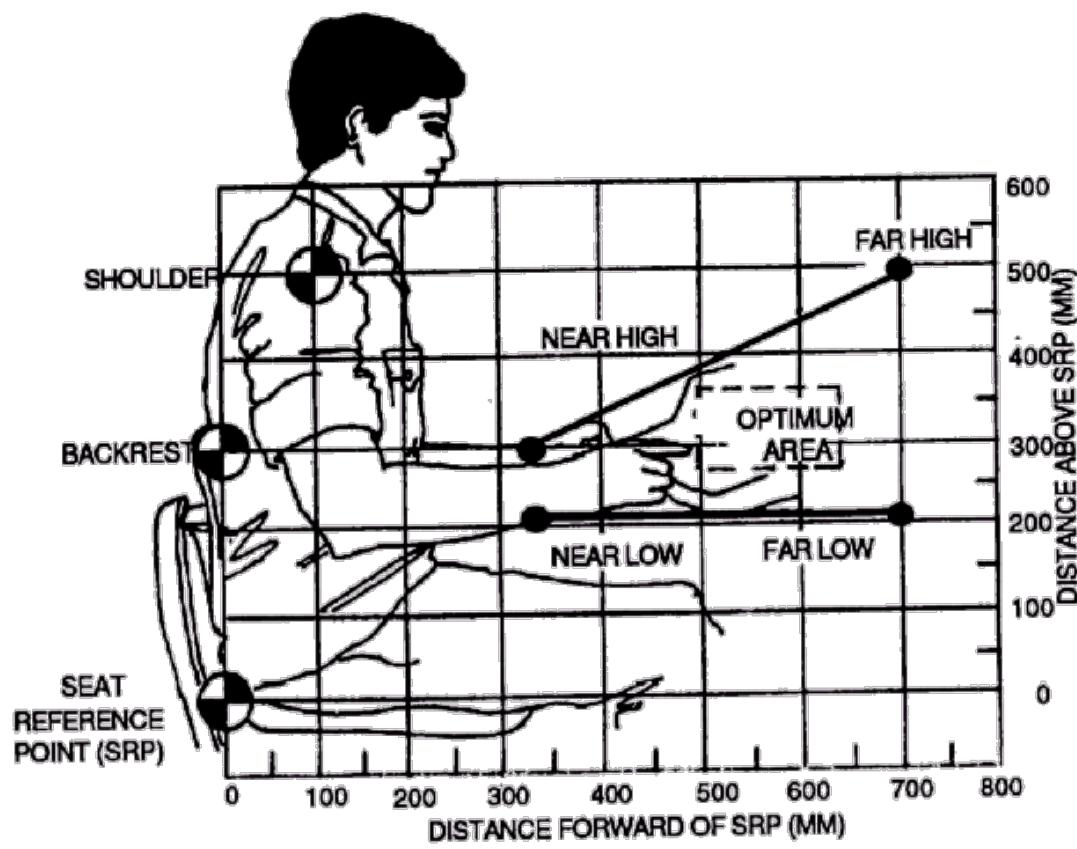
		Dimensions (mm)	
	Minimum	Preferred	Arctic Clothed
A. Two men passing abreast	1.06 m	1.37 m	1.53 m
B. Two men passing facing	760	910	910
Catwalk Dimensions			
C. Height	1.60 m	1.86 m	1.91 m
D. Shoulder width	560	610	810
E. Walking width	305	380	380
F. Vertical entry hatch			
Square	450	560	810
Round	560	610	
G. Horizontal entry hatch			
Shoulder width	535	610	810
Height	380	510	610
H. Crawl through pipe			
Round or square	635	760	810
Supine workspace			
I. Height	510	610	660
J. Length	1.86 m	1.91 m	1.98 m
Squatting workspace			
K. Height	1.22 m		
L. Width	685	910	1.29 m
Optimum display area	685	1.09 m	
optimum control area	485	865	
Stooping workspace			
M. Width	660	1.02 m	1.12 m
Optimum display area	810	1.22 m	
Optimum control area	610	990	
Kneeling workspace			
N. Width	1.06 m	1.22 m	1.27 m
O. Height	1.42 m		1.50 m
P. Optimum work point			
Optimum display area	510	685	
Optimum control area	510	890	
Optimum control area	510	890	
Kneeling crawl space			
Q. Height	785	910	965
R. Length	1.50 m		1.76 m
Prone work or crawl space			
S. Height	430	510	610
T. Length	2.86 m		



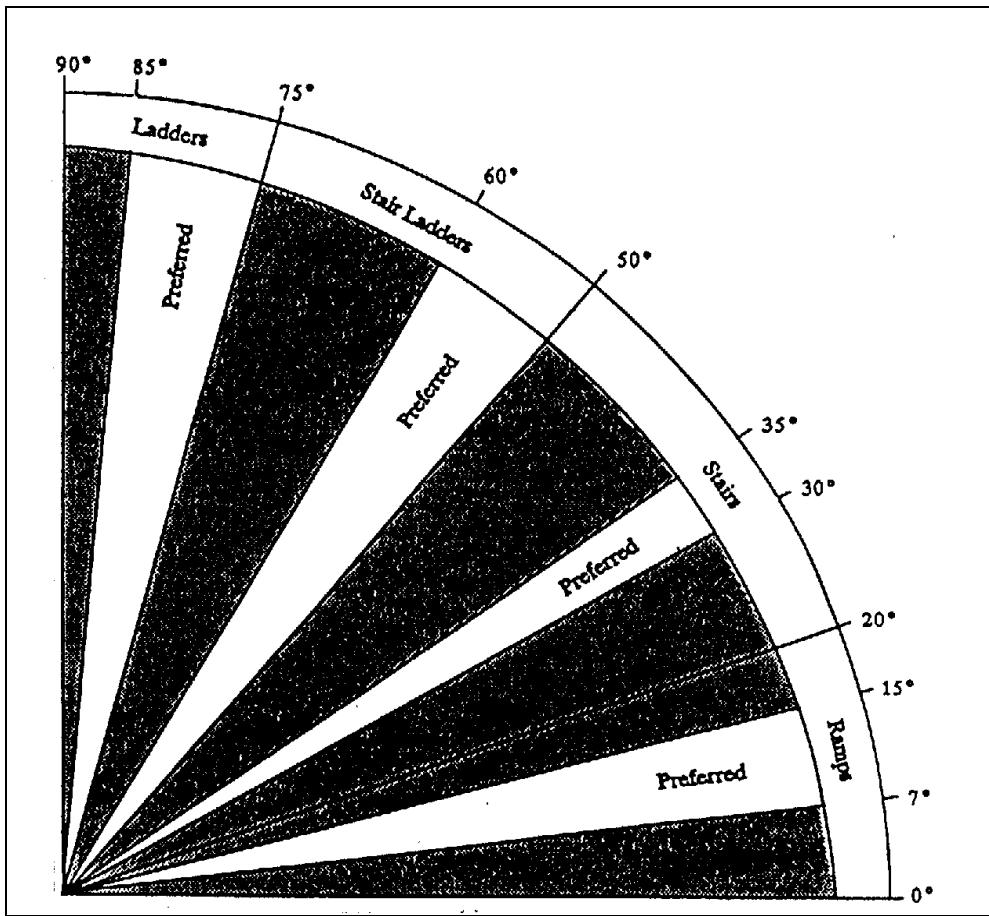
Mobile workspace dimensions key



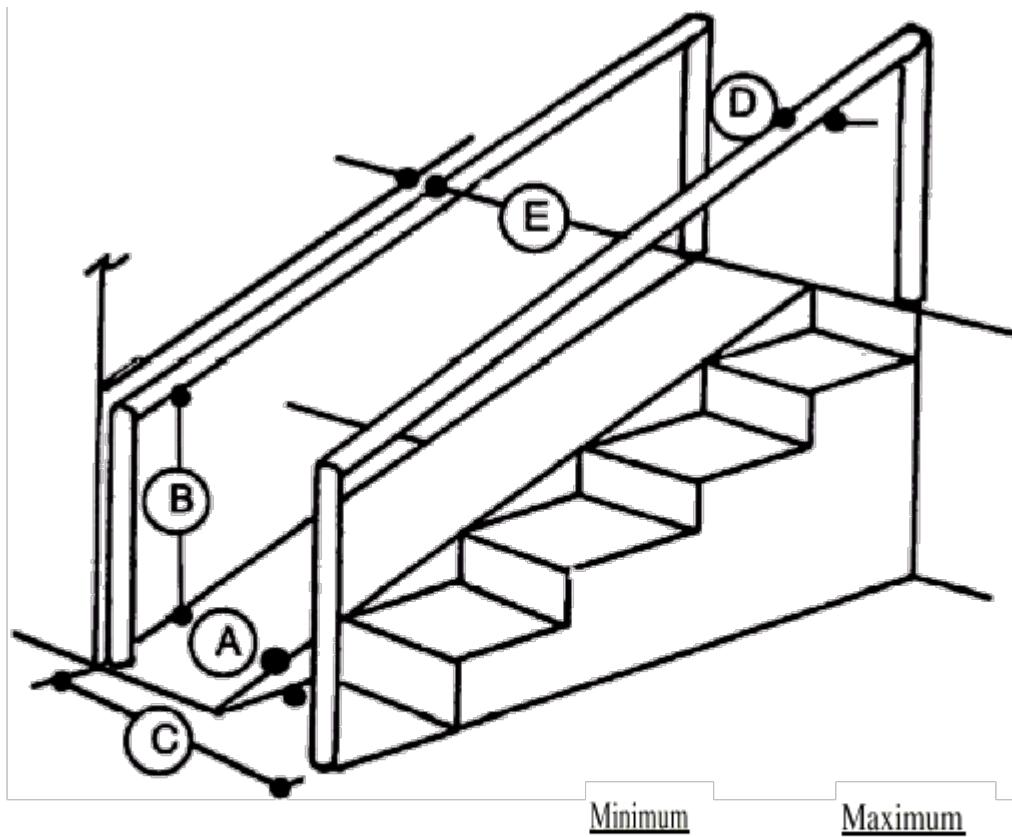
Recommended placement areas for controls and displays



Seated optimum manual control space

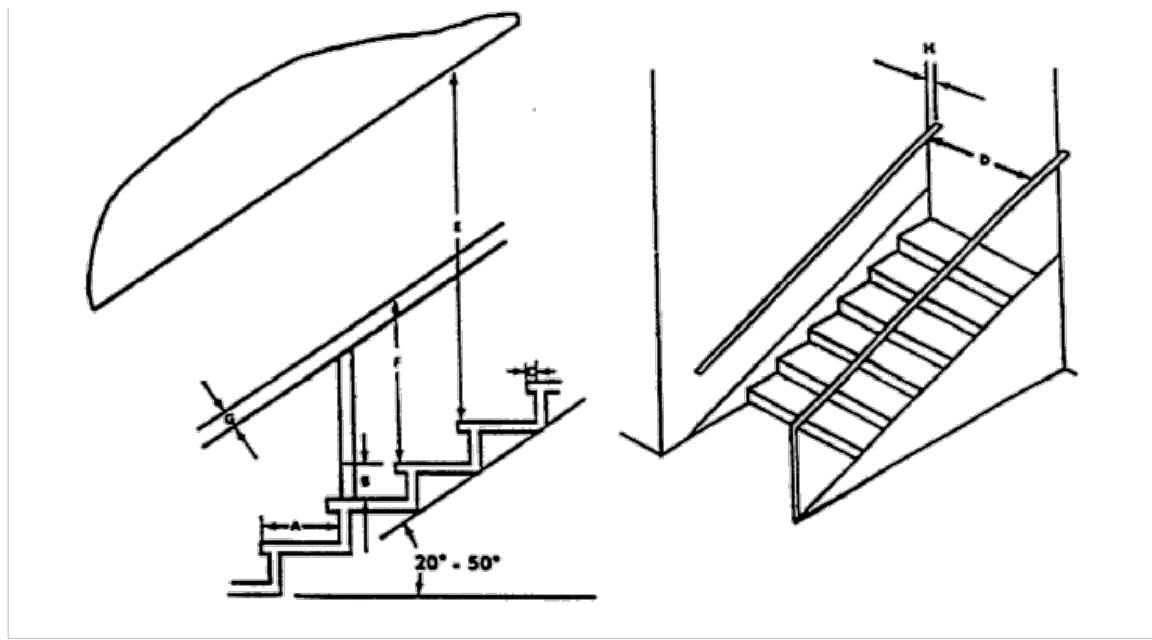


Type of structure in relation to angle of ascent



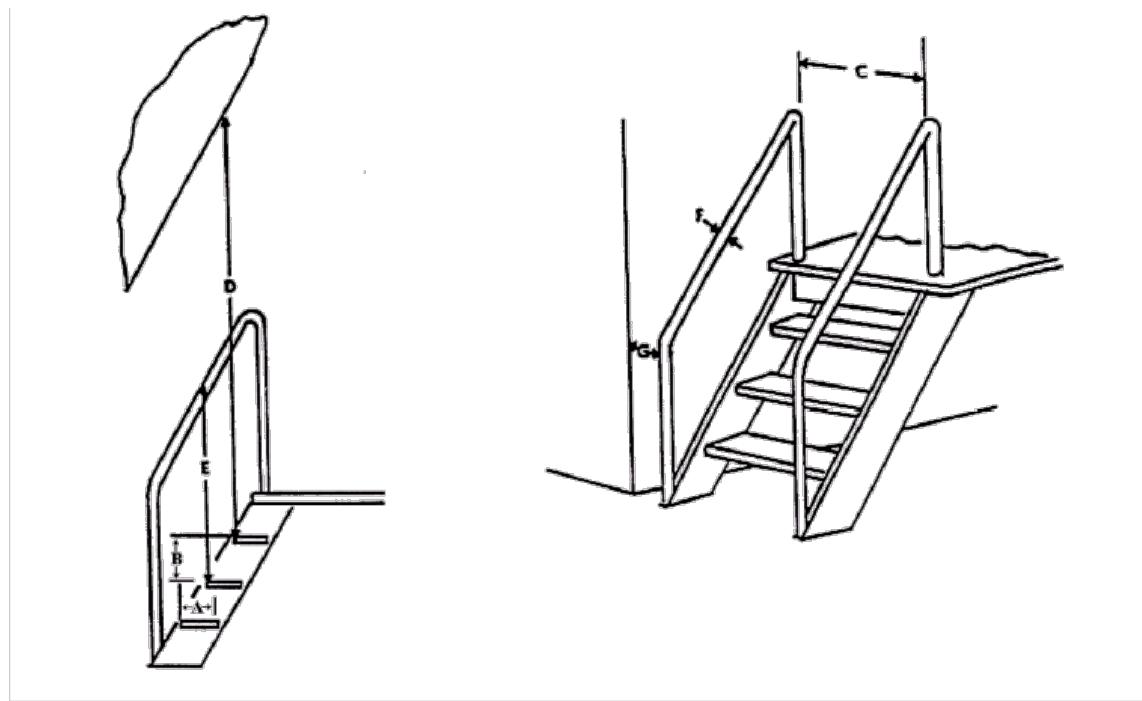
- A. Angle of rise: -----  $20^\circ$
- B. Height of handrails: 960 mm 1.1 m
- C. Width: Determined by function and usage;  
particularly size of rolling stock and loads .
- D. Diameter of handrail: 25 mm 75mm
- E. Clearance around handrail: 50 mm -----

Ramp dimensions



DIMENSION	MINIMUM	MAXIMUM	RECOMMENDED
A Tread depth (including nosing)	240mm (9.5 in.)	300 mm (12 in.)	280-300 mm (11-12 in.)
B Riser height	125 mm (5 in.)	200 mm (8 in.)	165-180 mm (6.5-7 in.)
C Depth of nosing (where applicable)	19 mm (0.75 in.)	38 mm (1.5 in.)	25 mm (1 in.)
D Width (handrail to handrail):			
One-way stairs	760 mm (30 in.)	---	910 mm (36 in.)
Two-way stairs	1220 mm (48 in.)	---	1300 mm (51 in.)
E Overhead clearance	1930 mm (76 in.)	---	1980 mm (78 in.)
F Height of handrail (from leading edge of tread)	840 mm (33 in.)	940 mm (37 in.)	840 mm (33 in.)
G Handrail diameter	32 mm (1.125 in.)	75 mm (3 in.)	38 mm (1.5 in.)
H Rail clearance from wall	45 mm (1.75 in.)	---	75 mm (3 in.)

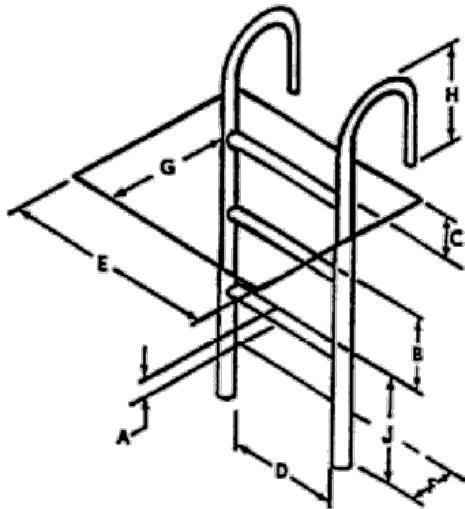
## Stair dimensions



DIMENSION	MINIMUM	MAXIMUM	RECOMMENDED
A Tread depth range:			
For 50° rise	150 mm (6 in.)	250 mm (10 in.)	215 mm (8.5 in.)
For 75° rise (open ladders only)	75 mm (3 in.)	140 mm (5.5 in.)	100 mm (4 in.)
B Riser height	180 mm (7 in.)	300 mm (12 in.)	230 mm (9 in.)
C Width (handrail to handrail)	530 mm (21 in.)	610 mm (24 in.)	560 mm (22 in.)
D Overhead clearance	1730 mm* (68 in.)	---	1930 mm (78 in.)
E Height of handrail (from leading edge of tread)	860 mm (34 in.)	940 mm (37 in.)	890 mm (35 in.)
F Handrail diameter	32 mm (1.125 in.)	75 mm (3 in.)	38 mm (1.5 in.)
G Rail clearance from wall	50 mm (2 in.)	---	75 mm (3 in.)

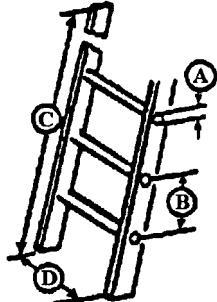
\* Whenever the distance D is less than 1,880 m (74 in.), the overhead obstruction should be painted with yellow and black stripes.

## Stair-ladder dimensions



DIMENSION	MINIMUM	MAXIMUM	RECOMMENDED
A Rung thickness:			
Wood	32 mm (1.125 in.)	38 mm (1.5 in.)	35 mm (1.375 in.)
Protected metal	19 mm (0.75 in.)	38 mm (1.5 in.)	35 mm (1.375 in.)
Corrosive metal	25 mm (1 in.)	38 mm (1.5 in.)	35 mm (1.375 in.)
B Rung spacing	230 mm (9 in.)	380 mm (15 in.)	300 mm (12 in.)
C Height, rung to landing	150 mm (6 in.)	380 mm (15 in.)	380 mm (15 in.)
D Width between stringers	300 mm (12 in.)	---	460-530 mm (18-21 in.)
E Climbing clearance with Clearance depth:	610 mm (24 in.)	---	760 mm (30 in.)
F In back of ladder	150 mm (6 in.)	---	200 mm (8 in.)
G On climbing side (range)	910 mm (36 in.)	for 75° to 760 mm (30 in.) for 90°	
H Height of stringer above landing	840 mm (33 in.)	---	910 mm (36 in.)
J Height from lower elevation to bottom rung		380 mm (15 in.)	

## Fixed-ladder dimensions

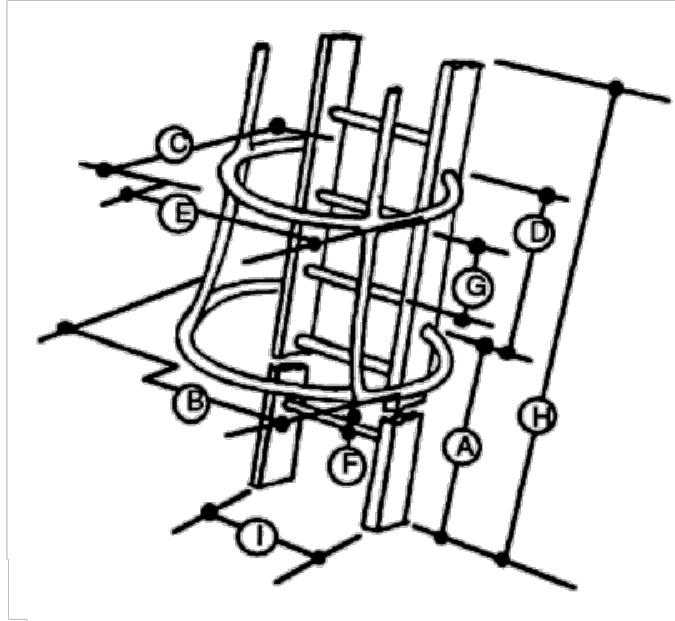


	<b>Min</b>	<b>Max</b>	<b>Best</b>
A Rung diameter wood	3 cm (1.13 in)	4 cm (1.5 in)	4 cm (1.4 in)
protected metal	2 cm (0.75 in)	4 cm (1.5 in)	4 cm (1.4 in)
metal that may rust	3 cm (1.0 in)	4 cm (1.5 in)	4 cm (1.4 in)
B Rung spacing	30 cm (12 in)	30 cm (12 in)	30 cm (12 in)
C Maximum ladder length			
single section ladder		9.1 m (30 ft)	
two-section metal ladder		14.6 m (48 ft)	
over two-section wood ladder		18.3 m (60 ft)	
D Minimum width between side rails			
metal ladders	30 cm (12 in)		
wood ladders			
up to 3.0 m (10 ft)	29 cm (11.5 in)		
add .64 cm (.25 in)			
for each added 61 cm (24 in) of length			

## Portable rung-ladder dimensions

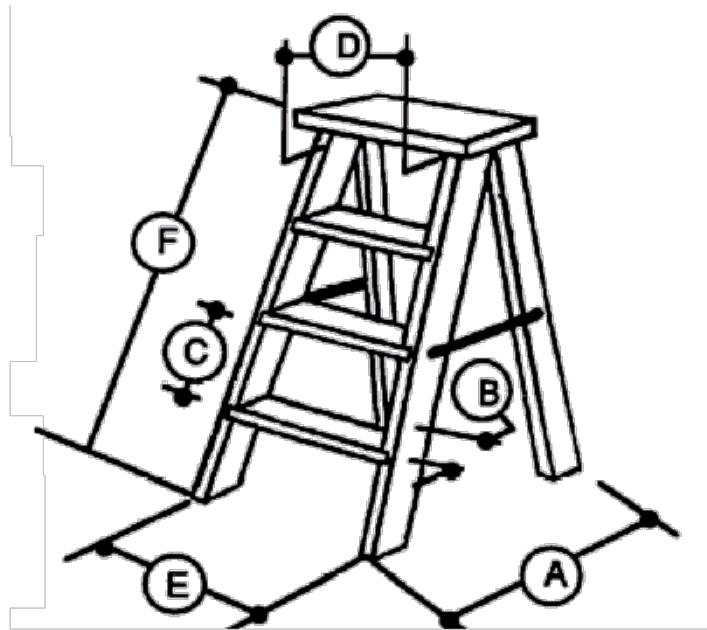
- A. Height of cage from base of ladder: 2.1 m
- B. Flare at bottom of cage: 810 mm
- c. Depth of cage from center of ladder: 710 mm
- D. Max. distance between cage ribs : 460 mm
- E. Width of cage: 680 mm
- F. Rung diameter: See fixed ladders
- G. Rung spacing: See fixed ladders
- H. Maximum ladder length:  
Single ladders: 9.1 m  
Two-section metal ladders: 14.6 m  
Two-section wood ladders: 18.3 m
- I. Min. width between siderails:  
Metal ladders: 300 mm  
Wood ladders up to 3 m long: 290 mm

(Add 6 mm for each additional 610 mm in length.)

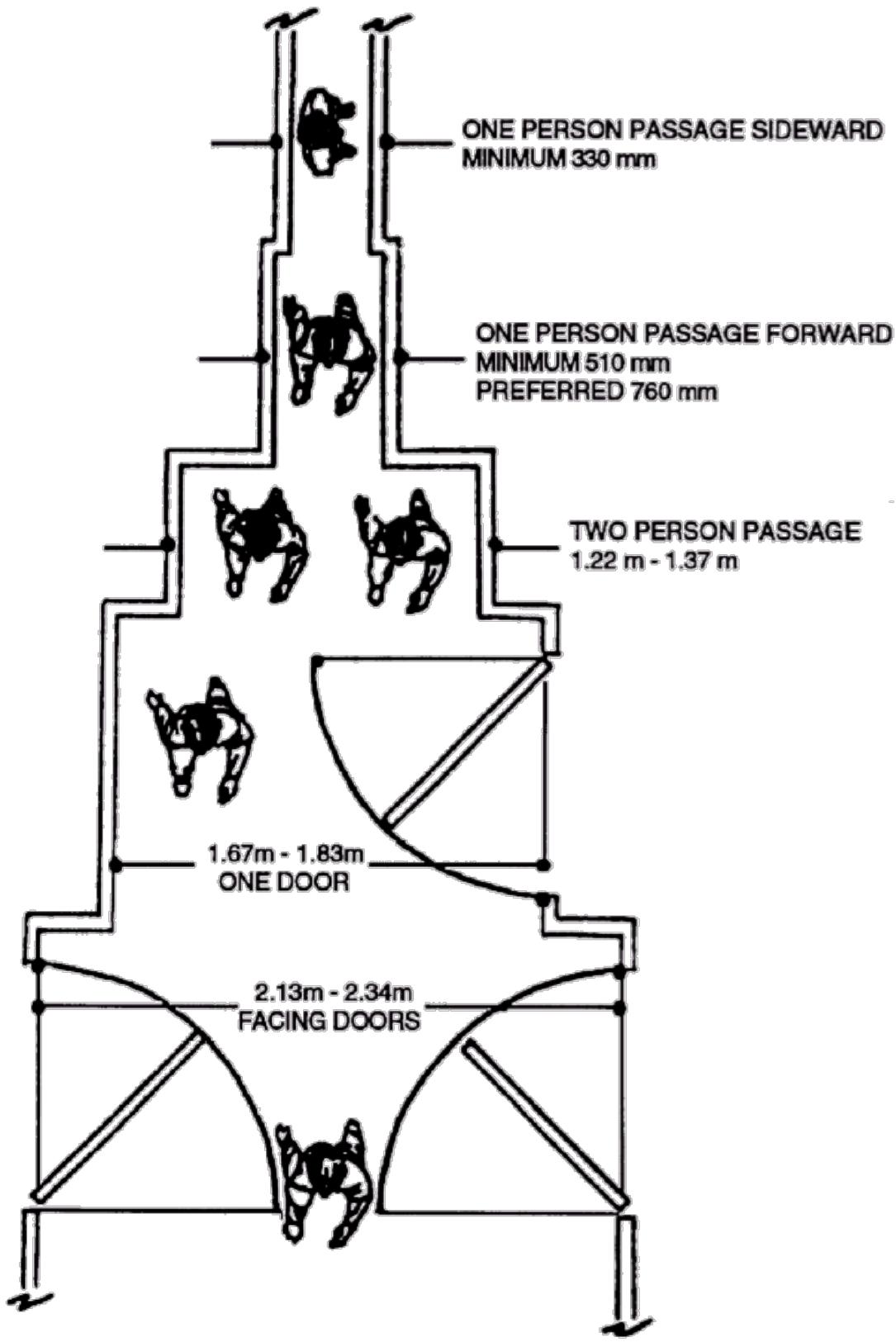


Rung-ladder and ladder-cage dimensions

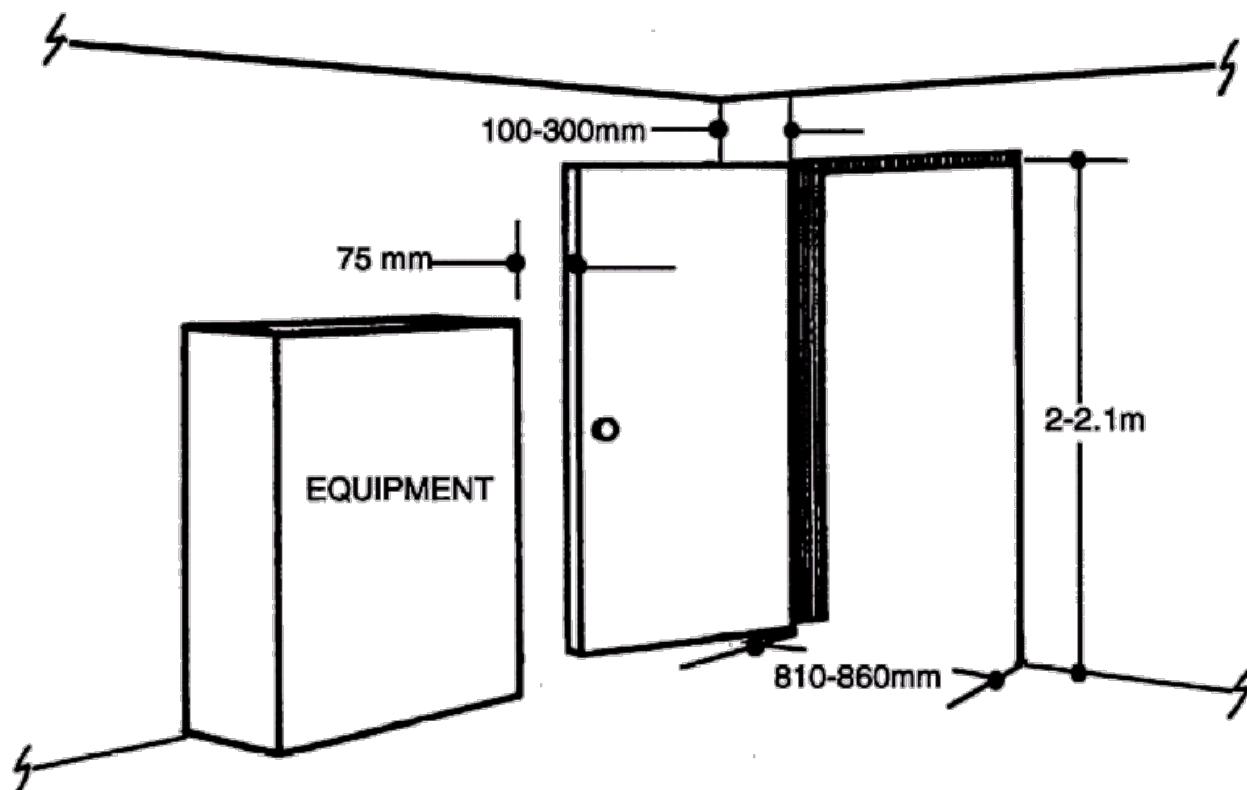
- A. Spread: 290 mm per meter length of front section plus 160 mm per length of back section
- B. Tread depth: Min. 75 mm; best 75 - 100 mm
- C. Step spacing: min. 230 mm; best 280 - 300 mm
- D. Min. width between top of siderails:  
Metal ladders: 300 mm  
Wood ladders: 290 mm
- E. Width at bottom: Add 90 mm per meter of length
- F. Length of ladder: Maximum of 6 m



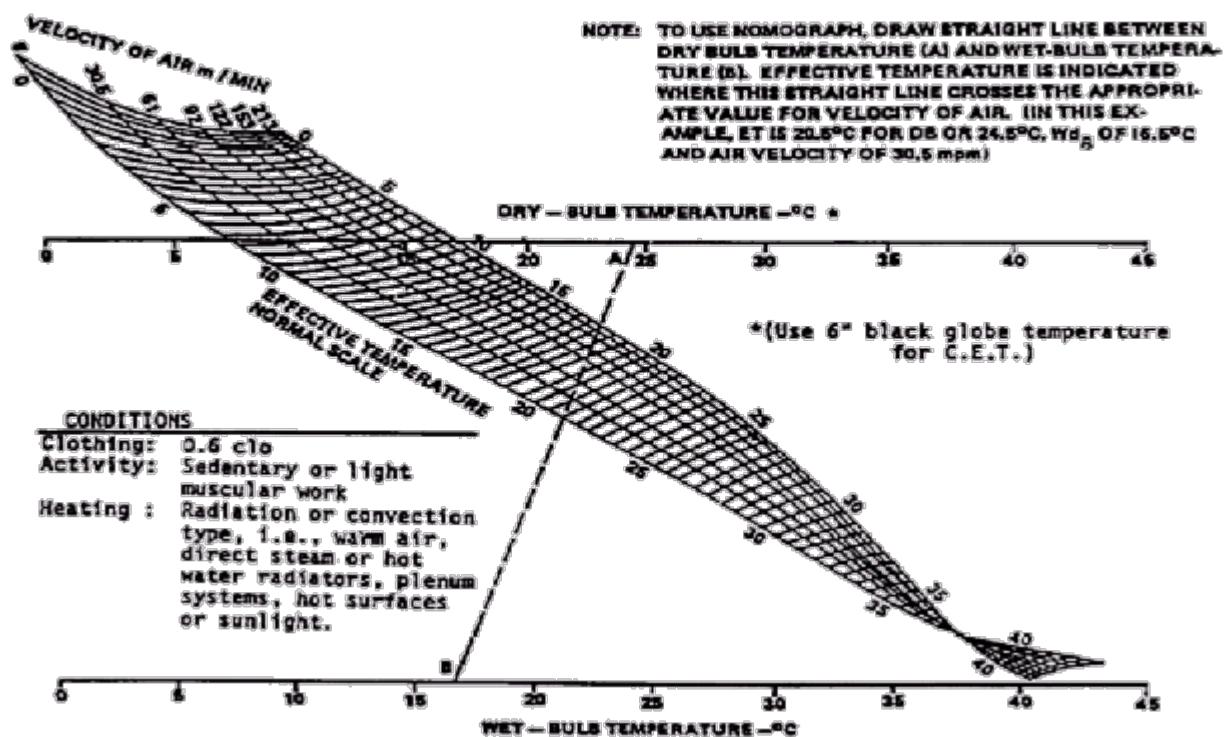
Stepladder dimensions



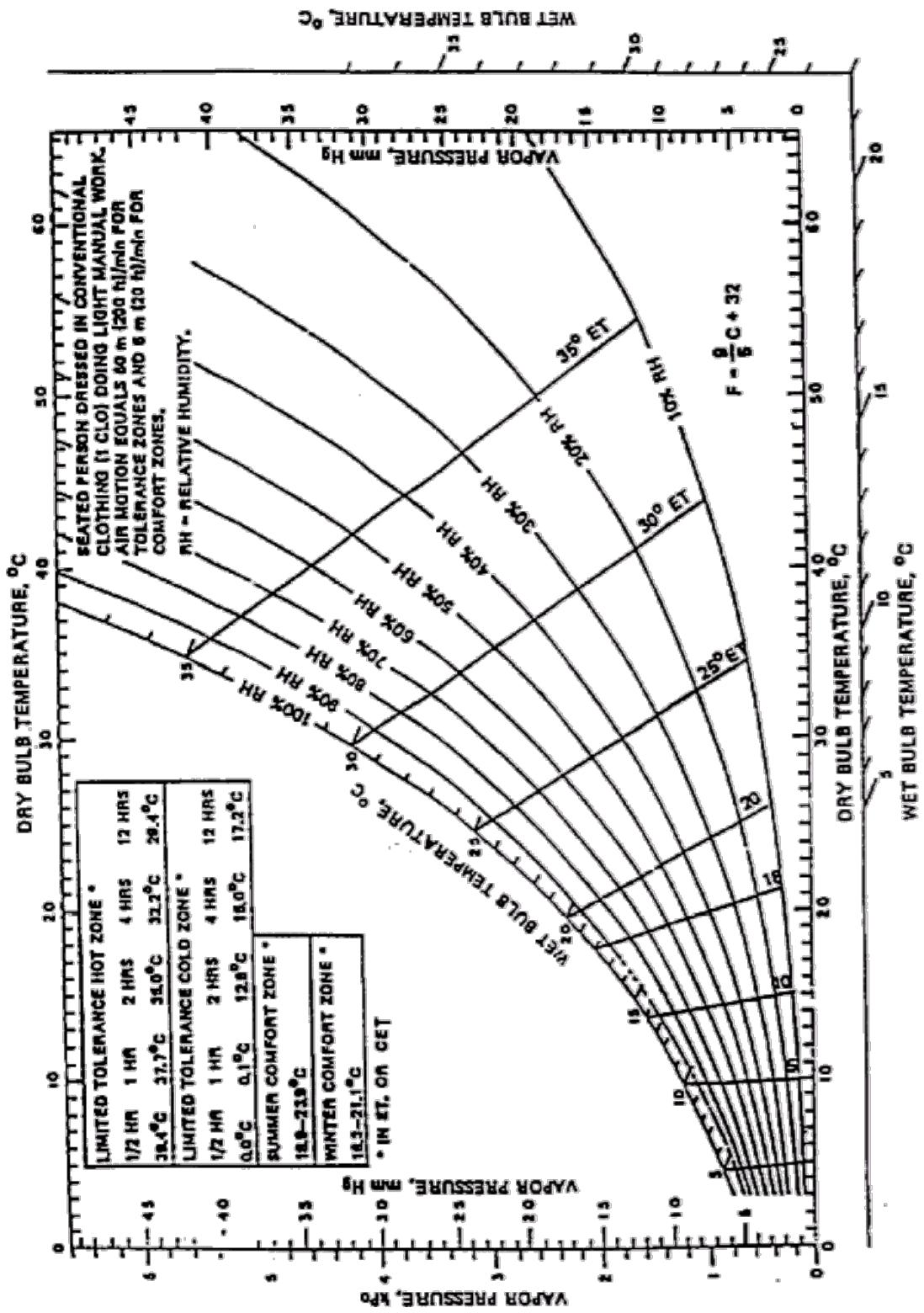
Walkway and passageway dimensions



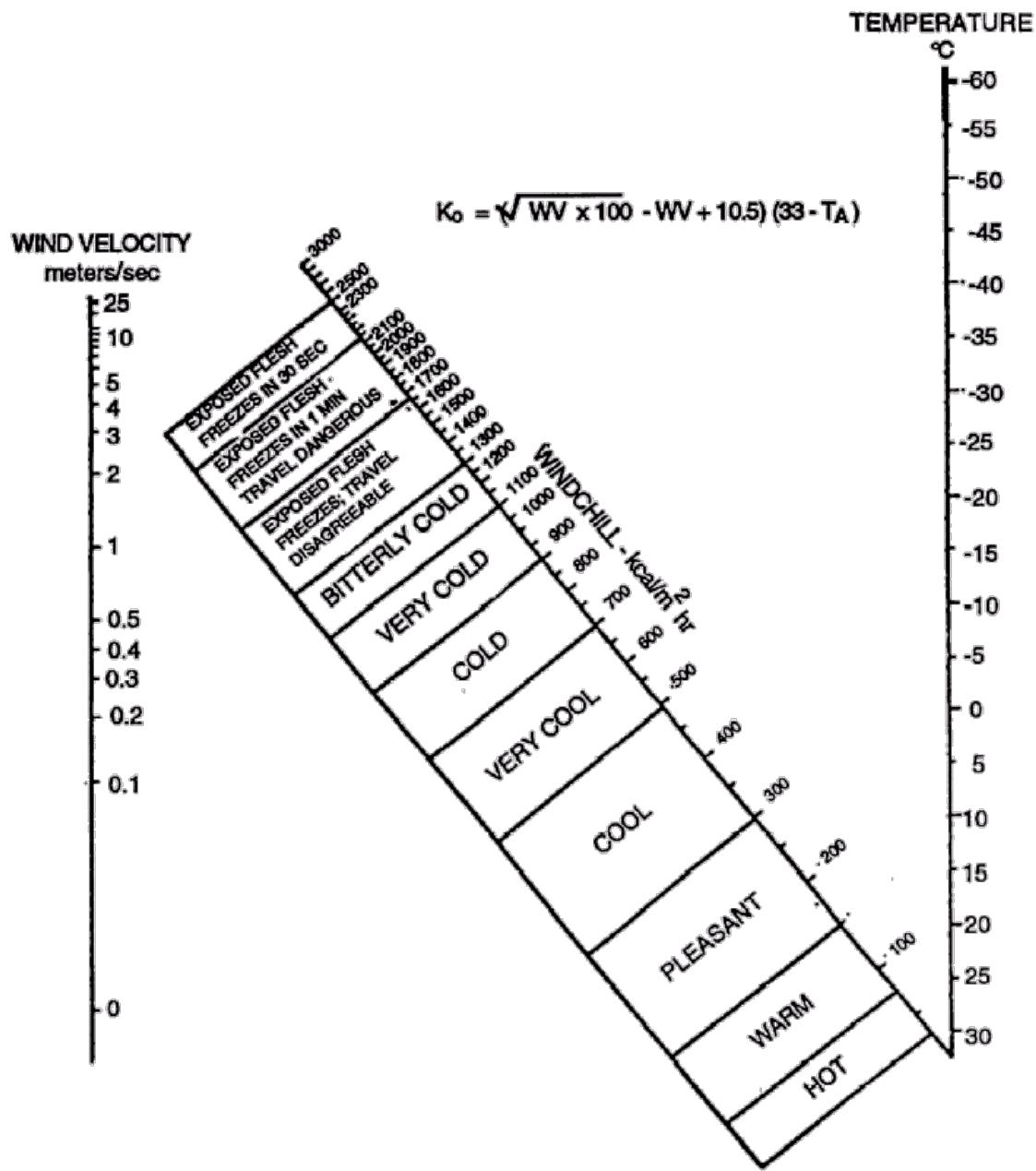
Door dimensions



Effective temperature or corrected effective temperature



Summer and winter comfort zones and thermal tolerance for inhabited compartments



In outdoor cold weather, the wind velocity has a profound, sometimes decisive, effect on the hazard to men who are exposed. The windchill concept dramatizes this by providing a means of quantitative comparison of various combinations of temperature and wind speed. Note for example that  $-45^{\circ}\text{C}$  with an air movement of  $0.045\text{ m/s}$  has the same windchill value, and therefore is predicated to produce same sensation on exposed skin as  $-8^{\circ}\text{C}$  with a wind of only  $0.45\text{ m/s}$  or  $-10^{\circ}\text{C}$  with a wind of  $2.2\text{ m/s}$ . The windchill index does not account for physiological adaptation or adjustments. It is based on field measurements of the rate of cooling of a container of water by Paul Siple during World War II.

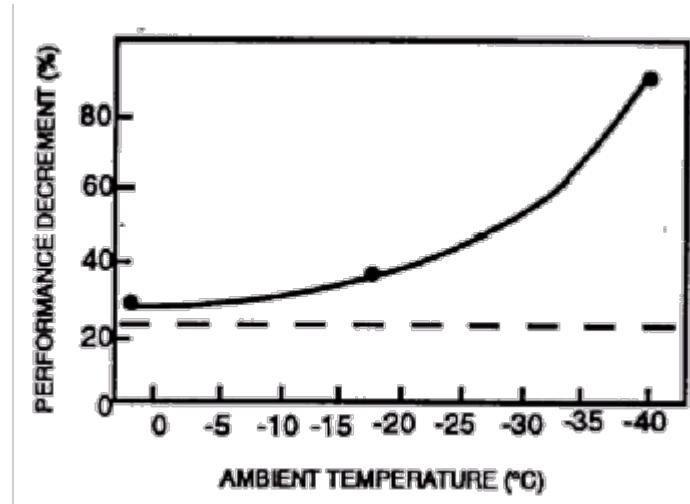
## Windchill chart

WIND SPEED M/SEC	COOLING POWER OF WIND EXPRESSED AS "EQUIVALENT CHILL TEMPERATURE"																				
	TEMPERATURE (°C)																				
CALM	4	2	-1	-4	-7	-9	-12	-15	-18	-21	-23	-26	-29	-32	-34	-37	-40	-43	-46	-48	-51
2.2	2	-1	-4	-7	-9	-12	-15	-18	-20	-23	-26	-29	-32	-34	-37	-40	-43	-46	-48	-51	-57
4.5	-1	-7	-9	-12	-15	-18	-23	-26	-29	-32	-37	-40	-43	-46	-51	-54	-57	-59	-62	-68	-71
6.7	-4	-9	-12	-18	-21	-23	-29	-32	-34	-40	-43	-46	-51	-54	-57	-62	-65	-68	-73	-76	-79
8.9	-7	-12	-15	-18	-23	-26	-32	-34	-37	-43	-45	-51	-54	-59	-62	-65	-71	-73	-79	-82	-84
11.2	-9	-12	-18	-21	-26	-29	-34	-37	-43	-46	-51	-54	-59	-62	-68	-71	-76	-79	-84	-87	-93
13.4	-12	-15	-18	-23	-29	-32	-34	-40	-46	-48	-54	-57	-62	-65	-71	-73	-79	-87	-90	-96	
15.6	-12	-15	-21	-23	-29	-34	-37	-40	-46	-51	-54	-59	-62	-68	-73	-76	-82	-90	-93	-98	
17.9	-12	-18	-21	-26	-29	-34	-37	-43	-48	-51	-56	-59	-65	-71	-73	-79	-82	-90	-96	-101	
WINDS ABOVE 18 M/SEC HAVE LITTLE ADDITIONAL EFFECT																					
INCREASING DANGER (FLESH MAY FREEZE WITHIN 1 MINUTE)																					
GREAT DANGER (FLESH MAY FREEZE WITHIN 30 SECS)																					

Equivalent chill temperature

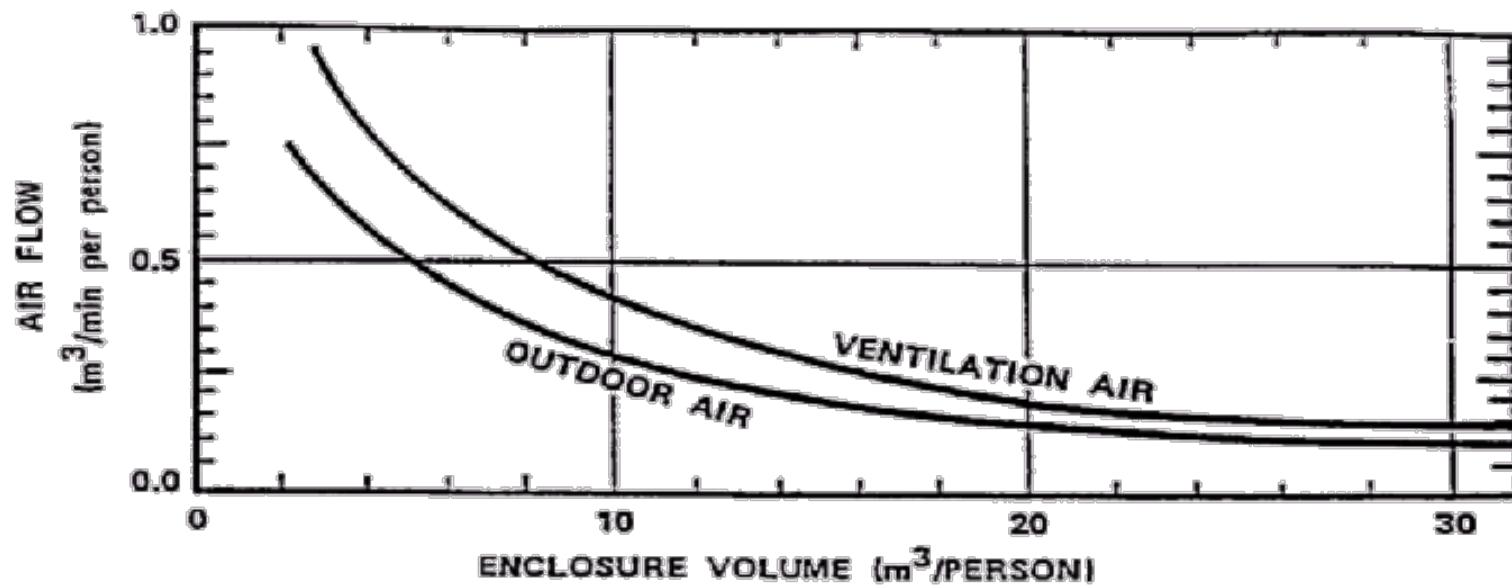
Windchill Value	Human Reaction
100	warm
200	Pleasant
800	Cold
1000	Very Cold
1200	Bitterly Cold
1400	Exposed Flesh Freezes

### Human reaction to windchill



Performance decrement at different ambient temperatures

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Ventilation requirements

Work area or type of task	<u>Illumination Levels</u>	
	Recommended	Minimum
Assembly, missile component	1075 (100)	540 (50)
Assembly, general		
Coarse	540 (50)	325 (30)
Medium	810 (75)	540 (50)
Fine	1075 (100)	810 (75)
Precise	3230 (300)	2155 (200)
Bench work		
Rough	540 (50)	325 (30)
Medium	810 (75)	540 (50)
Fine	1615 (150)	1075 (100)
extra fine	3230 (300)	2155 (200)
Bomb shelters and mobile shelters, when used for rest and relief	20 (2)	10 (1)
Business machine operation (calculator, digital input, etc.)	1075 (100)	540 (50)
Console surface	540 (50)	325 (30)
Corridors	215 (20)	110 (10)
Circuit diagram	1075 (100)	540 (50)
Dials	540 (50)	325 (30)
Electrical equipment testing	540 (50)	325 (30)
Emergency lighting	NA	30 (3)
Gages	540 (50)	325 (30)
Hallways	215 (20)	110 (10)
Inspection tasks, general		
Rough	540 (50)	325 (30)
Medium	1075 (100)	540 (50)
Fine	2155 (200)	1075 (100)
extra fine	3230 (300)	2155 (200)
Machine operation, automatic	540 (50)	325 (30)
Meters	540 (50)	325 (30)
Missiles:		
repair and servicing	1075 (100)	540 (50)
storage areas	215 (20)	110 (10)
general inspection	540 (50)	325 (30)

## Specific task illumination requirements

Work area or type of task	Recommended	lux (foot-candles) <sup>1</sup>	
		Minimum	
Office work, general	755 (70)	540 (50)	
Ordinary seeing tasks	540 (50)	325 (30)	
Panels:			
Front	540 (50)	325 (30)	
Rear	325 (30)	110 (10)	
Passageways	215 (20)	110 (10)	
Reading:			
large print	325 (30)	110 (10)	
newsprint	540 (50)	325 (30)	
handwritten reports, in pencil	755 (70)	540 (50)	
small type	755 (70)	540 (50)	
prolonged reading	755 (70)	540 (50)	
Recording	755 (70)	540 (50)	
Repair work:			
General	540 (50)	325 (30)	
Instrument	2155 (200)	1075 (100)	
Scales	540 (50)	325 (30)	
Screw fastening	540 (50)	325 (30)	
Service areas, general:	215 (20)	110 (10)	
Stairways	215 (20)	110 (10)	
Storage:			
inactive or dead	55 (5)	30 (3)	
general warehouse	110 (10)	55 (5)	
live, rough or bulk	110 (10)	55 (5)	
live, medium	325 (30)	215 (20)	
live, fine	540 (50)	325 (30)	
Switchboards	540 (50)	325 (30)	
Tanks, containers	215 (20)	110 (10)	
Testing:			
Rough	540 (50)	325 (30)	
Fine	1075 (100)	540 (50)	
extra fine	2155 (200)	1075 (100)	
Transcribing and tabulation	1075 (100)	540 (50)	

<sup>1</sup> As measured at the task object or 76 cm (30 in) above the floor.

Note: As a guide in determining illumination requirements the use of a steel scale with 1/64 inch divisions requires 1950 lux (180 foot-candles) of light for optimum visibility.

## Specific task illumination requirements (continued)

Condition of use	Lighting Technique <sup>1</sup>	Brightness of markings cd/m <sup>2</sup> (footlamberts)	Brightness Adjustment
Indicator reading, dark adaptation necessary	Red flood, indirect, or both, with operator choice	0.07–0.35 (0.02–0.1)	Continuous throughout range
Indicator reading, dark adaptation not necessary but desirable	Red or low-color-temperature white flood, indirect, or both, with operator choice	0.07–0.35 (0.02–1.0)	Continuous throughout range
Indicator reading, dark adaptation not necessary	White flood	3.5–70 (1–20)	Fixed or continuous
Panel monitoring, dark adaptation necessary	Red edge lighting, red or white flood, or both, with operator choice	0.07–3.5 (0.02–1.0)	Continuous throughout range
Panel monitoring, dark adaptation not necessary	White flood	35–70 (10–20)	Fixed or continuous
Possible exposure to bright flashes, restricted daylight	White flood	35–70 (10–20)	Fixed
Chart reading, dark adaptation necessary	Red or white flood with operator choice	0.35–3.50 (0.1–1.0)	Continuous throughout range
Chart reading, dark adaptation not necessary	White flood	17–70 (5–20)	Fixed or continuous

<sup>1</sup> Where detection of ground vehicles or other protected assets by image intensifier night vision devices must be minimized, blue-green light (incandescent filament through a filter which passes only wave lengths shorter than 600 nm) should be used in lieu of red light.

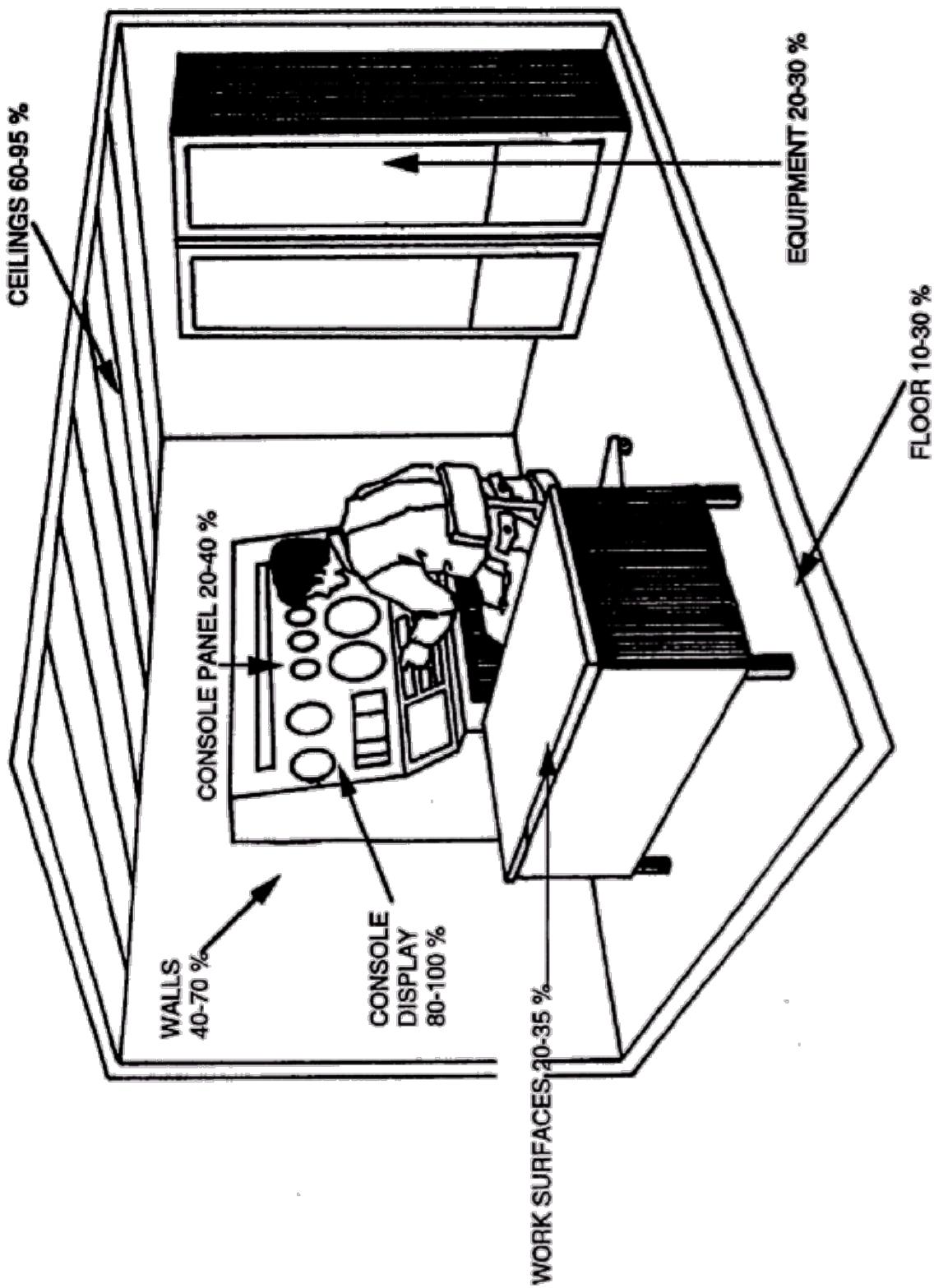
## Recommendations for display lighting

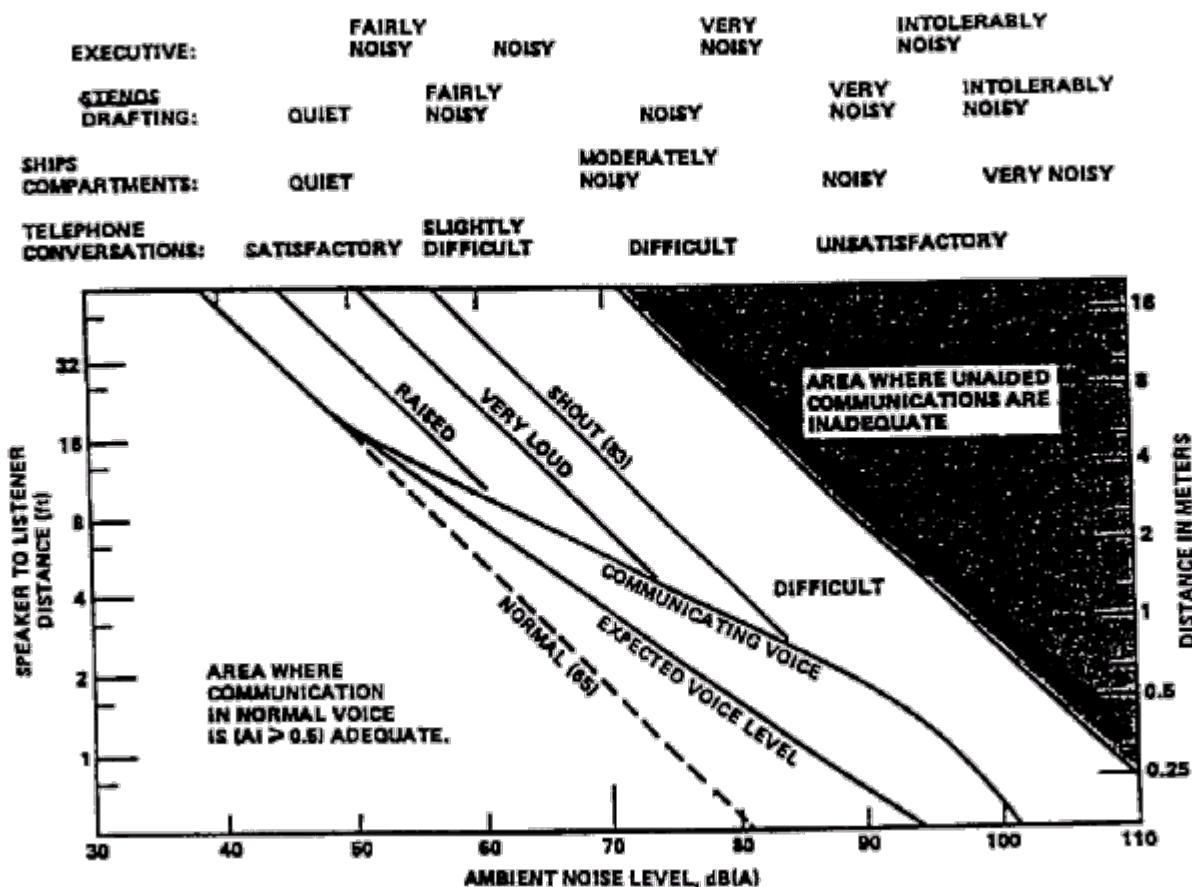
Comparison	Environmental Classification*		
	A	B	C
Between tasks and adjacent darker surroundings	3:1	3:1	5:1
Between tasks and adjacent lighter surroundings	1:3	1:3	1:5
Between tasks and more remote darker surfaces	10:1	20:1	***
Between tasks and more remote lighter surfaces	1:10	1:20	***
Between luminaries and adjacent surfaces	20:1	***	***
Between the immediate work area and the rest of the environment	40:1	***	***

- \*A    Interior areas where reflection off entire space can be controlled for optimum visual conditions.
- B    Areas where reflection off immediate work area can be controlled, but there is only limited control over remote surroundings.
- C    Areas (indoor and outdoor) where it is impractical to control reflection and difficult to alter environmental conditions.

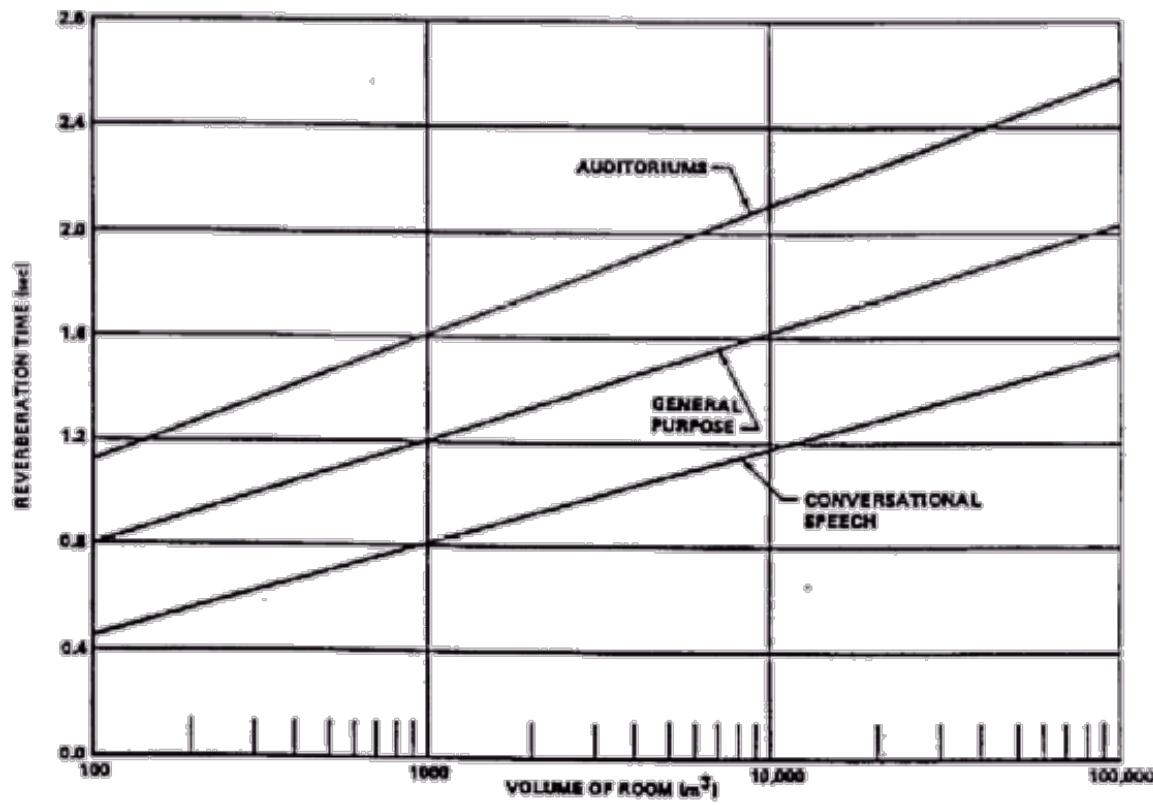
\*\*\*    Brightness ratio control not practical

## Brightness ratios





Permissible distance between a speaker and listeners

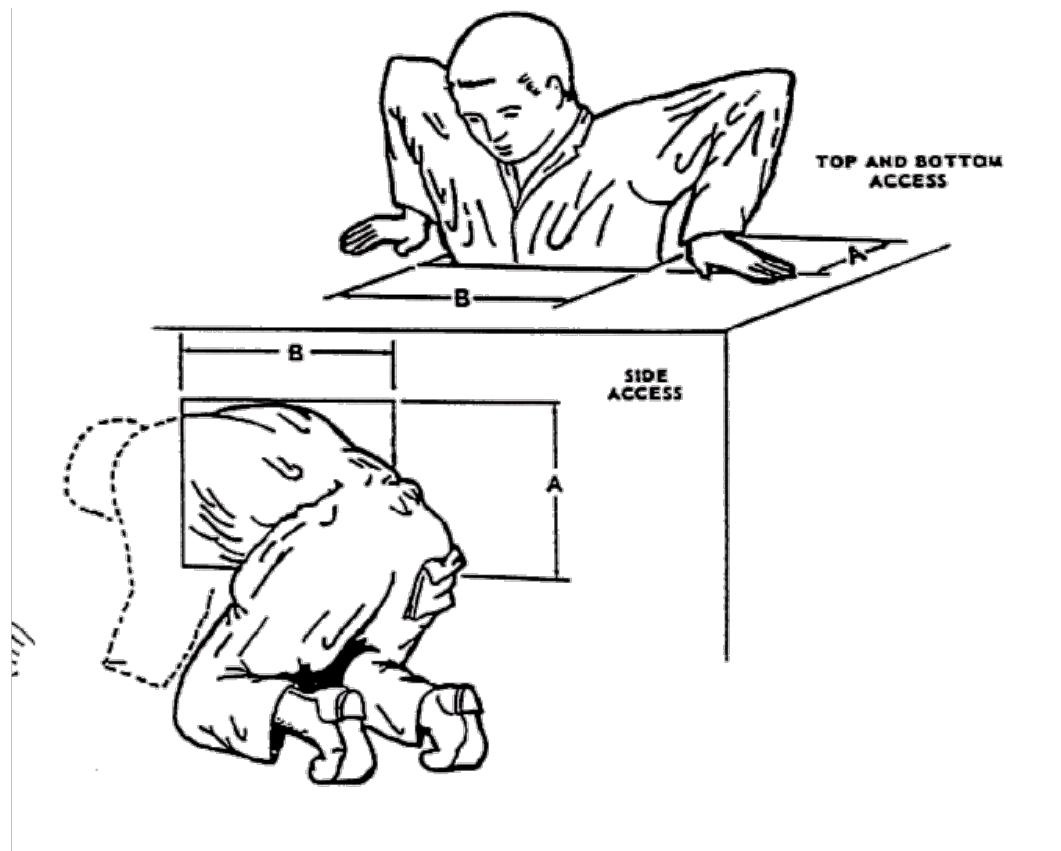


Range of acceptable reverberation time

MINIMAL TWO-HAND ACCESS OPENING WITHOUT VISUAL ACCESS		
<u>Reaching with both hands to depth of 150 to 490mm:</u>		
Light clothing:	Width:	200mm or the depth of reach*
	Height:	125mm
Arctic clothing:	Width:	150mm plus 3/4 the depth of reach
	Height:	180mm
<u>Reaching full arm's length (to shoulders) with both arms:</u>		
	Width:	500mm
	Height:	125mm
<u>Inserting box grasped by handles on the front:</u>		
13mm clearance around box, assuming adequate clearance around handles		
<u>Inserting box with hands on the sides:</u>		
Light clothing:	Width:	Box plus 115mm
	+ Height:	125mm or 13mm around box*
Arctic clothing:	Width:	Box plus 180mm
	+ Height:	215mm or 15mm around box*
*Whichever is larger.		
+ If hands curl around bottom, allow an extra 38mm for light clothing,		75mm
for arctic clothing.		
MINIMAL ONE-HAND ACCESS OPENING WITHOUT VISUAL ACCESS		
	<u>Height</u>	<u>Width</u>
<u>Empty hand, to wrist:</u>		
Bare hand, rolled:	95mm	sq or dia
Bare hand, flat:	55mm	x 100mm or 100mm dia
Glove or mitten:	100mm	x 150mm or 150mm dia
Arctic mitten:	125mm	x 165mm or 165mm dia
<u>Clenched hand, to wrist:</u>		
Bare hand:	95mm	x 125mm or 125mm dia
Glove or mitten:	115mm	x 150mm or 150mm dia
Arctic mitten	180mm	x 215mm or 215mm dia
<u>Hand plus 1" dia object, to wrist:</u>		
Bare hand:	95mm	sq or dia
Gloved hand:	150mm	sq or dia
Arctic hand:	180mm	sq or dia
<u>Hand plus object over 1" in dia, to wrist:</u>		
Bare hand:	45mm	clearance around object
Glove or mitten:	65mm	clearance around object
Arctic mitten:	90mm	clearance around object
<u>Arm to elbow:</u>		
Light clothing:	100mm x 115mm	
Arctic clothing:	180mm sq or dia	
With object:	Clearances as above	
<u>Arm to shoulder:</u>		
Light clothing:	125mm sq or dia	
Arctic clothing:	215mm sq or dia	
With object:	Clearances as above	
MINIMAL FINGER ACCESS TO FIRST JOINT		
<u>Push button access:</u>	Bare hand:	32mm dia
	Gloved hand:	38mm dia
<u>Two finger twist access:</u>	Bare hand:	object plus 50mm
	Gloved hand:	object plus 65mm

## Arm and hand access dimensions





DIMENSIONS CLOTHING	A. DEPTH		B. WIDTH	
	LIGHT	BULKY	LIGHT	BULKY
TOP AND BOTTOM ACCESS	330 mm (13 in.)	410 mm (16 in.)	580 mm (23 in.)	690 mm (27 in.)
SIDE ACCESS	660 mm (26 in.)	740 mm (29 in.)	760 mm (30 in.)	860 mm (34 in.)

NOTE: DIMENSIONS SHOWN BASED ON MALE DATA.

### Whole body access opening

<u>Height to which lifted</u>	<u>150 mm (6 in)</u>	<u>Distance between body and grip</u>	<u>300 mm (12 in)</u>	<u>460 mm (18 in)</u>	<u>610 mm (24 in)</u>
.9 m (3 ft)	20.2 kg (44 lb)	13.3 kg (29.3 lb)	10.1 kg (22 lb)	6.6 kg (14.7 lb)	
1.5 m (5 ft)	16.8 kg (37 lb)	11.2 kg (24.7 lb)	8.4 kg (18.5 lb)	5.6 kg (12.3 lb)	

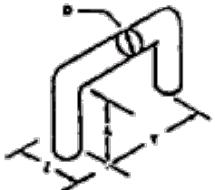
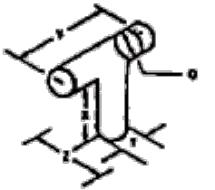
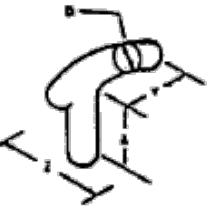
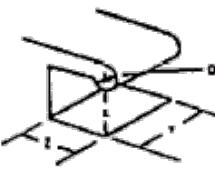
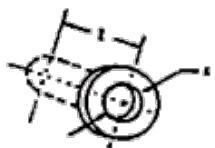
Maximum weight of units to be lifted by one person (male or female)

HANDLING FUNCTION	POPULATION	
	Male and Female	Male Only
A. Lift an object from the floor and place it on a surface not greater than 152 cm (5 ft) above the floor.	16.8 kg (37 lb)	25.4 kg (56 lb)
B. Lift an object from the floor and place it on a surface not greater than 91 cm (3 ft) above the floor.	20.0 kg (44 lb)	39.5 kg (87 lb)
C. Carry an object 10 m (33 ft) or less.	19.0 kg (42 lb)	37.2 kg (82 lb)

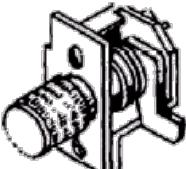
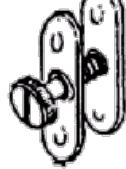
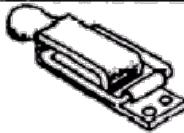
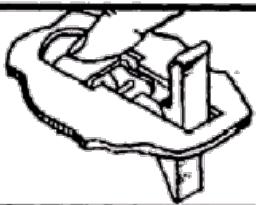
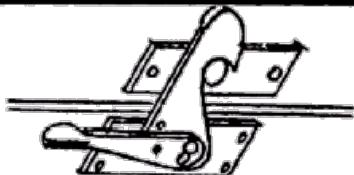
### Maximum design weight limits

Dimensions	Operability		Portability	
	Hand-Held	Optimum	One Person	Two Persons
Weight (kg)	1.4	2.3	11.3	40.8
Height (mm)	50	100	460	485
Length (mm)	200	255	460	
Width (mm)	100	125	255	

Weight and dimension limits of portable test equipment

ILLUSTRATION	TYPE OF HANDLE	DIMENSIONS IN mm (in inches)											
		'Bare Hand)			(Gloved Hand)			(Mitten Hand)					
X	Y	Z	X	Y	Z	X	Y	Z					
	Two-finger bar	32 (1.25)	65 (2.5)	75 (3)	38 (1.5)	75 (3)	75 (3)	Not Applicable					
	One-hand bar	48 (1.875)	111 (4.375)	75 (3)	50 (2)	125 (5)	100 (4)	75 (3)	135 (5.25)	150 (6)			
	Two-hand bar	48 (1.875)	215 (8.5)	75 (3)	50 (2)	270 (10.5)	100 (4)	75 (3)	280 (11)	150 (6)			
	T-bar	38 (1.5)	100 (4)	75 (3)	50 (2)	115 (4.5)	100 (4)	Not Applicable					
	J-bar	50 (2)	100 (4)	75 (3)	50 (2)	115 (4.5)	100 (4)	75 (3)	125 (5)	150 (6)			
	Two-finger recess	32 (1.25)	65 (2.5)	50 (2)	38 (1.5)	75 (3)	50 (2)	Not Applicable					
	One-hand recess	50 (2)	110 (4.25)	90 (3.5)	90 (3.5)	135 (5.25)	100 (4)	90 (3.5)	135 (5.25)	125 (5)			
	Finger-tip recess	19 (0.75)	-	13 (0.5)	25 (1)	-	19 (0.75)	Not Applicable					
	One-finger recess	32 (1.25)	-	50 (2)	38 (1.5)	-	50 (2)	Not Applicable					
<b>Curvature of Handle or Edge</b>		<b>Weight of Item</b>		<b>Minimum Diameter</b>			<b>Gripping efficiency is best if finger can curl around handle or edge to any angle of <math>\frac{2}{3} \pi</math> rad (120°) or more.</b>						
<b>(DOES NOT PRECLUDE USE OF OVAL HANDLES)</b>		Up to 6.8 kg (up to 15 lbs)		D - 6 mm (0.25 in)			Gripping efficiency is best if finger can curl around handle or edge to any angle of $\frac{2}{3} \pi$ rad (120°) or more.						
		6.8 to 9.0 kg (15 to 20 lbs)		D - 13 mm (0.5 in)									
		9.0 to 18 kg (20 to 40 lbs)		D - 19 mm (0.75 in)									
		Over 18 kg (over 40 lbs)		D - 25 mm (1 in)									
		T-bar Post		T-13mm (0.5 in)									

Minimum handle dimensions

TYPE	DESCRIPTION
	Adjustable pawl fastener. As knob is tightened, the pawl moves along its shaft to pull back against the frame. 90° rotation locks, unlocks fastener.
	"Dzus" type fastener with screwdriver slot. Three-piece 1/4-turn fastener. Spring protects against vibration. 90° rotation locks, unlocks fastener.
	Wing head. "Dzus" type. 90° rotation locks, unlocks fastener.
	Captive fastener with knurled, slotted head. Retaining washer holds the threaded screw captive.
	Draw-hook latch. Two-piece, spring latch, base unit and striker. When engagement loop is hooked over striker, depressing lever closes unit against force of springs. Lever is raised to unhook.
	Trigger-action latch. One-piece, bolt latch. Depressing trigger releases bolt, which swings 90° under spring action and opens latch. To close, move bolt back into position.
	Snapslide latch. One-piece snapslide. Latch is opened by pulling lever back with finger to engage release lever.
	Hook latch. Hook engages knob on striker plate. Handle is pulled up locking in place. To release, reverse procedure.

## Fastener examples

Instructions	Number of Conductor	Basic Color	Tracer
1. Find the number of the conductor to be color coded.	1	Black	None
	2	White	None
	3	Red	None
	4	Green	None
2. The colors at the right of the number are the appropriate combination for that conductor. For example, if a cable consists of 12 conductors, the twelfth color combination would be black with white tracer. The eighth color combination would be red with black tracer. The fifth color combination would be orange without tracer, and so on.	5	Orange	None
	6	Blue	None
	7	White	Black
	8	Red	Black
	9	Green	Black
	10	Orange	Black
	11	Blue	Black
	12	Black	White
	13	Red	White
	14	Green	White
	15	Blue	White
	16	Black	Red
	17	White	Red
	18	Orange	Red
	19	Blue	Red
	20	Red	Green
	21	Orange	Green

NOTE: If a cable has concentrically laid conductors, the first combination or color applies to the center conductor. If a cable contains various sizes of conductors, the first color applies to the largest, continuing in order of conductor size.

## Electrical cable coding

Function	Color	Definition of Function
Intensified pressure	Black	Pressure in excess of supply pressure induced by a booster or intensifier.
Supply pressure	Red	Pressure of the power-actuating fluid.
Charging pressure	Intermittent Red	Pump-inlet pressure, higher than atmospheric pressure.
Reduced pressure	Intermittent	Auxiliary pressure lower than supply pressure.
Metered flow	Yellow	Fluid at a controlled flow rate (other than pump delivery).
Exhaust	Blue	Return of the power-actuating fluid to reservoir.
Intake	Green	Subatmospheric pressure, usually on the intake side of the pump.
Drain	Green	Return of leakage of control-actuating fluid to reservoir.
Inactive	Blank	Fluid within the circuit but not serving a functional purpose during the phase being represented.

## Hydraulic and pneumatic coding

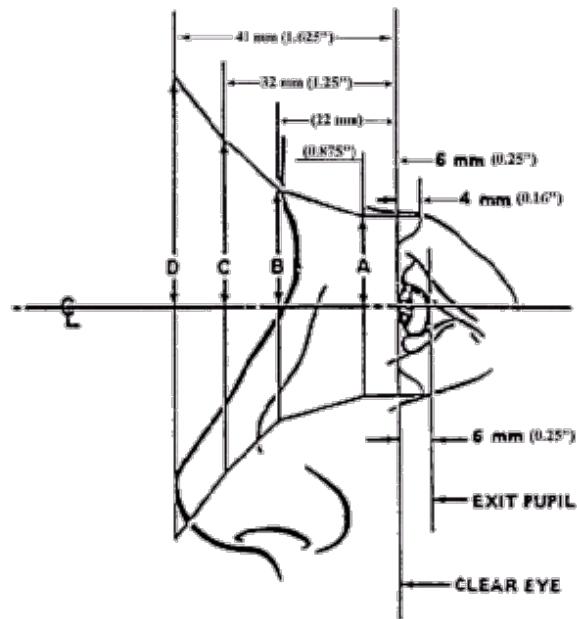
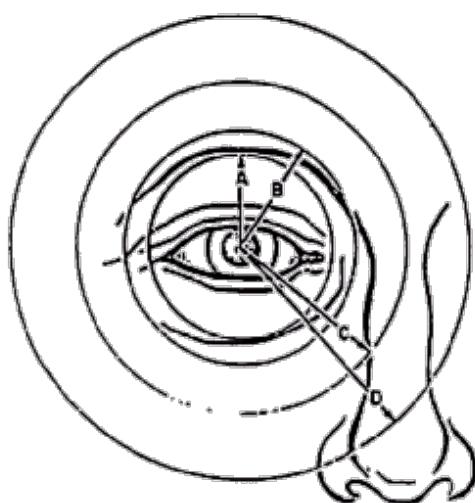
<b>Significant figures</b>	<b>Color</b>	<b>Multiplier</b>	<b>Color</b>	<b>Tolerance</b>
0	Black	1	Black or no color	$\pm 20\%$
1	Brown	10		
2	Red	100	Silver	$\pm 10\%$
3	Orange	1,000	Gold	$\pm 5\%$
4	Yellow	10,000		
5	Green	100,000		
6	Blue	1,000,000		
7	Violet	--		
8	Gray	--		
9	White	--		
--	Gold	0.1		
--	Silver	0.01		

Values for color-coded fixed resistors and small capacitors

<b>Contents</b>	<b>Valve handwheels and operating levers</b>	<b>Fed. Std 595 color number and chip</b>
Steam	White	17886
Potable water	Dark blue	15044
Nitrogen	Light gray	16376
High pressure air	Dark gray	16081
Low pressure air	Tan	10324
Oxygen	Light green	14449
Salt water	Dark green	14062
Fuel oil	Yellow	13538
Lube oil	Yellow	13538
Fire protection	Red	11105
Foam discharge	Striped red/green	11105 14062
Gasoline	Yellow	13538
Feedwater	Light blue	15200
Hydraulic	Orange	12246
Freon	Dark purple	17100
Hydrogen	Chartreuse	23814
Sewage	Gold	17043

Color coding of fluid conductors

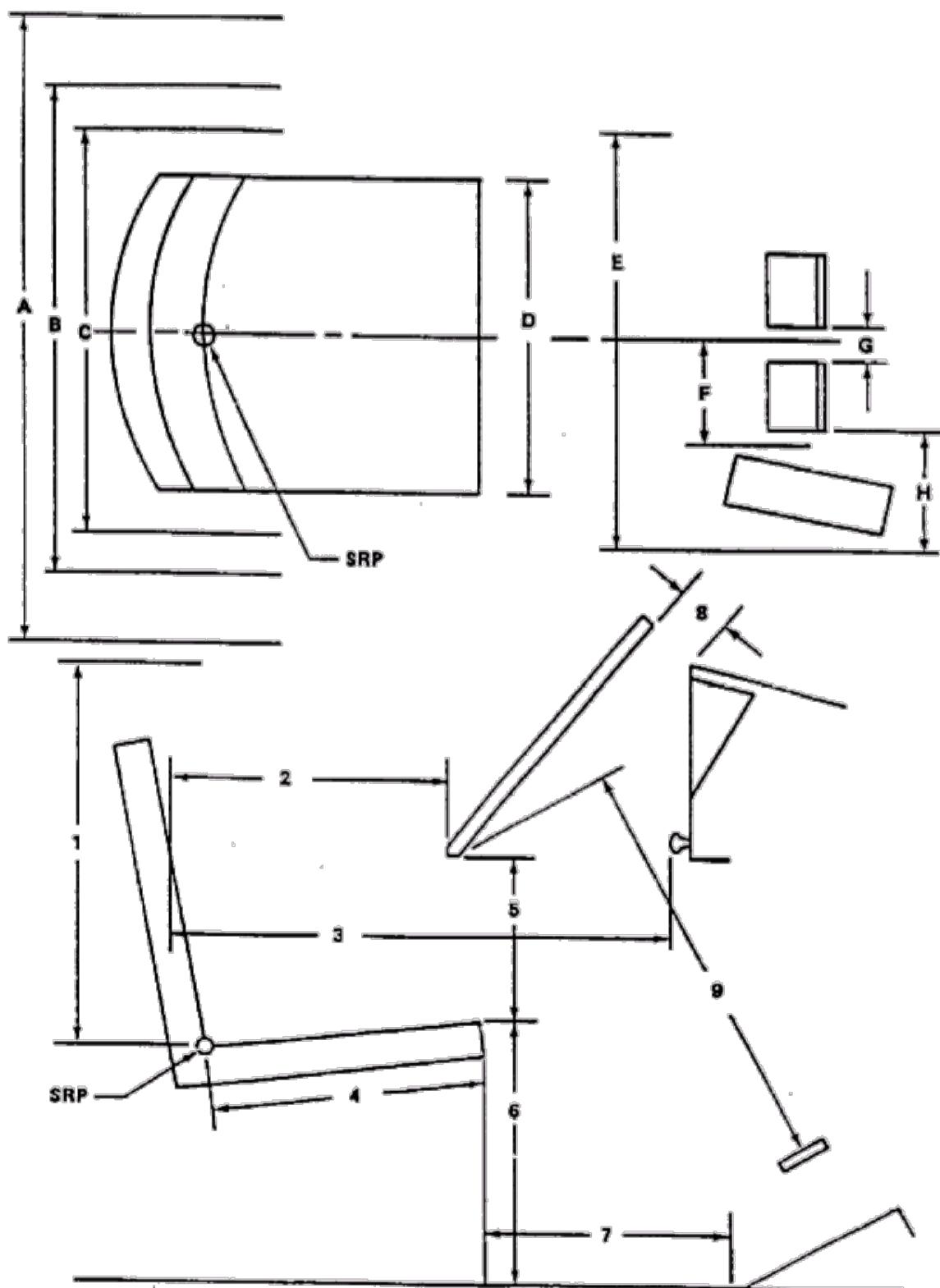
A - SUPERCILIARY ARCH REQUIREMENT	-----	17 mm (0.67")
B - NASAL BONE REQUIREMENT	-----	22 mm (0.875")
C - GREATER ALAR CARTILAGE REQUIREMENT	-----	32 mm (1.25")
D - SEPTAL CARTILAGE REQUIREMENT	-----	44 mm (1.75")



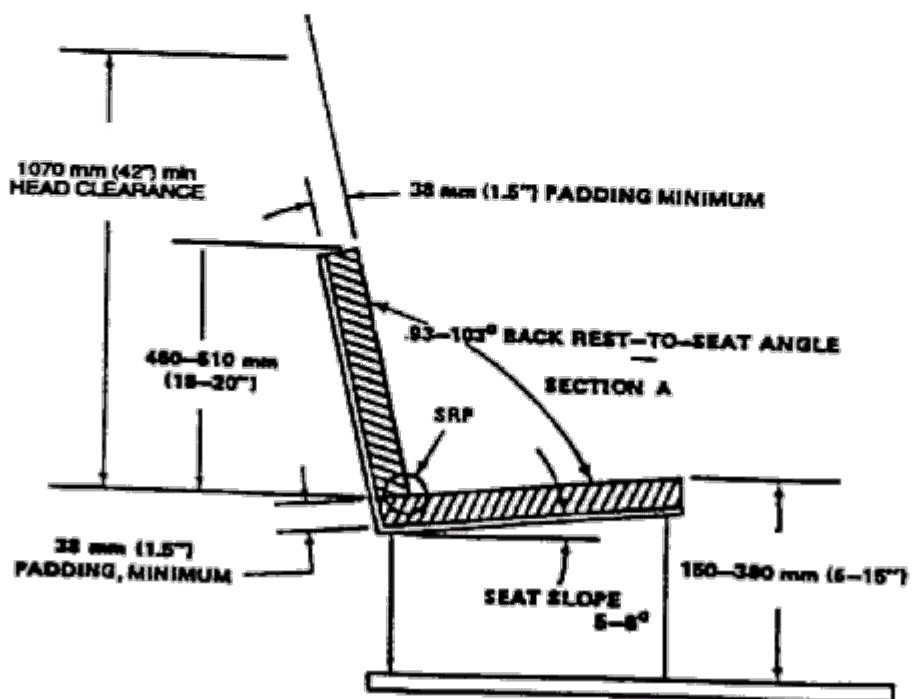
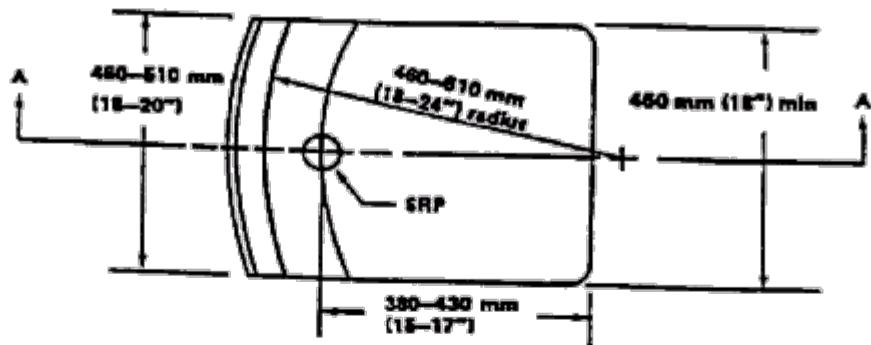
Anatomical limits on axially symmetrical ocular metal parts

A. Elbow (dynamic)	91 cm (36 in)
B. Elbow (static)	71 cm (28 in)
C. Shoulder	58 cm (23 in)
D. Knee width (minimum)	46 cm (18 in)
E. Knee width (optimum)	61 cm (24 in)
F. Boot (provide adequate clearance to operate brake pedal without inadvertent acceleration operation)	15 cm (6 in)
G. Pedals (minimum)	5 cm (2 in)
H. Boot (provide adequate clearance to operate accelerator without interference by brake pedal)	15 cm (6 in)
1. Head (seat reference point (SRP) to roof line)	107 cm (42 in)
2. Abdominal (seat back to steering wheel)	41 cm (16 in)
3. Front of knee (seat back to manual controls on dash)	74 cm (29 in)
4. Seat depth (seat reference point to front edge of seat pan)	41 cm (16 in)
5. Thigh (under side of steering wheel to seat pan)	24 cm (9.5 in)
6. Seat pan height	38 cm (15 in)
7. Boot (front of seat pan to heel point of accelerator)	36 cm (14 in)
8. Minimum mitten clearance around steering wheel	8 cm (3 in)
9. Knee-leg-thigh (brake/clutch pedals to lower edge of steering wheel)	66 cm (26 in)

Recommended clearances around equipment operator's station



Recommended clearances around equipment operator's station key

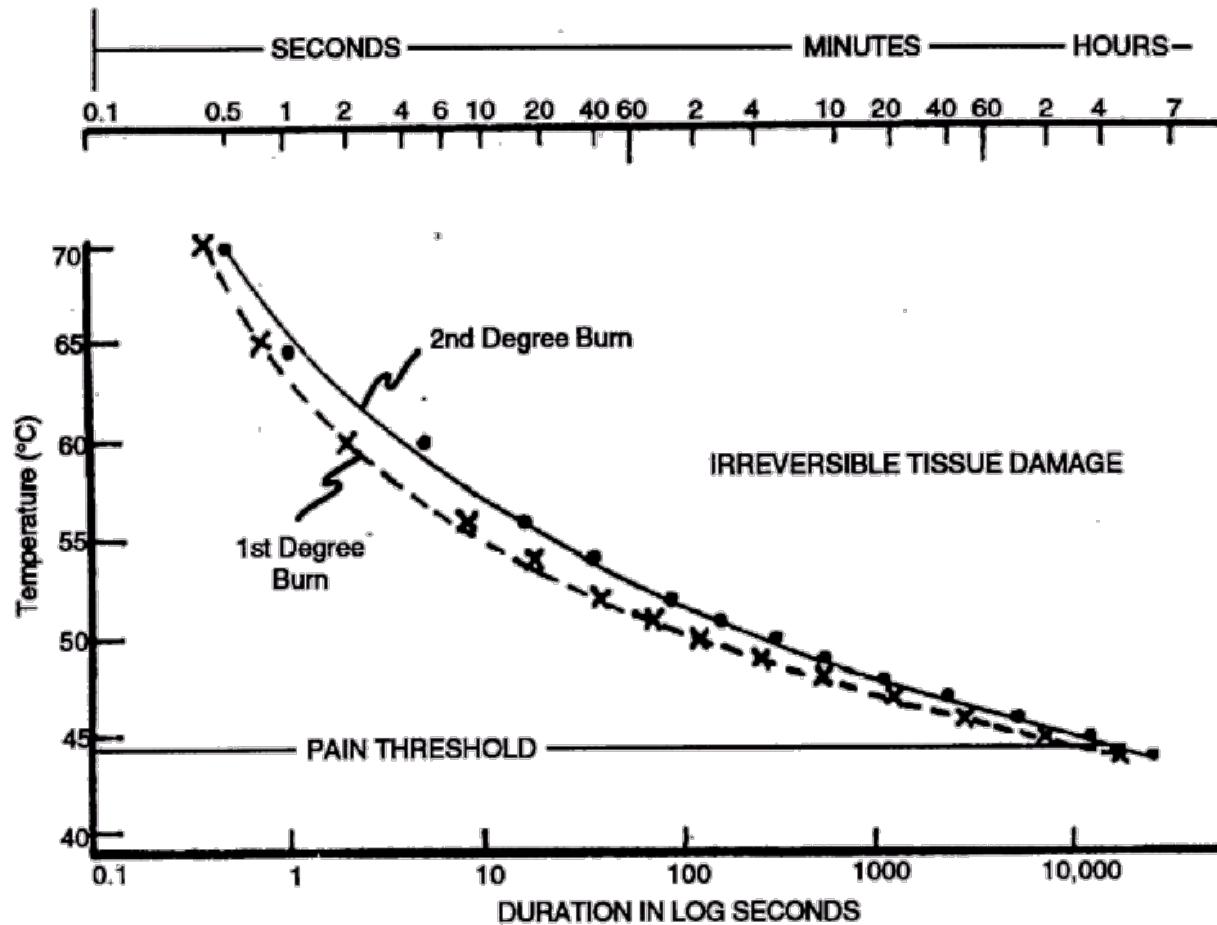


Dimensions for vehicle operator's seat



EXPOSURE	TEMPERATURE LIMITS		
	Metal	Glass	Plastic or wood
Momentary contact	60°C (140°F)	68°C (154°F)	85°C (185°F)
Prolonged contact or handling	49°C (120°F)	59°C (138°F)	69°C (156°F)

### Temperature exposure limits



Burn criteria for human skin

$$E_{\text{eff}} = \sum E_\lambda S_\lambda \Delta_\lambda, \text{ where:}$$

$E_{\text{eff}}$  = Effective irradiance in the 200 nm to 315 nm

$E_\lambda$  = Measured spectral irradiance in mW/cm<sup>2</sup> nm

$S_\lambda$  = Relative spectral effectiveness (dimensionless) (see below)

$\Delta_\lambda$  = Bandwidth in nanometers (nm)

Wavelength (nm)	Relative spectral effectiveness (S <sub>λ</sub> )	Daily exposure limit (mJ/cm <sup>2</sup> )	Effective irradiance E <sub>eff</sub> (mW/cm <sup>2</sup> )	Maximum exposure per day*
200	0.03	100	0.0001	8 hr
210	0.0075	40	0.0002	4 hr
220	0.12	25	0.0004	2 hr
230	0.19	16	0.0008	1 hr
240	0.3	10	0.0017	30 min
250	0.43	7	0.0033	15 min
254	0.5	6	0.005	10 min
260	0.65	4.6	0.01	5 min
270	1.0	3.0	0.05	1 min
280	0.88	3.4	0.10	30 sec
290	0.64	4.7	0.30	10 sec
300	0.30	10.0	3.00	1 sec
305	0.06	50.0	6.00	0.5 sec
310	0.015	200	30.00	0.1 sec
315	0.003	1000		

\* These values assume that no other occupational exposure occurs

## Exposure limit for ultraviolet radiant energy (200 – 315 mm)

Maximum hours per day	Sound level dBA (slow response) equivalent A-weighted sound level
8.0	90
6.0	92
4.0	95
3.0	97
2.0	100
1.5	102
1.0	105
0.5	110
0.25	115
Maximum impulse noise	140 (peak sound pressure level)

If daily exposure involves two or more periods at differing levels, the combined effect is used.  $C_j/T_j$  is the total time of exposure at a specified level over the time of permissible exposure for that typical level, j. When the sum,  $\sum(C_j/T_j)$  of the fractions,  $C_1/T_1 + C_2/T_2 + \dots + C_j/T_j + \dots + C_n/T_n$  is greater than one, the combined exposure exceeds the permissible noise limit value.

## Permissible noise exposure

CURRENT (milliamperes)		EFFECTS
AC (60 Hz)	DC	
0 - 1	0 - 4	Perception
1 - 4	4 - 15	Surprise
4 - 21	15 - 80	Reflex Action
21 - 40	80 - 160	Muscular Inhibition
41 - 100	160 - 300	Respiratory Block
Over 100	Over 300	Usually Fatal

Shock current intensities and their probable effects

<u>System Interpretation</u>	<u>Response Time Definition</u>	<u>Time (Secs)</u>
Key Response	Key depression until positive response, e.g., "click"	0.1
Key Print	Key depression until appearance of character	0.2
Page Turn	End of request until first few lines are visible	1.0
Page Scan	End of request until text begins to scroll	0.5
XY Entry	From selection of field until visual verification	0.2
Function	From selection of command until response	2.0
Pointing	From input of point to display point	0.2
Sketching	From input of point to display of line	0.2
Local Update	Change to image using local data base, e.g., new menu list from display buffer	0.5
Host Update	Change where data is at host in readily accessible form, e.g., a scale change of existing image	2.0
File Update	Image update requires an access to a host file	10.0
Inquiry (Simple)	From command until display of a commonly used message	2.0
Inquiry (Complex)	Response message requires seldom used calculations in graphic form	10.0
Error Feedback	From entry of input until error message appears	2.0

Maximum acceptable system response times